

1 **Tissue-specific landscape of protein aggregation and quality control in an aging**  
2 **vertebrate**

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24 **HIGHLIGHTS**

- 25       • Tissue-specific protein aggregation is prevalent during vertebrate aging
- 26       • Both protein biophysical properties and tissue-specific protein homeostasis
- 27        patterns impact aggregation
- 28       • A segmental progeria model with accelerated aging exhibits selectively increased
- 29        protein aggregation in affected tissues
- 30       • Many aggregates that accumulate during physiological aging are linked to
- 31        disease

32

33 **SUMMARY**

34 Protein aggregation is a hallmark of age-related neurodegeneration. Yet, aggregation  
35 during normal aging and in tissues other than the brain is poorly understood. Here we  
36 leverage the African turquoise killifish to systematically profile protein aggregates in seven  
37 tissues of an aging vertebrate. Age-dependent aggregation is strikingly tissue-specific,  
38 and not simply driven by protein expression differences. Experimental interrogation,  
39 combined with machine learning, indicates that this specificity is linked to both protein-  
40 autonomous biophysical features and tissue-selective alterations in protein quality control.  
41 Co-aggregation of protein quality control machinery during aging may further reduce  
42 proteostasis capacity, exacerbating aggregate burden. A segmental progeria model with  
43 accelerated aging in specific tissues exhibits selectively increased aggregation in these  
44 same tissues. Intriguingly, many age-related protein aggregates arise in wild-type  
45 proteins that, when mutated, drive human diseases. Our data chart a comprehensive  
46 landscape of protein aggregation during aging and reveal strong, tissue-specific  
47 associations with dysfunction and disease.

## 48 INTRODUCTION

49 Aging is accompanied by a decline in the control of protein synthesis, folding,  
50 conformational maintenance, and degradation, collectively known as protein homeostasis  
51 or 'proteostasis' (Hipp et al., 2019; Kaushik and Cuervo, 2015; Klaips et al., 2018; Lopez-  
52 Otin et al., 2013; Taylor and Dillin, 2011; Walther et al., 2015; Yang et al., 2019).  
53 Compromised proteostasis can lead to protein aggregation (Balch et al., 2008; Ben-Zvi  
54 et al., 2009; Bence et al., 2001; Huang et al., 2019). Indeed, protein aggregates are known  
55 to accumulate during normal aging in non-vertebrate species (yeast, worms, and flies),  
56 and this accumulation may at least in part be a result of proteostasis decline (Ciryam et  
57 al., 2013; David et al., 2010; Demontis and Perrimon, 2010; Huang et al., 2019; Walther  
58 et al., 2015). Protein aggregates have also been detected with age in the brain of killifish  
59 and mice (Kelmer Sacramento et al., 2020). However, a systematic, tissue-level  
60 understanding of protein aggregation in the context of natural aging is entirely absent in  
61 vertebrates. As a result, we still lack fundamental understanding of how protein  
62 aggregates form *in vivo*, whether they arise in tissues other than the brain, and whether  
63 protein aggregation is driven by protein autonomous kinetic and thermodynamic  
64 constraints, a decline in proteostasis, or some combination.

65 Most knowledge of age-related protein aggregation comes from studies of  
66 diseases of the nervous system. Proteostasis decline and the concomitant increase in  
67 protein aggregate load may explain why age is the primary risk factor for  
68 neurodegeneration (Braak et al., 2013; Kaufman et al., 2016; Lu et al., 2013; Prusiner,  
69 2013). Although muscle weakness and cardiomyopathies have also been linked to protein

70 misfolding in a few cases (Jiang et al., 2001; Vogler et al., 2018), the relationship between  
71 protein aggregation, aging, and disease remain poorly understood in most tissues.

72 To study vertebrate aging in a high throughput manner, we and others have  
73 developed the African killifish *Nothobranchius furzeri*, hereafter 'killifish,' as a new model  
74 system (Cellerino et al., 2016; Genade et al., 2005; Harel et al., 2015; Hu and Brunet,  
75 2018; Kim et al., 2016). The killifish is the shortest-lived vertebrate that can be bred in  
76 captivity, with a median lifespan of 4-6 months. It exhibits key age-dependent phenotypes  
77 and pathologies that are also observed in other vertebrates (including humans): muscle  
78 deterioration, fertility decline, cognitive decline, and neurodegeneration (Di Cicco et al.,  
79 2011; Harel et al., 2015; Matsui et al., 2019; Valenzano et al., 2006a; Valenzano et al.,  
80 2006b). Experimental interventions that extend mammalian lifespan, such as dietary  
81 restriction and pharmacological interventions, have a similar impact in the killifish  
82 (Terzibasi et al., 2009; Valenzano et al., 2006b). Importantly, genetic mutant killifish that  
83 model a human disease with segmental aging (telomerase deficiency) have been  
84 generated, and they exhibit premature deterioration in specific tissues (e.g., testis, gut)  
85 (Harel et al., 2015), similar to human patients. Thus, the killifish provides a unique platform  
86 to study aging and age-related diseases in vertebrates.

87 Here we harness the power of this emerging model of vertebrate aging in a  
88 systems-level investigation of protein aggregation during aging across seven different  
89 tissues. We find that age-dependent changes in protein aggregation are highly tissue-  
90 specific, driven not only by protein-autonomous biophysical properties but also by tissue-  
91 specific imbalances in proteostasis. Such proteostasis imbalance may be partially driven  
92 by co-aggregation of protein quality control machinery itself in a feed-forward loop during

93 aging. Protein aggregation in telomerase mutant killifish is increased in the affected  
94 tissues that experience premature aging and involves components of the telomerase  
95 machinery. Intriguingly, many proteins that aggregate with age are linked to Mendelian  
96 diseases with degenerative phenotypes that have not previously been connected to  
97 protein misfolding. Collectively, our data chart a landscape of the demise of protein  
98 homeostasis in an aging vertebrate. They further define tissue-specific patterns of protein  
99 aggregation and deterioration of protein quality control networks that likely influence many  
100 age-related diseases beyond neurodegeneration.

101

## 102 **RESULTS**

### 103 **The landscape of protein aggregation in seven tissues during vertebrate aging**

104 The impact of physiological aging on protein aggregation remains poorly understood,  
105 especially in tissues other than the brain. Therefore, we systematically investigated  
106 protein aggregation in seven different tissues (brain, gut, heart, liver, muscle, skin, and  
107 testis) during normal aging in wild-type killifish and a telomerase-deficient disease model  
108 (Harel et al., 2015) (Figures 1A and 1B). To this end, we isolated protein aggregates in  
109 native conditions, adapting a differential centrifugation protocol (Chen et al., 2021;  
110 Kryndushkin et al., 2013; Kryndushkin et al., 2017) that physically separates high  
111 molecular weight protein aggregates (~164 – 8804 Svedberg units,  $1.03 \times 10^6$  –  $4.03 \times 10^8$   
112 kDa or 132-968 nm in diameter; STAR Methods) from the soluble proteome, large  
113 complexes, ribonucleoprotein particles, subcellular organelles, and large biomolecular  
114 condensates (e.g., stress granules, P-bodies; Figure S1A-D). To capture early  
115 aggregation events, including SDS-sensitive oligomers that have been linked to

116 cytotoxicity (Chiti and Dobson, 2006; Hartl et al., 2011; Kaye et al., 2003), we avoided  
117 the use of ionic detergents (Figure S1A; STAR Methods). We validated this isolation  
118 procedure in *Saccharomyces cerevisiae*, where it effectively separated and identified  
119 aggregates of the proteins Sup35 and Rnq1 in cells harboring the prion forms of these  
120 proteins (Figure S1C; STAR Methods). It did not detect any aggregation of these proteins  
121 in genetically identical cells in which they were soluble (Figure S1C; Table S1).

122         Using this isolation procedure in the killifish, we extracted both the tissue lysate  
123 (TL) and the aggregate fractions (AGG) from brain, gut, heart, liver, muscle, skin, and  
124 testis in three young (3.5 months) and three old (7 months) wild-type killifish, as well as  
125 from three old (7 months) telomerase-deficient (*TERT*<sup>Δ8/Δ8</sup>) killifish (Figures 1A and 1B).  
126 Because telomerase-deficient killifish exhibit drastic age-dependent hypoplastic testis  
127 (Harel et al., 2015), we were unable to isolate protein from this tissue in *TERT*<sup>Δ8/Δ8</sup> animals.  
128 In total, we examined 120 samples (60 for tissue lysate and 60 for aggregate fraction)  
129 (Figures 1A and 1B), identifying increased protein aggregates with age in multiple killifish  
130 tissues, including the brain (Figure 1C). We next digested the proteins into peptides and  
131 labeled the 120 samples with isobaric Tandem Mass Tags (TMT10plex) to enable  
132 simultaneous quantification, treating each tissue and sample type (TL or AGG) as one  
133 set to minimize sample complexity. We performed high pH reversed-phase  
134 chromatography to reduce sample complexity further, and the resulting fractions were  
135 analyzed in 50 independent mass spectrometry runs (Figure 1B). Pooling samples in  
136 each labeling set as an additional TMT channel enabled robust identification and  
137 quantification of proteins across conditions (young, old, old *TERT*<sup>Δ8/Δ8</sup> individuals).  
138 Collectively, this suite of proteomics experiments detected 7,260 proteins across all 120

139 samples (6,169 in tissue lysates; 5,819 in aggregates) and on average ~2,500 proteins  
140 for each sample using a stringent false discovery rate (FDR) of 1% (Figures 1B and Figure  
141 S1E; Table S2). We treated individual fish as separate samples to allow paired analysis  
142 across multiple tissues. The use of isobaric TMT tags and the pooled channel, together  
143 with a robust, optimized aggregate isolation protocol, enabled highly reproducible protein  
144 quantification between different animals for a given tissue (Pearson's correlation  
145 coefficient  $r = 0.94 \pm 0.046$  for the tissue lysate (TL) fraction,  $r = 0.92 \pm 0.028$  for the  
146 aggregated (AGG) fraction; Figure 1D and Figure S1F; Table S2). Principal component  
147 analysis (PCA) readily separated samples according to age, disease, and tissue in both  
148 tissue lysate and aggregate fractions (Figure 1E). Thus, this systems-level proteomic  
149 experiment robustly identified and quantified both age- and tissue-dependent protein  
150 aggregation.

151 A fraction of proteins that aggregate in killifish overlapped with those identified in  
152 *C. elegans* (David et al., 2010; Walther et al., 2015), several of which also showed an  
153 age-associated increase (e.g., RHOA) (Figure S1G; Table S3-S4). Comprehensive  
154 studies of protein aggregation across aging tissues have not been performed to date in  
155 vertebrates, but one study did examine protein aggregation in aged mice brains and, at a  
156 lower coverage than in this study, aged killifish brains (Kelmer Sacramento et al., 2020).  
157 Our results overlapped well with both datasets (Figure S1G; Table S3). Thus, our  
158 approach identified previously known protein aggregates that arise during aging and,  
159 because of its extreme depth of coverage and examination of multiple tissues, also  
160 uncovered many new protein aggregates associated with natural vertebrate aging.  
161 Together, these quantitative profiles of protein aggregation and abundance in seven



162 different tissues in aging wild-type and telomerase-deficient killifish provide a  
163 comprehensive landscape of protein aggregation during aging.

164

### 165 **Widespread tissue-specific aggregation in normal vertebrate aging**

166 Proteins that exhibited increased aggregation with age were highly specific to each tissue  
167 (brain, gut, heart, liver, muscle, skin, testis), with only a few shared across tissues (Figure  
168 2A, middle panel, and Figure 2B; Table S5). Similarly, proteins with increased  
169 aggregation propensity (amount of protein detected in the aggregate fraction normalized  
170 by total abundance in tissue lysate) were also tissue-specific (Figure 2A, right panel, and  
171 Figure 2B; Table S5). Consistent with previous mass spectrometry studies of the soluble  
172 proteome in aged mice and rats (Ori et al., 2015; Walther and Mann, 2011; Yu et al.,  
173 2020), most proteins were expressed similarly in young and old killifish across all tissues  
174 in our study (Table S2A). Thus, although some of the tissue-specific aggregation is  
175 expected based upon originates from tissue-specific expression profiles (Figures 2A, left  
176 panel, Figures S2A to S2B), the proteins that aggregate with age were far more specific  
177 to each tissue than changes in protein expression (Figure 2B-2C and S2C-S2D). Indeed,  
178 protein aggregation was not solely driven by changes in total protein amounts (Figure  
179 S2E): many proteins were expressed equivalently in multiple different tissues, yet only  
180 aggregated in one of them (Figure 2C). For example, during the course of aging, the long-  
181 chain fatty acid transporter SLC27A1 aggregated more in the brain than in the heart, the  
182 vacuolar sorting protein VPS35 aggregated more in the liver than in the heart, and the  
183 mitochondrial enzyme PPIF aggregated more in the skin than in the testis. Yet the  
184 proteins were similarly expressed in these tissues, and their levels did not change with

185 age (Figure 2C). Similarly, Lamin A (LMNA) aggregation, and especially its aggregation  
186 propensity, increased more in the heart than the liver with age (Figure 2C, Figure S2F).

187         The tissue-specific patterns of protein aggregation impact many different biological  
188 functions (Figure 2D; Table S6). For example, the gene set enrichment analysis (GSEA)  
189 term linked to glutathione metabolism was enriched among proteins that aggregate more  
190 in the aging heart but not in other tissues (Figure 2D, middle panel; Table S6). Similarly,  
191 the GSEA term linked to thermogenesis was enriched among proteins that aggregate  
192 more in the aging liver but not significantly in other tissues (Figure 2D, middle panel; Table  
193 S6). The tissue selectivity of these enrichments was most apparent when considering  
194 aggregation propensity (Figure 2D, right panel; Table S6), further highlighting that tissue  
195 specificity of protein aggregation is largely independent of protein abundance. Moreover,  
196 these observations emphasize that although protein aggregation occurs during aging  
197 across many tissues, the alterations of specific biological functions likely differ  
198 substantially between them.

199         We next investigated the complex association and subcellular localization of  
200 proteins that significantly increased within the aggregate fraction of each aged tissue  
201 (Figure 2E and Figure S2G; Table S7). Analysis with the UniProt database for  
202 homologous human proteins revealed many tissue-specific patterns of subcellular  
203 localization associated with age-dependent protein aggregation (Figure 2E). Membrane  
204 proteins aggregated more commonly in the old brain than in any other tissue (Figure 2E).  
205 Nuclear pore and nuclear envelope proteins aggregated most prominently in the aging  
206 skin (Figure 2E). Specific ribosomal components aggregated in the old brain, gut, and  
207 liver (Figure 2E). Proteins associated with the proteasome and chaperonins commonly

208 aggregated in the old gut, heart, liver, and testis (Figure 2E). Thus, although protein  
209 aggregation is a common feature in all aging vertebrate tissues, the precise identity of the  
210 aggregating proteins, and the subcellular compartments and biological pathways affected,  
211 differs substantially from one tissue to another.

212

### 213 **Biophysical features of age-associated protein aggregates**

214 Two non-mutually exclusive possibilities could underlie the tissue specificity of  
215 aggregates: i) the biophysical properties of specific proteins expressed in a given tissue  
216 could differ (and, hence, the inherent propensity of these proteins to aggregate, which  
217 may put them more at-risk during aging), ii) the protein quality control network could  
218 deteriorate differently in different tissues during aging. To test the first possibility, we  
219 analyzed 37 protein features (STAR Methods), including many that have previously been  
220 associated with protein aggregation, such as intrinsic protein disorder, charge distribution,  
221 aromatic residue enrichment, and others across the entire killifish proteome (Figure 3A;  
222 Table S8). We verified that no specific enrichment biases in biophysical features were  
223 present in any tissue, even when accounting for relative protein abundance (Figure S3A-  
224 S3B; Table S8). Indeed, in young animals the biophysical features enriched in  
225 aggregation-prone proteins were largely shared among different tissues (Figure 3B; Table  
226 S8).

227 In contrast, no single feature predicted either age-associated changes in  
228 aggregate or aggregation propensity across tissues (Figure S3C). Instead, age-  
229 dependent aggregates were enriched in very different biophysical features depending  
230 upon the tissues in which they arose (Figure 3B). For example, proteins harboring long  
231 intrinsically disordered regions and prion-like sequences were significantly more likely to

232 aggregate with age in old brains (Figure 3B-3C, e.g., NONO, see also other examples in  
233 the accompanying paper). However, enrichment of charged residues strongly correlated  
234 with age-dependent increases in aggregation in the gut (Figure 3C, e.g., RANBP1).  
235 Likewise, higher hydrophathy (Kyte and Doolittle, 1982) was a strong predictor for age-  
236 dependent aggregation and aggregation propensity in the testis (Figure 3C, e.g., SDSL).  
237 Importantly, these biophysical enrichments did not simply reflect biases in the expressed  
238 proteome of any tissue that arose during aging (Figure S3A-B). Instead, our data establish  
239 that distinct biophysical predictors of protein aggregation emerge within a tissue during  
240 aging. That is, even the protein-autonomous signatures of age-dependent aggregation  
241 are highly tissue-specific.

#### 242 243 **Contributors to protein aggregation *in vivo***

244 The protein-autonomous signatures that we observed led us to suspect that many  
245 proteins we identified have an intrinsic ability to aggregate when expressed. To test this  
246 prediction, we turned to *Saccharomyces cerevisiae*, a widely used model for protein  
247 quality control and aggregation (Figure 4A). We selected 47 proteins that aggregated with  
248 age in different killifish tissues, tagged them with eGFP, expressed them in yeast, and  
249 measured the number of cells with fluorescent puncta (an indication of protein  
250 aggregation; Figures 4A and S4A). In these experiments 27 of the 47 killifish proteins  
251 (57%) aggregated (Figures 4B and 4C; Table S9), including NCOA5 (brain), MRPS18B  
252 (gut), ADCK3 (heart), ECHS1 (liver), DHTKD1 (muscle), CALM3 (skin) and PDHB (testis).  
253 By contrast, eGFP did not aggregate under these conditions. Because of slight  
254 differences in laboratory husbandry temperatures for killifish (26 °C) and *S. cerevisiae* (30  
255 °C), we also repeated some of these experiments in yeast at 26 °C and observed no

256 difference in aggregation behavior (Figure S4B). Likewise, aggregation did not correlate  
257 with fluorescence intensity (Figure S4C), as would be expected if these differences were  
258 an artifact of differences in protein levels. Thus, many, but not all, proteins that aggregate  
259 with age in killifish appear also to have an intrinsic capacity to do so even when expressed  
260 in the context of a youthful yeast proteome.

261 Next, we endeavored to determine features distinguishing proteins that  
262 aggregated in these experiments from those that did not. We built a support vector  
263 machine classifier model for the aggregation status for each protein in yeast, considering  
264 two features at a time to avoid overfitting (STAR Methods). Previous classifier models  
265 that are standards in the field separate “globular folded” and “natively unfolded” proteins  
266 and have been built mainly from *in vitro* data (Uversky et al., 2000). These were unable  
267 to discriminate the proteins that aggregated in our assay from those that did not (Figure  
268 S4D). By contrast, our best classifier was able to discriminate between these classes of  
269 proteins based on two features: a charge patterning parameter (‘delta,’ which measures  
270 the amount of charge and charge asymmetry across a sequence (Figure 4D) (Das and  
271 Pappu, 2013; Holehouse et al., 2017) and age-related changes in aggregation propensity  
272 in killifish (Figure 4E; Table S10).

273 Interestingly, killifish proteins that did not aggregate when expressed in yeast had  
274 two defining characteristics. First, they had unusually skewed patterns of charge  
275 distribution within the polypeptide sequence. Second, they were generally devoid of long  
276 hydrophobic stretches (Figure 4E-F). Our second-best model classified killifish proteins  
277 that aggregate in the yeast system based on the maximum number of asparagine (Q) and  
278 glutamine (N) residues in a sliding window and the ‘delta’ charge patterning parameter

279 (Figure S4E-G). This is intriguing because both features were enriched in aggregation-  
280 prone proteins from young killifish (Figure 3B) and point to their important role as intrinsic  
281 determinants of protein aggregation behavior. Together, our findings suggest that protein-  
282 autonomous properties, especially the local electrostatic and hydrophobic environment,  
283 influence, at least in part, aggregation status in the context of aging.

284

### 285 **Tissue-specific changes in the proteostasis network**

286 Could changes in the proteostasis network (e.g., chaperones, proteasome) contribute to  
287 tissue-specific aggregation with age? This idea has often been invoked, but our dataset  
288 provides a unique opportunity to investigate this question from the standpoint of  
289 chaperones and clients alike (Higuchi-Sanabria et al., 2018; Hipp et al., 2019; Kaushik  
290 and Cuervo, 2015; Morimoto, 2020; Pilla et al., 2017; Pras and Nollen, 2021; Taylor and  
291 Dillin, 2011). Although we observed relatively few age-dependent changes in the total  
292 lysate proteome, many of those we did see occurred in components of the proteostasis  
293 network (Figures 5A and S5A-B; Table S11). For example, in old animals, proteasomal  
294 proteins were downregulated in the liver (Figure 5A and Figure S5B; Table S11), and  
295 several chaperone proteins were downregulated in both liver and muscle (Figure 5A and  
296 Figure S5A; Table S11). Despite the lack of comprehensive proteomic datasets  
297 investigating vertebrate aging, comparisons to studies of individual tissues in other  
298 animals indicated a good degree of overlap. For example, in old killifish levels of the  
299 Hsc70/HSPA8 chaperone decreased in brain, skin, testis, and muscle (Figure S5A), but  
300 increased in the heart (Figure S5A). Similar changes in HSPA8 expression have been  
301 observed in targeted studies in mouse (brain and heart) (Walther and Mann, 2011) and

302 human (muscle) (Murgia et al., 2017) tissues. In addition, the heart-specific small heat  
303 shock protein HSPB7, which is essential for maintaining myofibrillar integrity (Golenhofen  
304 et al., 2004), strikingly decreased with age in old killifish heart (Figure S5A). Finally, the  
305 levels of the myosin chaperone UNC45B (Price et al., 2002) and actin chaperone TRiC  
306 decreased drastically in aging killifish muscle (Figure S5A; Table S11).

307         Several chaperones with significant changes in the aging brain are involved in  
308 chaperone-mediated autophagy (CMA). CMA is a selective degradation process in which  
309 proteins with a KFERQ-like motif are delivered to the lysosomes via HSC70 and co-  
310 chaperones and then internalized in lysosomes by the receptor lysosome-associated  
311 membrane protein type 2A (LAMP2A) (Kaushik and Cuervo, 2018). In old killifish brains,  
312 the CMA co-chaperones (e.g., carboxyl terminus of HSC70-interacting protein (CHIP),  
313 STUB1) were downregulated, whereas the HSP70–HSP90 organizing protein (HOP),  
314 ST13 was upregulated (Figure 5B and Figure S5A). In addition, total HSC70 (HSPA8)  
315 and HSP90 (HSP90AB1) levels were reduced along with LAMP2A (Figure 5B and Figure  
316 S5A), suggesting that the aging brain has reduced capacity for CMA. Consistent with this  
317 hypothesis, we observed a significant accumulation of CMA-substrates in the aggregate  
318 fraction from old brains that was not simply driven by changes in their expression level  
319 ( $p=3.2 \times 10^{-7}$ ; Figure S5C). The increased aggregate burden of CMA substrates is specific  
320 to the aging brain (Figure S5C) and exemplifies how tissue-specific proteostasis collapse  
321 can cause tissue-specific protein aggregation with age.

322         Chaperones can co-aggregate with misfolded client proteins (Auluck et al., 2002;  
323 Cox et al., 2018; Fonte et al., 2002). We investigated whether this might contribute to  
324 age-dependent defects in proteostasis in killifish. We noted many chaperones in the

325 aggregate fraction, and their presence was highly tissue-specific (Figure 5C and Figure  
326 S5D). Intriguingly, in many cases, the chaperone selectivity for its clients was connected  
327 to the biophysical predictors of aggregation for a given tissue. For example, we observed  
328 age-dependent increases in the aggregation of DNAJB6, an Hsp40 chaperone that acts  
329 on Q/N-rich substrates (Hageman et al., 2011), in the old brain (Figure 5C), and Q/N-rich  
330 prion-like sequences were highly enriched in age-induced protein aggregates from this  
331 same tissue (see Figure 3C). Likewise, similarities in the composition of chaperone  
332 proteins in the aggregate fraction between tissues can predict similarities in the  
333 aggregated proteomes of these tissues. For example, TRiC/CCT complex subunits  
334 accumulated in the aggregate fraction of both aged gut and liver (Figure 5C), and the  
335 types and abundances of proteins in the aggregate fraction from the aging gut and liver  
336 correlated more closely together than with any other tissues (Figure S5D). Moreover,  
337 additional protein quality control factors (e.g., peptide disulfide oxidoreductases PDIA4,  
338 PDIA6, and P4HB) were also among the strongest drivers of tissue separation in PCA  
339 analysis of age-dependent aggregates (largest PC2 loadings in Figure S5D; Table S12).

340 Finally, titration of proteasome components may also contribute to differences in  
341 protein aggregation during aging. We found that the 19S regulatory particle of the  
342 proteasome was reduced in old liver tissue lysate (Figure S5B; Table S11) whereas it  
343 increased in aggregates from the same tissue (Figure 5D; Table S11). This may be a  
344 consequence of reduced TRiC/CCT levels, which would be expected to drive  
345 accumulation of unfolded nascent client polypeptides such as actin and tubulin. Indeed,  
346 these proteins also accumulated in the aggregate fraction in aged animals (Figure 5E).  
347 Our data suggest that, in addition to protein biophysical properties, tissue-specific



348 proteostasis breakdown is a key driver of protein aggregation with age. This breakdown  
349 may often involve aggregation of protein quality control factors themselves, sparking a  
350 'vicious cycle' that further reduces proteostatic capacity.

351

### 352 **Protein aggregation in a model for a segmental age-dependent disease**

353 Progeria often manifests segmentally, with features of premature aging emerging in  
354 specific tissues (Ullrich and Gordon, 2015). For example, dyskeratosis congenita – a  
355 disease that arises from telomerase deficiency – is characterized by premature aging-like  
356 phenotypes in highly proliferative tissues (e.g., gut, blood, skin, and testis) (Kirwan and  
357 Dokal, 2009). Like human patients, killifish *TERT*<sup>Δ8/Δ8</sup> mutants also experience a  
358 premature collapse of these tissues (Harel et al., 2015). Telomerase deficiency is known  
359 to be associated with genome instability (O'Sullivan and Karlseder, 2010), but whether it  
360 could also be accompanied by protein aggregation defects is unknown. To address this  
361 question, we analyzed aggregates in old *TERT*<sup>Δ8/Δ8</sup> animals that were age-matched with  
362 the wild-type fish we previously characterized. Proteins that aggregated in old *TERT*<sup>Δ8/Δ8</sup>  
363 animals were also highly tissue-specific both in protein identities and in the biological  
364 pathways in which they participate (Figure 6A-6B and Figure S6A; Table S14). The  
365 biophysical features correlated with protein aggregation in these animals were also  
366 diverse and depended on the tissue (Figure S6B). For example, proteins that aggregated  
367 in the liver of old telomerase mutants were enriched in prion-like domains relative to wild-  
368 type. Another prominent feature is an enrichment of intrinsically disordered regions in  
369 aggregates in the skin of old telomerase mutants (Figure S6B; Table S15). In addition,  
370 the fraction of positive charges and skewed charge pattern (delta) were enriched in  
371 protein aggregates in the skin of old *TERT*<sup>Δ8/Δ8</sup> individuals (Figure S6B; Table S14).

372 We next compared tissue-specific aggregation patterns in the old *TERT* <sup>$\Delta 8/\Delta 8$</sup>  to  
373 those of age-matched wild-type animals. If protein aggregation is central to vertebrate  
374 aging, we should see enhanced aggregation in the proliferative tissues selectively  
375 affected by segmental aging in this model. To quantify proliferation in multiple tissues, we  
376 used a transgenic killifish expressing a Cdt1-RFP-Geminin-GFP FUCCI cell cycle reporter  
377 (Dolfi et al., 2019) (Figure 6C and Figure S6C). With the exception of the heart, which is  
378 known to be more proliferative in fish than in mammals (Jopling et al., 2010; Wang et al.,  
379 2020), the proliferation capacity of the tissues we examined corresponded with intuition  
380 from prior literature (Figure S6C-S6D). Although the largest individual changes in  
381 aggregation occurred in the brain, few proteins were affected in this non-proliferative  
382 tissue (4-7%, Figure 6D; Table S2A; Table S16). By contrast, proliferative tissues such  
383 as skin and gut experienced far more protein aggregation events—with a larger fraction  
384 of proteome conferring significant changes in aggregation and aggregation propensity—  
385 in old *TERT* <sup>$\Delta 8/\Delta 8$</sup>  mutant compared to old wild-type killifish (12-17%, Figure 6D-E; Table  
386 S16). Taken together, our data emphasize that proliferative tissues of *TERT* <sup>$\Delta 8/\Delta 8$</sup>  animals  
387 experience a greater extent of aggregate remodeling, with a larger fraction of the  
388 proteome being affected.

389 The increased number of aggregation events in *TERT* <sup>$\Delta 8/\Delta 8$</sup>  mutant animals did not  
390 generally come from further accrual of protein aggregates that were already detected in  
391 old animals (Figure 6F), aside from several counterexamples such as complement  
392 component 3 (C3) and keratin 19 (KRT19) (Figure S6F). A previous study that modeled  
393 cellular senescence reported up-regulation of Progerin, a truncated form of LMNA that  
394 forms detergent-insoluble aggregates (Cao et al., 2011b), in human fibroblasts

395 undergoing progressive telomere damage (Cao et al., 2011a). Notably, in old *TERT*<sup>Δ8/Δ8</sup>  
396 killifish skin, LMNA aggregation was up by 85% compared to old wild-type skin with no  
397 significant increase in tissue lysate expression (Figure 6G).

398 Finally, some of these aggregated proteins were logically connected to the TERT  
399 mutant itself: proteins that interact with TERT and are involved in telomere repeat  
400 extension. For example, in aged *TERT*<sup>Δ8/Δ8</sup> mutants, the telomerase accessory  
401 component dyskerin protein (DKC1) showed significant elevation in the aggregate fraction  
402 of every tissue except muscle (not detected in brain, Figure 6H; Table S17). These results  
403 highlight how disease-causing mutations and aging can intersect to fuel proteostatic  
404 demise. More generally, our results suggest that the aggregation of increasing numbers  
405 of proteins, rather than simply enhanced accrual of specific aggregates, may be an  
406 important feature of segmental aging in telomerase deficiencies.

407

#### 408 **Age-associated aggregation of proteins linked to disease**

409 These observations led us to ask whether age-dependent protein aggregation involves  
410 proteins that are known to be mutated in human diseases. Loss-of-function mutations in  
411 many proteins can drive degenerative phenotypes, but we wondered whether aggregation  
412 of these proteins in the context of normal aging might underlie slower, progressive tissue  
413 defects during normal aging by inactivating them in a non-genetic manner. We focused  
414 our analysis on proteins that are genetically linked to diseases as annotated in OMIM  
415 (Online Mendelian Inheritance in Man; Table S18). In the heart of old killifish, we observed  
416 a substantial increase in the aggregation propensity of A-type nuclear lamins (LMNA)  
417 (Figure 7A). Genetic mutations in *LMNA* cause a broad spectrum of diseases, including

418 Hutchinson Gilford Progeria Syndrome (HGPS), muscular dystrophy, and dilated  
419 cardiomyopathy (Worman, 2012). Progeria patients experience accelerated aging and  
420 early death, often from stroke or coronary artery disease (Eriksson et al., 2003; Merideth  
421 et al., 2008).

422 Other examples of proteins associated with Mendelian disease that are  
423 aggregation-prone include PTRF in the heart, G6PD in the liver, DHTKD1 in muscle  
424 (Figures 7B and 7C). Polymerase I and transcript release factor PTRF/Cavin-1 is  
425 essential in the biogenesis of caveolae (Hill et al., 2008), and its mutation causes  
426 congenital generalized lipodystrophy with myopathy (Ardissone et al., 2013; Dwianingsih  
427 et al., 2010; Hayashi et al., 2009; Rajab et al., 2010; Shastry et al., 2010). Mutations in  
428 Glucose-6-phosphate dehydrogenase (G6PD), an enzyme that catalyzes the rate-limiting  
429 step of the oxidative pentose-phosphate pathway and has a vital role in oxidative stress  
430 resistance during aging (Bermudez-Munoz et al., 2020), cause the common genetic  
431 enzymopathy worldwide (Cappellini and Fiorelli, 2008). DHTKD1 is part of the  
432 mitochondrial 2-oxoglutarate dehydrogenase complex involved in the degradation of  
433 several amino acids (Bunik and Degtyarev, 2008). Mutations in this protein lead to the  
434 human disease called Charcot-Marie-Tooth Type 2Q, which is associated with  
435 progressive atrophy of neurons and muscles. These data raise the possibility that age-  
436 associated protein aggregation of wild-type proteins might drive a greater number of age-  
437 associated degenerative diseases than is currently appreciated.

## 438 **DISCUSSION**

439 We report the first quantitative profiling of protein aggregation during aging across diverse  
440 tissues. To do so, we leveraged a new vertebrate model of aging – the African killifish –  
441 and innovative genomic tools that have been developed for this organism, enabling  
442 comprehensive profiling of protein expression and aggregation across lifespan. The ability  
443 to genetically modify the killifish and rapidly conduct aging experiments also allowed us  
444 to examine how genetic disease risk and age interact to destabilize protein quality control.  
445 Our work significantly expands the growing repertoire of aggregation-prone proteins,  
446 beyond past efforts (Becher et al., 2018; David et al., 2010; Kelmer Sacramento et al.,  
447 2020; Walther et al., 2015). It not only uncovers previously unknown protein aggregates  
448 but also reveals a surprisingly strong tissue-specificity in protein aggregation during  
449 normal physiological aging.

450 This specificity is likely derived from the interaction between the biophysical  
451 features intrinsic to the aggregating protein and the specific defects in the protein quality  
452 control network that arise in each tissue. We performed unbiased Monte-Carlo simulation  
453 and machine learning analysis (support vector machine classifier) to identify defining  
454 features of age-dependent protein aggregates. Some features were shared among  
455 protein aggregates from multiple tissues. For example, many proteins that aggregated in  
456 old animals shared a charge-patterning profile, with more evenly interspersed regions of  
457 short charged and hydrophobic sequences, pointing to the importance of local  
458 electrostatic interactions in controlling protein aggregation. However, many enriched  
459 biophysical features that emerged from our analyses were most strongly evident in  
460 specific tissues. For example, age-dependent aggregates in the brain were enriched in

461 glutamine and asparagine residues, which are characteristic of prion-like domains, a  
462 concept we explore in the adjoining paper.

463 Strikingly, these enrichments could often be explained by specific protein quality  
464 control factors that appeared in the aggregate fraction of aged animal tissues. For  
465 example, DNAJB6, an Hsp40 that chaperones glutamine- and asparagine-rich prion  
466 proteins (Thiruvalluvan et al., 2020), aggregated in the aging brain. Likewise, aggregation  
467 of TRiC/CCT was evident in the aging liver, where its clients actin and tubulin also showed  
468 enhanced age-dependent aggregation with age. In other systems, anecdotal evidence for  
469 co-aggregation of specific chaperone and client proteins has been observed (Dickey et  
470 al., 2007; Petrucelli et al., 2004). In addition, ordinarily soluble proteins, including  
471 chaperones, become SDS-insoluble when mice are genetically engineered to carry a high  
472 load of proteotoxic amyloid (Xu et al., 2013). Our data suggest that this effect may be  
473 widespread and promote the tissue-selective breakdown of protein homeostasis during  
474 natural aging. Indeed, components of the protein life cycle from birth to death: ribosome,  
475 chaperones, and proteasome all showed evidence of tissue-specific aggregation. Future  
476 work will be required to determine the functional importance of this behavior in aging, and  
477 whether such aggregation of proteostasis factors could also be involved in a ‘snowball’  
478 effect, leading to the formation of additional aggregates throughout lifespan.

479 Exactly how tightly protein aggregation is coupled with aging has long been  
480 debated. To investigate this question, we leveraged the power of the killifish to investigate  
481 the interaction between a genetic model of telomerase deficiency and age. In telomerase  
482 deficiency syndromes, proliferative tissues age more rapidly than usual, but non-  
483 proliferative tissues are largely unaffected. Our proteomic maps established that tissues

484 subject to more ‘rapid’ aging in telomerase mutants experienced more protein misfolding  
485 events leading to increased aggregate burden. In dividing stem cells, asymmetric  
486 inheritance of damaged proteins is tightly linked to longevity and cell fate; long-lived  
487 neuroblasts and germline stem cells are rejuvenated, whereas short-lived intestinal stem  
488 cells inherit damage (Bufalino et al., 2013). In addition, thermal proteome profiling  
489 revealed stabilization of disordered proteins during mitosis (Becher et al., 2018). During  
490 aging, protein stabilization afforded by protein quality control can be lost, leading to the  
491 accumulation of misfolded proteins in each cell division. This increase in protein damage  
492 may manifest earlier in short-lived proliferative tissues simply because they undergo the  
493 most divisions. In cancer, a strong positive correlation has been reported between the  
494 number of stem cell divisions in the lifetime of a given tissue and its overall cancer risk  
495 (Tomasetti and Vogelstein, 2015). It is tempting to draw parallels between the  
496 accumulation of damaged proteins and the increase in mutation burden during the lifetime  
497 of individual tissues. Together, these observations suggest that aggregation is a core  
498 aspect of aging and that the intersection of genetic disease risk with age can drive  
499 significant changes in the proteome.

514         Aging is one of the most significant risk factors for many diseases across all tissues.  
515 Our dataset revealed that protein aggregation might also underlie many of these  
516 relationships. We identified multiple disease-associated proteins that had increased  
517 aggregate load and aggregation propensity during normal aging in all tissues. Most of  
518 these proteins had not previously been known to aggregate with age. In fact, some are  
519 linked to diseases that have never been attributed to protein misfolding (Boersema et al.,  
520 2018). Thus, aggregation of disease-associated proteins themselves during aging likely

521 extends beyond neurodegeneration and could contribute to progressive deterioration of  
522 tissues and increased propensity toward diverse diseases during the course of aging. We  
523 also reveal an interesting intersection between protein aggregation and diseases with  
524 accelerated aging phenotypes: aggregation of nuclear lamina protein LMNA—known  
525 genetic factor for progeria—in aging heart and increased aggregation in a telomerase-  
526 deficient progeria model. Together, these observations suggest that protein aggregation  
527 may contribute to tissue damage and disease in many tissues in addition to the brain,  
528 acting as a ‘trigger’ of dysfunction, just as a mutation might in earlier life.

529       To the best of our knowledge, our study is the first organism-wide quantitative  
530 profiling of total protein and aggregation during natural vertebrate aging. We observed  
531 aging signatures that are conserved with worms, fruit flies, and mice while also obtaining  
532 unique insight into the tissue-specific nature of age-associated aggregation at the protein  
533 identity, function, and feature levels. We paired individual total protein and aggregate  
534 samples in our analysis which gave us the unique power to identify protein autonomous  
535 and tissue intrinsic contributors of protein aggregation in aging. Future work is needed to  
536 isolate different cell types from these tissues and understand their differences in protein  
537 aggregation profile. Cell-autonomous regulation of proteostasis in aging has previously  
538 been investigated in the context of neurodegenerative disease models and aging in  
539 worms (Morimoto, 2020; Prahlad and Morimoto, 2011; Taylor and Dillin, 2013). Global  
540 proteome remodeling during aging was reported in worms (Walther et al., 2015), but  
541 studies in higher eukaryotes revealed more subtle changes (Ori et al., 2015; Walther and  
542 Mann, 2011; Yu et al., 2020). Therefore, it is critical to develop tools and genetic models  
543 that allow the investigation of tissue crosstalk. Key questions include how damaged



544 proteins are formed, detected, propagated, and degraded. Our observation of Mendelian  
545 disease proteins aggregating during aging without underlying mutation begs the question  
546 of the origin of misfolding events. One possible explanation lies in protein mistranslation  
547 (Gonskikh and Polacek, 2017).

548 It has been proposed that avoiding protein aggregation has been a driving force in  
549 the evolution of protein sequences (Wright et al., 2005). Models invoking this cost have  
550 been used to explain the strong anticorrelation between gene expression levels and  
551 evolutionary rate; the cost of mutation-induced aggregation is greater for abundant  
552 proteins than for rare ones (Drummond and Wilke, 2008). We also observed this  
553 anticorrelation relationship between non-synonymous mutation rate ( $K_a$ ) and total protein  
554 and aggregate levels, where it was consistently stronger, across young killifish tissues  
555 (Figure S7C). However, in keeping with theory suggesting limited evolutionary selection  
556 on aging, the relationship decayed in all tissues from aged animals with one exception:  
557 the brain. That is, in contrast to other tissues, age-dependent aggregates in the brain are  
558 likely to arise from proteins that have experienced higher rates of diversification (Figure  
559 S7D). Of course, this relationship can arise from either drift or selection, and it is  
560 impossible to extrapolate with confidence from a single organism. Nonetheless, these  
561 observations raise the possibility that innovation of the vertebrate nervous system may  
562 be inextricably linked to a key aspect of vertebrate aging.

563 Age-related diseases, ranging from neurodegeneration to cancer and even COVID,  
564 are among the greatest threats to public health in modern society. If effective therapies  
565 are not found, they also have the potential to bankrupt the developed and developing  
566 world. For many of these conditions, protein aggregation and proteostasis dysfunction

567 are among the major underlying pathologies. Yet efforts distinguishing cause from effect  
568 and developing means for intervention are often sparse, and models that faithfully  
569 recapitulate vertebrate aging are urgently needed. This study provides a robust platform  
570 to begin investigating these questions mechanistically, across tissues, and at a systems  
571 level.

572

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595

## 596 **AUTHOR CONTRIBUTIONS**

597 Y.R.C., I.H., A.B., and D.F.J. designed this study with initial help from I.Z. I.H. isolated  
598 killifish organs, and Y.R.C. and I.Z. isolated samples for mass spectrometry analysis with  
599 the help of I.H. and did silver stain analysis. Y.R.C designed and implemented mass  
600 spectrometry data analysis with input from I.H., P.P.S., A.B. and D.F.J. Y.R.C.  
601 constructed yeast strains expressing killifish proteins with help from I.H. and B.E.M. and  
602 quantified yeast microscopy images. Y.R.C. performed protein feature analysis and built  
603 machine learning models. P.P.S. performed GSEA analysis and calculated the  
604 evolutionary rate of killifish proteins. P.P.S. and Y.R.C. conducted independent code  
605 check on the analysis. E.M. and U.G. performed the FUCCI FACS analysis under the  
606 guidance of I.H. Y.R.C., I.H., A.B., and D.F.J. wrote the manuscript, and all the authors  
607 commented on the manuscript.

608

## 609 **DECLARATION OF INTERESTS**

610 The authors declare no competing interests.

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- 907

908 **STAR METHODS**

909

910 Detailed methods are provided in the online version of this paper and include the following.

911 **Key Resources Table**

<b>REAGENT RESOURCE</b>	<b>or</b>	<b>SOURCE</b>	<b>IDENTIFIER</b>
<b>Antibodies</b>			
Rabbit anti-PSI/Sup35 ( <i>S. cerevisiae</i> )		B-bridge	Cat# 62-300
Rabbit anti-Rnq1 ( <i>S. cerevisiae</i> )		B-bridge	Cat# 62-301
Goat Anti-Rabbit IgG- HRP Conjugate		Bio-Rad	Cat# 1706515
<b>Chemicals, Peptides, and Recombinant Protein</b>			
<b>Acetic acid</b>		Ricca Chemical	Cat# RABA0010500
<b>Ammonium bicarbonate</b>		Acros Organics	Cat# AC393210010
<b>Ampicillin sodium salt</b>		Sigma- Aldrich	Cat# A9518-100G
Blotting grade blocker nonfat dry milk		Bio-Rad	Cat# 170-6404XTU
Bovine serum albumin		Calbiochem	Cat# 126575
Bromophenol blue		Acros Organics	Cat# AC40316-0100
Calcium chloride		Sigma- Aldrich	Cat# 8106-500G
Chloramphenicol		RPI	Cat# C61000-25.0
cOmplete, Mini, EDTA-free protease inhibitor cocktail		Roche	Cat# 11836170001
CSM-Ura powder		Sunrise	Cat# 1004-010
Deoxyribonucleic acid sodium salt from salmon testes		Sigma- Aldrich	Cat# D1626-5G
Dextrose (D-Glucose)		Fisher Scientific	Cat# D16-3
D(+)-Galactose		Fisher Scientific	Cat# BP656-500
D(+)-Raffinose		Fisher Scientific	Cat# 50-494-587
DNase I		New England BioLabs	Cat# M0303S

Dithiothreitol	Gold Biotechnology	Cat# DTT100
Formaldehyde solution	Sigma-Aldrich	Cat# F8775-500ML
Formic acid	Fisher Scientific	Cat# A118P-500
Gateway BP clonase II enzyme mix	Invitrogen	Cat# 11789020
Gateway LR clonase II enzyme mix	Invitrogen	Cat# 11791020
Glass beads, acid-washed, 425-600 $\mu\text{m}$ (30-40 U.S. sieve)	Sigma-Aldrich	Cat# G8772-500G
Glycerol	Fisher scientific	Cat# BP229-4
Hydrogen peroxide solution, 30% in H <sub>2</sub> O	Sigma-Aldrich	Cat# 216763-100ML
InstantBlue Protein Stain	Expedeon	Cat# ISB1L
Iodoacetamide	Sigma-Aldrich	Cat# I6125-10G
Kanamycin monosulfate	Gold Biotechnology	Cat# K-120-10
Lysozyme	Thermo Fisher	Cat# 89833
Luminol	Sigma-Aldrich	Cat# A8511-5G
Luria broth buffered capsules	RPI	Cat# L24045-1000.0
Magnesium chloride hexahydrate	RPI	Cat# M24000-500.0
Methanol	Sigma-Aldrich	Cat# 179337-4L
p-Coumaric acid	Sigma-Aldrich	Cat# C9008-5G
Potassium chloride	Sigma-Aldrich	Cat# P9541-1KG
Potassium ferricyanide (III) powder	Sigma-Aldrich	Cat# 702587-250G
ProteaseMAX Surfactant	Promega	Cat# V2071
RNase A	Akron Biotech	Cat# 89508-840

Silver nitrate	Sigma-Aldrich	Cat# 209139-25G
Sodium carbonate	Sigma-Aldrich	Cat# 71345-1KG
Sodium chloride	Thermo Fisher	Cat# S271-1
Sodium dodecyl sulfate	Sigma-Aldrich	Cat# L3771-500G
Sodium thiosulfate pentahydrate	Sigma-Aldrich	Cat# 217247-500G
Spectinomycin sulfate	P212121	Cat# GB-S-150-100
Sucrose	Sigma-Aldrich	Cat# S7903-1KG
Tris base	Gold Biotechnology	Cat# T-400-5
Triton X-100	Sigma-Aldrich	Cat# X100-100ML
Sequencing grade modified trypsin	Promega	Cat# V5113
Tween-20	Bio Basic	Cat# TB0560
Urea	Sigma-Aldrich	Cat# U4884-1KG
Yeast nitrogen base w/o amino acids	BD Difco	Cat# DF0919-08
YPD broth	RPI	Cat# Y20090-5000.0
<b>Critical Commercial Assays</b>		
Bio-Rad Protein Assay	BioRad	Cat# 500-0006
Pierce BCA Protein Assay Kit – Reducing Agent Compatible	Thermo Scientific	Cat# 23250
Pierce Quantitative Fluorometric Peptide Assay	Thermo Scientific	Cat# 23290
QuickChange Lightning Site-Directed Mutagenesis Kit	Agilent	Cat# 210518
TMT10plex™ Isobaric Label Reagent Set	Thermo Scientific	Cat# 90110
<b>Deposited Data</b>		
mass-spec data (raw and analyzed data)	This paper	MassIVE MSV000086315
<b>Equipment and miscellaneous tools</b>		
Cover glass thickness 1 (24 x 60 mm)	Corning	Cat# 2975-246
Cyro Mill	Retsch	20.749.001

Epifluorescence microscope equipped with Leica HC PL APO 100x/1.40 OIL and Leica HC PL APO 63x/1.40 OIL objectives	Leica	DMI6000
Multi-spot microscope slide (3" x 1" with 12 wells, 6 mm dia. wells)	Thermo Shandon	Cat# 9991090
SpectraMax M2/M2e Microplate Readers	Molecular Devices	<a href="https://www.moleculardevices.com/">https://www.moleculardevices.com/</a>
Tissue homogenizer	Biospec	985370-04
<b>Experimental Models: Organisms/Strains</b>		
BY4741	Dharmacon	YSC1048
[ <i>rnq</i> ][ <i>psi</i> ] in 74D-694	Lindquist Lab	N/A
[ <i>RNQ</i> <sup>+</sup> ][ <i>psi</i> ] in 74D-694	Lindquist Lab	N/A
[ <i>RNQ</i> <sup>+</sup> ][ <i>PSI</i> <sup>+</sup> ] in 74D-694	Lindquist Lab	N/A
Turquoise killifish (GRZ strain)	This paper	N/A
<b>Oligonucleotides</b>		
Primers for cloning and sequencing, Table S19C	This paper	N/A
<b>Recombinant DNA</b>		
Gateway®pDONR™2 21	Invitrogen	Cat# 12536017
pAG416GAL-ccdB-EGFP	(Alberti et al., 2007)	Addgene plasmid # 14195
Protein-specific yeast expression plasmids, Table S19A	This paper	Available via Addgene: <a href="https://www.addgene.org/Daniel_Jarosz/">https://www.addgene.org/Daniel_Jarosz/</a>
<b>Software and Algorithms</b>		
Byonic v2.6.49	Protein Metrics	<a href="https://www.proteinmetrics.com/products/byonic/">https://www.proteinmetrics.com/products/byonic/</a>
CellProfiler	(McQuin et al., 2018)	<a href="https://cellprofiler.org/">https://cellprofiler.org/</a>
Cytoscape 3.6.1	(Shannon et al., 2003)	<a href="https://cytoscape.org/index.html">https://cytoscape.org/index.html</a>
DISOPRED3	(Jones and Cozzetto, 2015)	<a href="http://bioinf.cs.ucl.ac.uk/psipred/?disopred=1">http://bioinf.cs.ucl.ac.uk/psipred/?disopred=1</a>
Fiji	NIH	<a href="https://imagej.net/Fiji">https://imagej.net/Fiji</a>

GSEA	(Subramanian et al., 2005)	<a href="https://www.gsea-msigdb.org/gsea/index.jsp">https://www.gsea-msigdb.org/gsea/index.jsp</a>
Image Lab Software	Bio-Rad	<a href="https://www.bio-rad.com/en-us/sku/1709690-image-lab-software?ID=1709690">https://www.bio-rad.com/en-us/sku/1709690-image-lab-software?ID=1709690</a>
Leica software package	Leica	N/A
localCIDER	(Holehouse et al., 2017)	<a href="http://pappulab.github.io/localCIDER/">http://pappulab.github.io/localCIDER/</a>
PLAAC	(Lancaster et al., 2014)	<a href="http://plaac.wi.mit.edu/">http://plaac.wi.mit.edu/</a>
Prism 8.4	GraphPad	<a href="https://www.graphpad.com/scientific-software/prism/">https://www.graphpad.com/scientific-software/prism/</a>
Proteome Discoverer v2.0	Thermo Fisher	
Python 2.7.15	Python Software Foundation	<a href="https://www.python.org/">https://www.python.org/</a>
R version 3.5.1	R Project	<a href="https://www.r-project.org/">https://www.r-project.org/</a>
String	(Szklarczyk et al., 2019)	<a href="https://string-db.org/">https://string-db.org/</a>
Custom code	This paper	<a href="https://github.com/ywrchen/killifish-aging-aggregates">https://github.com/ywrchen/killifish-aging-aggregates</a>

912  
913

## 914 **Resource availability**

### 915 **Lead contact and material availability statement**

916 Please contact D.F.J ([jarosz@stanford.edu](mailto:jarosz@stanford.edu)) or A.B. ([abrunet1@stanford.edu](mailto:abrunet1@stanford.edu)) for  
917 reagents and resources generated in this study.

918

### 919 **Data and code availability**

920 All raw mass spectrometry reads as well as processed datasets can be found in the  
921 MassIVE database (<https://massive.ucsd.edu/ProteoSAFe/static/massive.jsp>) under ID  
922 MSV000086315. The codes and results supporting the current study are available in the  
923 Github repository for this paper <https://github.com/ywrchen/killifish-aging-aggregates>.

924



## 925 **Experimental Model and Subject Details**

### 926 **African Turquoise Killifish Strain, Husbandry, and Maintenance**

927 The African turquoise killifish (GRZ strain) were housed as previously described (Harel et  
928 al., 2015). Fish were housed at 26°C in a central filtration recirculating system with a 12  
929 hr light/dark cycle (Aquaneering, San Diego) at the Stanford University facility or at the  
930 Hebrew University of Jerusalem (Aquazone Ltd, Israel). In both facilities, fish were fed  
931 twice a day on weekdays and once a day on weekends with Otohime Fish Diet (Reed  
932 Mariculture). In these conditions, killifish lifespan was approximately 6-8 months. The  
933 *TERT*<sup>Δ8/Δ8</sup> loss-of-function allele (Harel et al., 2015) was maintained as heterozygous  
934 (due to fertility issues in homozygous) and propagated by crossing with wild-type fish. All  
935 turquoise killifish care and uses were approved by the Subcommittee on Research Animal  
936 Care at Stanford University (IACUC protocol #13645) and at the Hebrew University of  
937 Jerusalem (IACUC protocol #NS-18-15397-2).

938

### 939 **Yeast Strain Maintenance**

940 *S. cerevisiae* strains were obtained from the sources indicated (Table S19B).  
941 All *S. cerevisiae* strains were stored as glycerol stocks at -80°C. Before use, strains were  
942 either revived on YPD (10 g/L yeast extract, 20 g/L dextrose, 20 g/L peptone, sterilized  
943 by autoclaving) or on defined medium (2% glucose, 6.7 g/L yeast nitrogen base without  
944 amino acids, 20 mg/L histidine, 120 mg/L leucine, 60 mg/L lysine, 20 mg/L arginine, 20  
945 mg/L tryptophan, 20 mg/L tyrosine, 40 mg/L threonine, 20 mg/L methionine, 50 mg/L  
946 phenylalanine, 20 mg/L uracil, 20 mg/L adenine, sterilized by autoclaving) as necessary.

947 Antibiotics, or defined drop-out media were used as indicated to maintain plasmid  
948 selection. All strains were grown at 30°C unless otherwise indicated.

949 Yeast strains expressing exogenous killifish proteins were generated by  
950 transforming laboratory strain BY4741 (either fresh mid-exponential cells or frozen  
951 chemically competent cells) with yeast expression plasmids that encoded proteins of  
952 interest. Yeast transformation was carried out using a standard lithium-acetate protocol.  
953 First, cells were inoculated into 25 mL of liquid rich medium (YPD) and grown to saturation  
954 overnight on a shaker at 200 r.p.m. and 30°C. The cells were then diluted by 25-fold into  
955 500 mL of liquid rich media (YPD) and regrown on a shaker at 200 r.p.m. and 30°C. Once  
956 the culture reached mid-exponential phase ( $OD_{600} \sim 0.4 - 0.6$ ), the cells were harvested  
957 by centrifugation at 2,000 x *g* for 5 min and washed twice in an equal volume of sterile  
958 water. The cells were either used directly for yeast transformation or further processed to  
959 generate competent cells. To generate chemically competent cells, cell pellets were  
960 resuspended in 5 mL of filtered sterile frozen competent cell solution (5% v/v glycerol, 10%  
961 v/v DMSO), and 50  $\mu$ L aliquots were generated in 1.5 mL microcentrifuge tube and stored  
962 at -80°C. To ensure good survival rates, aliquots were slowly frozen either using Mr.  
963 Frosty freezing container (Thermo Scientific Cat# 5100-0001) or Styrofoam box padded  
964 with Styrofoam chips or newspaper (to reduce air space around sample). For yeast  
965 transformation, competent cells were thawed in 37°C water bath for 15-30s then  
966 centrifuged at 13,000 x *g* for 2min to remove supernatant and resuspended in a  
967 transformation master mix (260  $\mu$ L PEG 3500 50% (w/v), 36  $\mu$ L 1 M Lithium acetate,  
968 50  $\mu$ L denatured salmon sperm carrier DNA (2 mg/mL), 14  $\mu$ L plasmid DNA (0.1-1  $\mu$ g  
969 total plasmid), and sterile water to a final volume of 360  $\mu$ L). Cells were incubated in the

970 transformation master mix at 42°C for 45 min. Following incubation, cells were harvested,  
971 resuspended in 1 mL sterile water, and ~100 µL was plated on selective medium and  
972 incubated at 30°C. Successful transformants typically appeared in 2-3 days and were  
973 further propagated in defined liquid drop-out medium (omitted nutrient depending on the  
974 plasmid being selected) and stored as glycerol stocks in -80°C.

975

## 976 **Method Details**

### 977 **Aggregate Isolation Protocol and Validation with *S. cerevisiae* Strains**

978 We have adapted a standard aggregate isolation protocol (Kryndushkin et al., 2013;  
979 Kryndushkin et al., 2017) to separate relatively small oligomeric protein aggregates  
980 (Figure S1A) from other membraneless organelles (e.g. stress granules) (Chen et al.,  
981 2021). Large membraneless organelles (Jain et al., 2016; Mitchell et al., 2013; Sheth and  
982 Parker, 2003) can co-pellet with aggregates if ultracentrifugation steps are performed  
983 directly after lysate clarification. Our protocol thus introduces multiple differential  
984 centrifugation steps to exclude both large membraneless organelles (e.g. stress granules)  
985 (Wheeler et al., 2017) large defined macromolecular complexes (e.g. ribosomes (Ingolia  
986 et al., 2012)). A detailed comparison of various aggregate isolation protocols follows in the  
987 next section on aggregate isolation in killifish.

988         We first validated this protocol in the widely used yeast laboratory strain BY4741.  
989 One liter of BY4741 was grown in rich medium (YPD) until it reached late-exponential  
990 phase (OD<sub>600</sub> ~1.0) with shaking (250 r.p.m.) at 30°C. The culture was harvested and  
991 pelleted at 3000 x g for 10 min. The yeast pellet was washed with deionized water twice  
992 before proceeding to the aggregate isolation step. We lysed the washed yeast cell pellet

993 in a cryomill (Retsch, for larger cultures over 500 mL) or using acid-washed glass beads  
994 (425-600  $\mu\text{m}$  in bead diameter, Sigma-Aldrich, G8772-500G, for smaller culture volumes)  
995 in lysis buffer (30 mM Tris-HCl pH 7.5, 40 mM NaCl, 1 mM DTT, 3 mM  $\text{CaCl}_2$ , 3 mM  
996  $\text{MgCl}_2$ , 5 % glycerol, 1 % triton X-100, EDTA-free protease inhibitor tablets used at the  
997 manufacturer's recommended concentration (Roche cOmplete™ Protease Inhibitor  
998 Cocktail, 11836170001)) with 1 mL of lysis buffer per gram of wet cell paste. We then  
999 spun the lysate at 800 x  $g$  for 10 min (spin 1, Eppendorf Centrifuge 5430 with Eppendorf  
1000 FA-45-30-11 30-spot 45-degree fixed angle rotor) at 4°C to remove cell debris before  
1001 transferring the supernatants to a new tube and treating with 1  $\mu\text{g}/\text{mL}$  RNase A (Akron  
1002 Biotech, 89508-840), and 20 units/mL DNase (TURBO Dnase, Invitrogen, AM2238) for  
1003 30 min on ice. RNase A and DNase treatments were performed to exclude proteins that  
1004 aggregate exclusively as a result of binding to nucleic acids. Following this incubation, we  
1005 centrifuged the samples at 10,000 x  $g$  for 15 min at 4°C (spin 2, Eppendorf Centrifuge  
1006 5430 with Eppendorf FA-45-30-11 30-spot 45-degree fixed angle rotor) and kept the  
1007 supernatant as the whole cell lysate (WCL) fraction (equivalent of tissue lysate (TL)  
1008 fraction for killifish tissues, see below). A fraction of this WCL was set aside for later  
1009 analyses. The remainder was loaded on top of a 1 mL 40 % sucrose (in lysis buffer)  
1010 cushion in an ultracentrifuge tube (Beckman Coulter Ultra-Clear Thinwall Tube, 344057).  
1011 Higher molecular weight aggregates were then pelleted by ultracentrifugation at 200,000  
1012 x  $g$  for 1 h using Beckman TLS55 swing-bucket rotors (spin 3, 49,000 r.p.m.). We removed  
1013 the top layers of supernatant carefully and then resuspended the pellet in ~50  $\mu\text{L}$  of lysis  
1014 buffer. The resulting aggregate 'AGG' fraction was analyzed directly by immunoblot or re-  
1015 solubilized in 8M urea for further analysis by mass spectrometry.

1016 For the mass spectrometric analysis, 12  $\mu\text{g}$  aggregate (determined by BCA kit,  
1017 Thermo Scientific Cat# 23250) was re-suspended in SDS-sample buffer and run through  
1018 approximately 2.5 cm of a 4-15% SDS-PAGE (Mini-PROTEAN TGX Precast Protein Gel,  
1019 Bio-Rad. Cat #4561086). The top 0.5 cm gel piece near the well (containing the SDS-  
1020 resistant protein species) as well as the next 2 cm gel piece (containing the SDS-soluble  
1021 protein species) were excised. Each gel band was reduced with 25 mM DTT, alkylated  
1022 with 10 mM iodoacetamide, and then digested with trypsin (5 ng/ $\mu\text{L}$ ) overnight in the  
1023 presence of 50 mM ammonium bicarbonate. The overnight trypsin digestion was  
1024 quenched with 5% formic acid in 50% acetonitrile. The digested peptides were recovered  
1025 from the supernatant and concentrated by speed-vac to remove the acetonitrile solvent,  
1026 followed by cleaning on a C18 column. The SDS-resistant and SDS-sensitive fractions  
1027 for each sample were re-constituted in 8  $\mu\text{L}$  and 24  $\mu\text{L}$  of 0.1% formic acid, respectively,  
1028 and 2  $\mu\text{L}$  of each reconstituted sample was injected onto Orbitrap Fusion Tribrid Mass  
1029 Spectrometer (Thermo Fisher) for label-free quantification. Mass spectra were analyzed  
1030 using Proteome Discoverer v2.0 (Thermo Scientific) and the Byonic v2.6.49 search  
1031 algorithm node for peptide identification and protein inference.

1032 Our data provided high coverage (average and median observed peptide count for  
1033 a protein was 32 and 6, respectively, and a total of 2600 proteins were identified). Even  
1034 with this high coverage, abundant ribosomal proteins were depleted in our aggregate  
1035 fractions relative to expectations from whole cell lysate abundance (Figure S1B),  
1036 establishing that the aggregate proteome was not simply a sampling of the total cellular  
1037 proteome (Table S1).

1038 We standardized the protein abundance by calculating the z-score of the total  
1039 number of spectra for each protein in our yeast aggregate mass spectrometry study and  
1040 the z-score on protein abundance expressed as mean molecules per cell in the unified *S.*  
1041 *cerevisiae* proteome quantification database (Ho et al., 2018) to allow meaningful  
1042 interpretation of enrichment of specific protein constituents (i.e. processing bodies, stress  
1043 granules, and ribosomes, Figure S1B). Furthermore, widely used markers of P-bodies  
1044 (e.g. Edc3 ranked 1933 out of 2600) and stress granules (e.g. Pab1 ranked 119, Pub1  
1045 ranked 555, Ded1 ranked 82 out of 2600) were not among the most abundant proteins in  
1046 the aggregate fractions (Table S2).

1047 To further validate this aggregate isolation protocol (Figure S1A) we used it to  
1048 examine *S. cerevisiae* strains that harbor specific amyloid aggregates (Rnq1 and Sup35  
1049 in [*RNQ*<sup>+</sup>] [*PSI*<sup>+</sup>] strains or Rnq1 in [*RNQ*<sup>+</sup>][*psi*<sup>-</sup>] strains) (Figure S1C). We used the same  
1050 protocol as described and performed western-blot on the isolated aggregates (pellet in  
1051 the last ultracentrifugation spin). Specifically, 50 µg aggregate (determined by BCA kit,  
1052 Thermo Scientific Cat# 23250) from each sample was resuspended in SDS-sample buffer  
1053 (5X SDS sample buffer: 10% SDS, 50% glycerol, 250 mM Tris-HCl pH 6.8, 10 mM DTT,  
1054 0.05% Bromo Phenol Blue) and then split in equal volumes where one sample was boiled  
1055 (5 min at 95°C) while the other was left unboiled. Both the boiled and unboiled samples  
1056 were resolved on 12% SDS-PAGE gels (Mini-PROTEAN TGX Precast Protein Gel, Bio-  
1057 Rad. Cat #4561045). The gel was then transferred onto a 0.2 µm PVDF membrane  
1058 using the pre-programmed high MW transfer protocol (constant 2.5 A for 10 min) in a  
1059 Bio-Rad Trans-blot Turbo Transfer System (Cat# 1704150). After transfer, the  
1060 membrane was submerged in 20 mL of blocking buffer (TBS<sup>T</sup> + 5% dry milk) for 1 h on

1061 a rocker at room temperature. After blocking, the membrane was washed briefly in  
1062 TBS<sup>T</sup> twice and incubated with 10 mL of the primary antibody diluted in TBS<sup>T</sup> (for Rnq1,  
1063 we used B-bridge rabbit anti-Rnq1 antibody, Cat# 62-301 at a 1:3,000 dilution; for Sup35,  
1064 we used B-bridge rabbit anti-PSI/Sup35 antibody Cat# 62-300 at a 1:1,000 dilution) on a  
1065 rocker overnight at 4°C. After the primary antibody incubation, the membrane was  
1066 washed with TBS<sup>T</sup> 3 times for 7 min each before incubating with the secondary antibody  
1067 (goat anti-rabbit IgG-HRP conjugate Cat# 1706515 at a 1:5,000 dilution) for 1hr at room  
1068 temperature. The membrane was then washed 3 times with TBS<sup>T</sup> for 5 min each, then  
1069 3 times with 0.1 M Tris-HCl pH 8.5 for 5 min each, followed by chemiluminescent  
1070 detection. The chemo-luminescent reaction was initiated immediately before detection  
1071 at room temperature by incubating the membrane with 10 mL of solution A (10 mL 0.1  
1072 M Tris-HCl, pH 8.5, 100 µL of 44 mg/mL Luminol in DMSO and 42 µL of 14.7 mg/mL  
1073 p-coumaric acid in DMSO) and 10 mL of solution B (10 mL 0.1 M Tris-HCl, pH 8.5 and  
1074 5.5 µL of 30% w/w hydrogen peroxide solution) for 1 min at room temperature.

1075         The amyloid (SDS-resistant) form of Rnq1 was clearly detected in the [RNQ<sup>+</sup>][*psi*]  
1076 strain using this protocol. In the unboiled sample, the Rnq1 antibody reacted with  
1077 proteins stuck near the top of the well, where SDS-resistant amyloids accumulate; little  
1078 signal was present at 43 kDa (the molecular weight of soluble Rnq1). After boiling,  
1079 which re-solubilizes Rnq1 amyloids, we observed strong signal at 43 kDa and depletion  
1080 of signal in the well.

1081         Similarly, in [RNQ<sup>+</sup>][PSI<sup>+</sup>] strains we detected the amyloid forms of both Rnq1  
1082 and Sup35 in the SDS-resistant fraction (near the top of the well). After boiling, we  
1083 observed strong signal enhancement for both proteins at their respective molecular

1084 weights along with concomitant depletion of signal near the well in the boiled sample  
1085 (Figure S1C). Thus, our protocol can isolate aggregating proteins including amyloid  
1086 proteins in native condition (Rnq1 in  $[RNQ^+][\rho si^-]$  and Rnq1 and Sup35 in  $[RNQ^+][PSI^+]$ ).

1087

### 1088 **Isolation of Tissue lysate (TL) and Aggregates (AGG) from Killifish Tissues**

1089 Brain, gut, heart, liver, muscle, and skin of 3 young (3.5 months), 3 old (7 months), and 3  
1090 old  $TERT^{\Delta 8/\Delta 8}$  mutant (Harel et al., 2015) (7 months) male fish were collected at the same  
1091 time and snap frozen in liquid nitrogen. Because  $TERT^{\Delta 8/\Delta 8}$  mutant has testis defects  
1092 (Harel et al., 2015), only testis from 3 young and 3 old male fish were collected and snap  
1093 frozen in liquid nitrogen. All procedures were conducted at 4°C unless stated otherwise.  
1094 Each organ was homogenized using a tissue homogenizer in 100  $\mu$ L of buffer A (30 mM  
1095 Tris-Cl pH = 7.5, 1 mM DTT, 40 mM NaCl, 3 mM  $CaCl_2$ , 3 mM  $MgCl_2$ , 5% glycerol, 1%  
1096 triton X-100, protease inhibitor cocktail tablet used at 1x the manufacturer recommended  
1097 concentration (Roche cOmplete™ EDTA-free Protease Inhibitor Cocktail, Cat#  
1098 11697498001). Homogenization was performed in round-bottom tube (2 mL corning  
1099 cryogenic vials) to ease lysis. The resulting sample was transferred to 1.5 mL Eppendorf  
1100 tube for the first centrifugation spin. Lysate was spun at 800 x g for 10 min (spin 1) to  
1101 remove cell debris (Eppendorf Centrifuge 5430 with Eppendorf FA-45-30-11 30-spot 45-  
1102 degree fixed angle rotor). Supernatants were transferred to a new Eppendorf tube and  
1103 treated with 100  $\mu$ g/mL RNase A (Akron Biotech, 89508-840), and 100  $\mu$ g/mL DNase I  
1104 (New England Bio, Cat# M0303S) for 30 min on ice. Samples were spun at 10,000xg for  
1105 15 min (spin 2 in the same Eppendorf FA-45-30-11 rotor) and the resulting supernatant  
1106 is the tissue lysate (TL) fraction. A 25  $\mu$ L aliquot of the TL was kept in a separate tube for



1107 protein quantification and mass spectrometry analysis. For isolation of the aggregate  
1108 (AGG) fraction, all the remaining TL was loaded onto the top of a 1 mL 40% sucrose pad  
1109 and an additional ~750  $\mu$ L (adjusted to balance all ultra-centrifuge tubes) of buffer A was  
1110 layered on the top in ultra-centrifugation tube (Beckman Coulter Ultra-Clear centrifuge  
1111 tubes, thinwall, 2.2 mL, 11 x 34 mm, Cat# 347356). The samples were separated by  
1112 ultracentrifugation for 1 h at 200,000 x  $g$  (spin 3 at 49,000 r.p.m. in Beckman TLS-55  
1113 rotor). The top layers of supernatants were removed, leaving 15-20  $\mu$ L of liquid at the  
1114 bottom around the pellet. An additional 30  $\mu$ L of buffer A was added to rigorously re-  
1115 suspend these pellets. Protein concentration for TL and AGG samples was assessed by  
1116 BCA assay (Pierce BCA Protein Assay Kit – Reducing Agent Compatible, Cat# 23250).

1117 Our aggregate isolation protocol should theoretically physically separate protein  
1118 aggregates (size ranging from ~ 164–8804 Svedberg units, ~132 – 968 nm in diameter  
1119 or ~ $1.03 \times 10^6$  –  $4.03 \times 10^8$  kDa assuming a spherical shape, see theoretical calculation  
1120 below) from the soluble proteome, large protein complex (e.g. ribosome in 40-80  
1121 Svedberg units, ~ 20-30 nm in diameter or 4.5 MDa; spliceosome with size ranging from  
1122 ~30-100 Svedberg units, ~30 nm in diameter, or ~2-20 MDa (Spann et al., 1989; Will and  
1123 Luhrmann, 2011; Zhang et al., 2017)), subcellular organelles, and large biomolecular  
1124 condensates (e.g. P-bodies). There are two main differences between our aggregate  
1125 isolation protocol and those used in some other studies of age-dependent protein  
1126 aggregation (David et al., 2010; Kelmer Sacramento et al., 2020; Walther et al., 2015).  
1127 First, our protocol identifies both SDS-soluble and SDS-resistant aggregates in native  
1128 conditions (the entire isolation is performed at 4 °C and we omitted EDTA to preserve  
1129 the stability and function of metal-dependent proteins). Second, our protocol enriches

1130 oligomeric aggregates that are bigger than large protein complexes but smaller than  
1131 membraneless organelles (a detailed calculation of aggregate size is described in the  
1132 theoretical calculation section below).

1133 In the David et al. *C. elegans* study (David et al., 2010; Lechler et al., 2017),  
1134 aggregates were isolated that remained insoluble in 0.5% SDS (pellet fraction) in RIPA  
1135 buffer (50 mM Tris pH 8, 150 mM NaCl, 5 mM EDTA, 0.5% SDS, 0.5% SDO, 1% NP-40,  
1136 1 mM PMSF, Roche Complete Inhibitors 1×) after 3 rounds of 20,000 x *g* centrifugation  
1137 for 20 min at 4 °C. Aggregates isolated by this protocol would be expected to be larger  
1138 than 1650 S (>419 nm in diameter, based on Eppendorf F-45-30-11 rotor with k-factor of  
1139 508 at a maximum speed of 20,817 x *g*). Another *C. elegans* study from Walther et al.  
1140 (Walther et al., 2015) analyzed insoluble proteins after a brief 1 min spin at 1,000 x *g*  
1141 for lysate clarification (in 50 mM Tris-HCl pH 8.0, 0.5 M NaCl, 4 mM EDTA, 1% (v/v)  
1142 Igepal CA630, cOmplete™ proteinase inhibitor cocktail) followed by ultracentrifugation  
1143 at 500,000 *g* x 10 min. All steps were carried out at 4 °C. The aggregate size is expected  
1144 to be larger than 268 S (>169 nm in diameter, calculated based on using Eppendorf F-  
1145 45-30-11 for lysate clarification step and Beckman Type 70 Ti fixed angle rotor (k-factor  
1146 is 44 at a maximum speed 504,000 x *g*) for ultracentrifugation). Thus, the two *C. elegans*  
1147 studies identified aggregates that are either large (Walther et al., 2,799 proteins larger  
1148 than 268 S) or both very large and SDS-resistant (David et al., 698 proteins larger than  
1149 1650 S). There are also some differences in the thresholds that were applied to identify  
1150 positive hits between these studies (Figure S1G; Table S3A-B; Table S3E-F).

1151 In the vertebrate (killifish and mice) brain study from Kelmer Sacramento et al.  
1152 (Kelmer Sacramento et al., 2020), the initial lysis buffer (4% SDS, 100 mM HEPES, pH

1153 8, 1 mM EDTA, 100 mM DTT) contains 4% SDS, which can disrupt the native  
1154 conformation of oligomeric aggregates species. The aggregates examined in this study  
1155 were pellets collected after two ultracentrifugation spins at 100,000 x *g* for 30 min at 20  
1156 °C where the input was supernatant (brain lysate) from an initial 20,000 x *g* spin for 5 min.  
1157 The isolated 4% SDS-denatured aggregates are expected to be 670 - 6600 S (268~837  
1158 nm in diameter, calculated based on using Eppendorf F-45-30-11 rotor for the lysate  
1159 clarification step and Beckman TLS-55 swinging-bucket rotor for the ultracentrifugation  
1160 (k-factor of 50 at a maximum speed of 259,000 x *g* in aqueous solvent). In this study, 964  
1161 and 74 proteins were identified as aggregates in old mice and killifish brains, respectively  
1162 (young animals were not analyzed; Figure S1G; Table S3D-E).

1163 Finally, in mammalian stress granule purifications (Jain et al., 2016), the cells  
1164 were first lysed with lysis buffer (50 mM Tris HCl pH 7.4, 100 mM potassium acetate, 2  
1165 mM magnesium acetate, 0.5 mM DTT, 50µg/ml heparin, 0.5% NP40, 1:5,000 antifoam  
1166 emulsion, 1 complete mini EDTA free protease inhibitor tablet/ 50ml of lysis buffer) on ice.  
1167 Lysates were further treated with an initial centrifugation step at 1,000 x *g* for 5 min, a  
1168 second centrifugation at 18,000 x *g* for 20 min (input was the supernatant from the first  
1169 spin), and a final centrifugation step at 850 x *g* for 2 min at 4°C (input was the pellet  
1170 fraction from the second spin). The stress granule cores were further enriched through  
1171 affinity purification (immunoprecipitation with specific antibodies to query proteins such  
1172 as G3BP) of supernatant from the last 850 x *g* spin. The stress granule core is  
1173 estimated to be larger than 2038 S (> 465 nm in diameter).

1174 Thus, our protocol, which discards pellets in our spin 1 (800 x *g* for 10 min) and  
1175 spin 2 (10,000 x *g* for 15 min), should deplete for stress granules whereas the protocols

1176 used in *C. elegans* studies (David et al., 2010; Walther et al., 2015) would enrich them.  
1177 Because the aged killifish and mouse brain experiments were performed at 20°C with  
1178 4% SDS in the lysis buffer (Kelmer Sacramento et al., 2020), any SDS resistant particles  
1179 between 268-837 nm in diameter would also be isolated as aggregates. By contrast, our  
1180 protocol captures both SDS-soluble and SDS-resistant aggregates while excluding  
1181 large membraneless organelles and defined macromolecular assemblies (Jain et al.,  
1182 2016; Mitchell et al., 2013; Sheth and Parker, 2003).

1183

#### 1184 **Silver Stain on Killifish Samples**

1185 Equal amounts (1 µg) of tissue lysate (TL) and aggregate (AGG) fraction from brain and  
1186 liver were used for silver stain analysis. The samples were resuspended in SDS-sample  
1187 buffer (5X SDS sample buffer: 10% SDS, 50% glycerol, 250 mM Tris-HCl pH 6.8, 10 mM  
1188 DTT, 0.05% Bromophenol Blue) without boiling and resolved on 12% SDS-PAGE gels.  
1189 The gels were then fixed in 40% methanol/10% acetic acid for one hour at room  
1190 temperature. Next, the gels were incubated in 100 mL of freshly made 'yellow mix' (5 g of  
1191  $K_3Fe(CN)_6$  and 8 g of  $Na_2S_2O_3 \cdot 5H_2O$  grinded to powder and dissolved in 150 mL water)  
1192 for 5 min and subsequently rinsed in  $dH_2O$  until they became colorless. The gels were  
1193 then incubated in 30 mL of 120 mM silver nitrate (4.1g  $AgNO_3$  in 200 mL of  $H_2O$ , store in  
1194 dark at 4°C) for 30 min followed by a brief rinse with 2-3X volume of  $H_2O$  and another  
1195 brief rinse with 2.9%  $Na_2CO_3$ . Finally, the gels were incubated with 50 mL of freshly made  
1196 developer (2.9%  $Na_2CO_3$  pre-heated to ~ 60°C and 100 µL of fresh 37% formaldehyde  
1197 solution Sigma Cat# F8775). Once the desired band intensity was achieved, the reaction  
1198 was quenched by immediately adding 5% acetic acid to the developer solution and quickly

1199 rinsing off all solution with water. The silver-stained gel was imaged on Bio-Rad Gel Doc  
1200 EZ Gel Documentation System (Cat# 1708270).

1201

## 1202 **Theoretical Calculation of the Size Distribution of High Molecular Aggregate**

1203 We performed theoretical calculations of the size distribution of high molecular moieties  
1204 (including aggregates), based on the parameters of our protocol. Because they are based  
1205 on fundamental physical principles, such calculations should be independent of the  
1206 sample origin (i.e. yeast, killifish, or other).

1207 Particles with a size larger than  $2.06 \times 10^6$  S (Svedberg units) should pellet during  
1208 the 10 min spin at 800 g (spin 1). Particle with a size larger than 8804 S should pellet  
1209 during the 15 min spin at 10,000 x g (spin 2). Particles with a size larger than 164 S should  
1210 pellet during the 1 h spin at 200,000 x g (spin 3). Therefore, the size of the high molecular  
1211 weight aggregate should range from 164 S to 8804 S. Calculation for each spin is as  
1212 follows:

1213 Input samples for spin 1 and spin 2 are prepared in 1.5 mL Eppendorf tubes and  
1214 separated through centrifugation with Eppendorf FA-45-30-11 rotor (max radius 10.1 cm,  
1215 min radius 8.9 cm, 30-position fixed 45-degree angle rotor that works with Eppendorf  
1216 Centrifuges 5430R). The FA-45-30-11 fixed angle rotor has a k-factor of 508 (a measure  
1217 of the rotor's pelleting efficiency, in S·h units where S is the Svedberg unit) at a maximum  
1218 speed of 14,000 r.p.m. and a maximum rcf of 20,817 x g (details available at  
1219 <http://www.biocenter.hu/pdf/Eppendorf10.pdf>).

1220 At 800 x g, the adjusted k-factor is:

$$1221 \quad k_{800g} = k_{\max} \left( \frac{g_{\max}}{g_{\text{actual}}} \right)^2 = 508 \left( \frac{20817}{800} \right)^2 = 343969.6 \text{ S}\cdot\text{h}$$

1222 At 10,000 x *g*, the adjusted k-factor is:

$$1223 \quad k_{10,000g} = k_{\max} \left( \frac{g_{\max}}{g_{\text{actual}}} \right)^2 = 508 \left( \frac{20817}{10000} \right)^2 = 2201.4 \text{ S}\cdot\text{h}$$

1224 At 20,000 x *g*, the adjusted k-factor is:

$$1225 \quad k_{20,000g} = k_{\max} \left( \frac{g_{\max}}{g_{\text{actual}}} \right)^2 = 508 \left( \frac{20817}{20000} \right)^2 = 550.4 \text{ S}\cdot\text{h}$$

1226 The k-factor for the swinging bucket rotor was calculated as follows based on the  
1227 maximum and minimum radius of the rotor ( $r_{\max}$  and  $r_{\min}$ ) and the centrifugation speed (in  
1228 r.p.m.):

1229 Rotor TLS-55 ( $r_{\max} = 76.5$  mm,  $r_{\min} = 42.2$  mm, k-factor at maximum speed 55,000  
1230 r.p.m. is 50 S·h in water at 20°C and 130 S·h in 5-20% sucrose gradient at 5°C,  
1231 <https://btiscience.org/wp-content/uploads/2014/04/TLS55.pdf>) that is compatible with  
1232 Beckman Coulter Optima MAX-TL table-top ultracentrifuge spin at 49,000 r.p.m. (200,  
1233 000 x *g*) has a k-factor of:

$$1234 \quad k_{\text{TLS-55}} = \ln \left( \frac{r_{\max}}{r_{\min}} \right) \left( \frac{2.533 \times 10^{11}}{\text{r.p.m.}^2} \right) = \ln \left( \frac{76.55}{42.2} \right) \left( \frac{2.533 \times 10^{11}}{49000^2} \right) = 62.8 \text{ S}\cdot\text{h in water at } 20^\circ\text{C}$$

1235 Rotor SW50.1Ti ( $r_{\max} = 107.3$  mm,  $r_{\min} = 59.7$  mm, k-factor at maximum speed  
1236 50,000 r.p.m. is 59) that is compatible with Beckman Coulter Optima MAX-TL table-top  
1237 ultracentrifuge spin at 40,800 r.p.m. (200,000 x *g*) has a k-factor of:

$$1238 \quad k_{\text{SW50.1Ti}} = \ln \left( \frac{r_{\max}}{r_{\min}} \right) \left( \frac{2.533 \times 10^{11}}{\text{r.p.m.}^2} \right) = \ln \left( \frac{107.3}{59.7} \right) \left( \frac{2.533 \times 10^{11}}{40800^2} \right) = 89.2 \text{ S}\cdot\text{hr in water at } 20^\circ\text{C}$$

1239 Spin 1: After a 10 min spin at 800 x *g* using Eppendorf centrifuge 5430R, the  
1240 minimum size of the pellet is

1241 
$$S_{800g \times 10min} = \frac{k_{800g}}{t_{800g}} = \frac{343969.6}{\frac{10}{60}} = (343969.6)(6) = 2.06 \times 10^6 \text{ S}$$

1242 Spin 2: After a 15 min spin at 10,000 x g using Eppendorf centrifuge 5430R, the  
1243 minimum size of the pellet is:

1244 
$$S_{10,000g \times 15min} = \frac{k_{800g}}{t_{800g}} = \frac{2201.4}{\frac{15}{60}} = (2201.4)(4) = 8804 \text{ S}$$

1245 Spin 3: Temperature, density of solution, and speed all affect the pelleting  
1246 efficiency (or k-factor) so we extrapolated the adjusted k-factor from condition that is  
1247 closest to ours. Given that the k-factors in established run conditions with 5-20% sucrose  
1248 at maximum speed at 5 °C is 130 S·h (the particle density is 1.3 g/mL) and 50 S·h in water  
1249 at maximum speed at 20 °C, we estimated the adjusted k-factor based on the prior  
1250 condition (our ultracentrifugation is done in 40% sucrose for 1 h at 200,000 x g at 4 °C).

1251 
$$k_{adj, 200,000 \text{ g}} = k_{55000 \text{ r.p.m.}} \left( \frac{55 \text{ 000 r.p.m.}}{49 \text{ 000 r.p.m.}} \right)^2 = 130 \left( \frac{55}{49} \right)^2 = 164 \text{ S}$$

1252 Because 40% sucrose is denser than 5-20% sucrose, it is reasonable to assume  
1253 that actual pelleting efficiency in our condition is even higher (the same particle will travel  
1254 more slowly in denser solution) resulting in aggregates with sedimentation coefficient  
1255 larger than 164 S after 1 hour of ultracentrifugation.

1256 We assumed the aggregate is a perfect sphere and estimated the molecular weight  
1257 and diameter of the particles based on the following equations.

1258 
$$s = \frac{M(1-\bar{v}\rho)}{N_A f_t}, \quad f_t = 6\pi\eta r$$

1259 where s is the sedimentation coefficient (1S = 10<sup>-13</sup> seconds), M is the molecular  
1260 weight,  $\bar{v}$  is the partial specific volume (for generic protein  $\bar{v}$  is roughly 0.73ml/g),  $\rho$  is

1261 density of the solution (density of 40% sucrose is 1.176g/mL at 20°C, assuming the  
1262 density doesn't change drastically at 4°C),  $f_t$  is the frictional coefficient,  $N_A$  is the  
1263 Avogadro's number,  $r$  is the radius, and  $\eta$  is viscosity (viscosity of 40% sucrose is 11.44cP  
1264 or 11.44 g/(m·s) at 5°C).

1265 The radius of the aggregate can be estimated as

1266 
$$r = \sqrt{\frac{9}{2} \cdot \frac{s\bar{v}\eta}{(1-\bar{v}\rho)}}$$

1267 and the molecular weight can be subsequently estimated as

1268 
$$M = \frac{4}{3} \pi r^3 \cdot \frac{N_A}{\bar{v}}$$

1269 Substituting the particle sedimentation coefficient of 164 S and 8804 S respectively  
1270 into the equations, we arrived at a size estimate of 66 – 484 nm (radius) and  $1.03 \times 10^6$  –  
1271  $4.03 \times 10^8$  kDa for the isolated aggregates.

1272 In summary, our aggregate isolation protocol should theoretically physically  
1273 separate protein aggregates (size ranging from ~ 164–8804 Svedberg units, ~132 – 968  
1274 nm in diameter or  $\sim 1.03 \times 10^6$  –  $4.03 \times 10^8$  kDa assuming spherical shape) from the  
1275 soluble proteome, large complex (e.g. ribonucleoprotein particles spliceosome with size  
1276 ranging from ~30-100 Svedberg units, ~30 nm in diameter or ~2-20 mega-Dalton (Spann  
1277 et al., 1989; Will and Luhrmann, 2011; Zhang et al., 2017), subcellular organelles, and  
1278 large biomolecular condensates (e.g. P-bodies) (Figure S1D).

1279

## 1280 **Mass Spectrometry Sample Preparation and Analysis**

1281 Following tissue lysate (TL) extraction and aggregate (AGG) isolation, samples were re-  
1282 suspended in 8M urea and ProteaseMAX (Promega) and were subsequently subjected



1283 to reduction (with 10 mM DTT for 30 min at 55°C) and alkylation (with 30 mM acrylamide  
1284 for 30 min at room temperature) followed by trypsin digestion (1:50 concentration ratio of  
1285 sequencing grade trypsin to total protein overnight at 37°C followed by quenching with 25  
1286  $\mu$ L of 50% formic acid to pH below 3.0). The digested peptides from different samples of  
1287 the same organ were separately quantified and equal amount of peptide samples were  
1288 labeled with TMT10plex mass tag before mass spectrometry analysis. In particular, equal  
1289 amounts of TL or AGG (3-10  $\mu$ g of peptide depending on the organ/tissue) from each  
1290 sample was labeled with 9 different TMT-10plex tags accordingly to the manufacturer's  
1291 protocols (cat# 90110, Thermo Scientific). The same mass tag and sample assignment  
1292 was maintained throughout the entire study (old samples were labeled with TMT<sup>10</sup>-126,  
1293 TMT<sup>10</sup>-127N, and TMT<sup>10</sup>-127C respectively; young samples were labeled with TMT<sup>10</sup>-  
1294 128N, TMT<sup>10</sup>-128C, and TMT<sup>10</sup>-129N respectively; and *TERT* <sup>$\Delta 8/\Delta 8$</sup>  samples were labeled  
1295 with TMT<sup>10</sup>-129C, TMT<sup>10</sup>-130N, and TMT<sup>10</sup>-130C respectively). One ninth of each sample  
1296 (equal amount of peptide across all TL or AGG samples from a tissue/organ) were pooled  
1297 after trypsin digestion and labeled with the 10<sup>th</sup> TMT tag to serve as the reference channel  
1298 for internal normalization. Post-labeling, each set of samples were further cleaned up with  
1299 C18 peptide desalting columns and went through high pH reverse phase fractionation into  
1300 3 (brain, liver, and gut) or 4 (heart, muscle, skin, and testis) fractions and all fractions  
1301 were run independently on an Orbitrap Fusion (Thermo Scientific) mass spectrometer  
1302 coupled to an Acquity M-Class nanoLC (Waters Corporation). Data searches were  
1303 conducted with killifish proteome downloaded from NCBI release 100 (available in the  
1304 MassIVE dataset and the GitHub repository for this paper). Mass spectra were analyzed  
1305 using Proteome Discoverer v2.0 (Thermo Scientific) for MS3 quantification of tandem

1306 mass tag reporter ions and the Byonic v2.6.49 search algorithm node for peptide  
1307 identification and protein inference. Briefly, a mass spectrometry analysis allowed for fully  
1308 tryptic digestion with up to two missed cleavages. A 12 ppm mass accuracy was tolerated  
1309 for precursor and MS3 HCD fragments, *i.e.*, reporter ions, and 0.3 Da mass accuracy for  
1310 CID fragmentation at the MS2 level. Static modifications include cysteine  
1311 carbamidomethylation and TMT labels on peptide N-termini and lysine residues.  
1312 Oxidation of methionine and deamidation of aspartate and glutamine were considered as  
1313 dynamic modifications. Peptides and proteins were cut at the 1% FDR level using the  
1314 Byonic node. Reporter ion intensities were normalized against a pooled sample  
1315 containing each of the other samples in a given sample run and reported relative to these  
1316 pooled samples. These ratios were exported for analysis at both the protein and PSM  
1317 (Peptide Spectrum Match) level. The mass spectrometry raw data, summary table of the  
1318 reporter ion ratios at protein and PSM levels, as well as protein sequence FASTA files  
1319 use for the search have been deposited to MassIVE with a dataset id as MSV000086315.

1320

### 1321 **Annotation of the NCBI Genes Models of Turquoise Killifish**

1322 We used the African turquoise killifish (*N. furzeri*) NCBI annotation release 100 for our  
1323 analysis. The majority of the gene models in this annotation only have a locus number.  
1324 Therefore, we re-annotated all the killifish gene model names based on orthology  
1325 analyses with 40 species including mammals, fish and invertebrates. We selected the  
1326 consensus symbols for the locus assigned by NCBI as our final symbols and re-annotated  
1327 the genes using a naming scheme Gene\_Name(n of m) if there were duplicates in the  
1328 killifish genome. For most of the analyses, human orthologs were reported or used in

1329 database search, unless otherwise noted. The annotation and human orthologs used in  
1330 this killifish study can be found in Table S2C.

1331

### 1332 **Mass Spectrometry Data Normalization and Analysis of Age-associated Changes**

1333 The target protein results including the reporter ion ratios and total number of spectra  
1334 assigned to peptides from this protein (# PSMs) were further processed to infer the  
1335 abundance of each protein in each sample. First, the human contaminants were removed.  
1336 Next, the protein abundance of each sample was inferred from its PSM contribution (or  
1337 equivalently each TMT10plex tag), calculated by multiplying the total number of PSMs for  
1338 a protein by the fraction of reporter ion signal that came from this channel (ratio of query  
1339 channel divided by sum of the ratios across all channels, note that the TMT-131 was the  
1340 normalization channel and contributed as 1 to the overall signal). Because equal amounts  
1341 (by mass) of peptides were loaded in each channel, we normalized the sum of PSMs for  
1342 all proteins in a channel to a constant of 100,000. The resulting normalized counts of  
1343 PSMs for a protein in a sample represent the final reported protein abundance  
1344 (PSMsNorm). We log<sub>2</sub>-transformed the protein abundance (log<sub>2</sub>\_PSMsNorm) and the  
1345 resulting protein abundance for each tissue effectively followed a normal distribution  
1346 (Figure S3A). We then used the normally distributed log<sub>2</sub>-transformed protein abundance  
1347 to perform parametric statistical tests (i.e. Student's t-test), as is often done for proteomics  
1348 datasets (Klann et al., 2020; Li et al., 2019; Mirzaei et al., 2017; Navarrete-Perea et al.,  
1349 2018; Nusinow et al., 2020; Zhang and Elias, 2017).

1350 The age-associated changes in a protein in either tissue lysate or aggregate  
1351 fraction were calculated as the fold change in the average abundance of a protein

1352 between the two age/disease groups. Both fold change (i.e. OvY\_FC for the fold change  
1353 of old divided by young) and log2-transformed fold change (i.e. OvY\_logFC was the log2-  
1354 transformed fold change of old divided by young) are reported in Table S2. The p-values  
1355 were assessed using a Student's t-test with log2-transformed protein abundance of the  
1356 two age/disease group (i.e. OvY\_pval).

1357 We defined the term 'aggregation propensity' (PROP) to infer the intrinsic  
1358 likelihood of a protein to aggregate, scored by dividing the abundance of a protein in the  
1359 aggregate fraction (AGG) by its tissue lysate (TL) abundance. Note that this metric can  
1360 only be reported when a protein is identified in both the TL and AGG fractions. Proteins  
1361 that were only detected in AGG but not in TL make up about 0.8-1.7% (median 1.3%,  
1362 average 1.2%) of total AGG signal and their abundance changes were analyzed at the  
1363 AGG level only. Because each channel represents the tissue sample from an individual  
1364 fish, we reported the aggregation propensity of a protein for each sample. The age-  
1365 associated changes in aggregation propensity (i.e. OvY\_prop\_FC) were calculated as the  
1366 fold change in the average aggregation propensity of a protein between the two  
1367 age/disease groups. The log2-transformed fold change (i.e. OvY\_prop\_logFC) was  
1368 reported as well. Student's t-tests were performed on the log2-transformed aggregation  
1369 propensity of the different conditions (young, old, old *TERT*<sup>Δ8/Δ8</sup> mutants). The resulting  
1370 p-values were reported (OvY\_prop\_pval) to assess whether the changes between  
1371 conditions were statistically significant.

1372

### 1373 **Reproducibility Between Proteomic Samples**

1374 The reproducibility of the proteomic datasets was assessed by comparing the measured  
1375 protein abundance between one biological replicate and another (log2-transformed  
1376 normalized PSMs, log2\_PSMsNorm). There are 3 biological replicates for each condition  
1377 (young, old, old *TERT*<sup>Δ8/Δ8</sup> mutants), and they were all compared to one another both for  
1378 tissue lysate (TL) and aggregates (AGG). The resulting Pearson's correlation coefficient  
1379 was reported (Figure 1D and Figure S1F).

1380

### 1381 **Biophysical and Sequences Features of Aggregation-Prone Proteins**

1382 The complete list of properties analyzed include:

- 1383 • “AA Length” – the protein amino acid length;
- 1384 • “count Neg” –the number of negatively charged residues (D, E);
- 1385 • “count Neut” – the number of polar neutral residues (S, T, N, Q);
- 1386 • “count Pos” – the number of positively charged residues (H, K, R);
- 1387 • “delta” – protein charge patterning parameter obtained when calculating kappa  
1388 using the localCIDER developed by the Pappu lab (Holehouse et al., 2017)
- 1389 • “deltaMax” – the maximum possible delta value for a sequence of this composition  
1390 when calculating kappa (Das and Pappu, 2013);
- 1391 • “kappa” – protein charge patterning parameter defined as a ratio of the sequence's  
1392 delta over the maximum possible value for a sequence of that composition (Das  
1393 and Pappu, 2013);
- 1394 • “kappa\_afterPhos” – the protein charge patterning parameter kappa assuming full  
1395 phosphorylation (Das and Pappu, 2013);

- 1396 • “Omega” –Omega defines the patterning between charged/proline residues and  
1397 all other residues (Martin et al., 2016);
- 1398 • “Disordered Fraction” – the fraction of total residues with a DISOPRED3 score  
1399 above 0.5 (Jones and Cozzetto, 2015);
- 1400 • “DISOPRED max disorder” – the maximum stretch of disorder predicted by  
1401 DISOPRED3 (Jones and Cozzetto, 2015);
- 1402 • “Flmaxrun” or “FoldIndex max disorder” – the maximum stretch of disorder  
1403 predicted by FoldIndex (Prilusky et al., 2005);
- 1404 • “Flmeancombo” – the disorder score for (disorder score for entire protein defined  
1405 as  $2.785\langle H \rangle - |\langle R \rangle| - 1.151$ , where  $\langle H \rangle$  is the Uversky hydrophathy score and  $\langle R \rangle$   
1406 is mean charge;
- 1407 • “FFInumaa” – the number of amino acids predicted to be disordered by FoldIndex  
1408 (Prilusky et al., 2005);
- 1409 • “FoldIndex disorder fraction” – the fraction of total disorder residues predicted by  
1410 FoldIndex;
- 1411 • “Frac\_aliphatic” – the fraction of non-polar aliphatic residues (A, V, L, I, and M);
- 1412 • “Frac\_aromatic” – the fraction of non-polar aromatic residues (F, Y, and W);
- 1413 • “Frac\_Neu” – the fraction of polar neutral residues (S, T, N and Q);
- 1414 • “Frac\_Neg” – the fraction of negatively charged residues (D and E);
- 1415 • “Frac\_pos” – the fraction of positively charged residues (H, K, and R);
- 1416 • “FracCharged” – fraction of charged residues (H, K, R, D, and E);
- 1417 • “fraction of chain expansion” – the fraction of residues that contribute to chain  
1418 expansion (E/D/R/K/P) (Holehouse et al., 2017);

- 1419 • “fraction of disorder promoting” – fraction of residues that is predicted to be  
1420 ‘disorder promoting’ in TOP-IDP-scale (Campen et al., 2008);
- 1421 • “Frac\_QN” – the fraction of Q and N residues;
- 1422 • “MeanNetCharge” – absolute mean net charge of a particular protein sequence;
- 1423 • “MW” – the protein molecular weight;
- 1424 • “Michelitsch-Weissman score” – prion score predicted by the method developed  
1425 by the Weissman lab, equivalent to maximum number of Qs and Ns in a window  
1426 of at most 80 amino acids (Michelitsch and Weissman, 2000);
- 1427 • “MWlen” – the length of prion-like region predicted from the method developed by  
1428 the Weissman lab (Michelitsch and Weissman, 2000);
- 1429 • “PAPApron” or “PAPA prion propensity” – the predicted prion propensity by PAPA  
1430 (Toombs et al., 2012);
- 1431 • “NCPR” – the net charge per residue of a protein;
- 1432 • “NLLR” or “normalized PLAAC score” –the normalized prion score NLLR predicted  
1433 by PLAAC (Lancaster et al., 2014);
- 1434 • “pI” – the predicted isoelectric point for a particular protein based on ExPASy  
1435 ([https://web.expasy.org/compute\\_pi/](https://web.expasy.org/compute_pi/));
- 1436 • “phasePlotRegion” – the region on the Das-Pappu diagram of states for a particular  
1437 protein based on its sequence (Das and Pappu, 2013);
- 1438 • “uversky hydrophathy” – mean hydrophathy as calculated from a skewed Kyte-  
1439 Doolittle hydrophobicity scale (Kyte and Doolittle, 1982).
- 1440 • “Ka” – non-synonymous evolutionary rates for the African killifish protein-coding  
1441 genes

1442 • “Ks” – synonymous evolutionary rates for the African killifish protein-coding genes  
1443 for the African killifish protein-coding genes

1444 • “Ka/Ks” – the ratio of non-synonymous over synonymous evolutionary rates.

1445 To compute non-synonymous (Ka or dN) and synonymous (Ks or dS) evolutionary  
1446 rates for the African killifish protein-coding genes, we first identified one-to-one orthologs  
1447 among all the protein-coding genes in the African turquoise killifish, fugu, medaka,  
1448 stickleback, tetraodon, and zebrafish using proteinortho (v5.15) (Lechler et al., 2017). We  
1449 used the coding sequence corresponding to the longest isoform for alternative spliced  
1450 genes. The coding sequences for the clusters that had a single orthologs for each of these  
1451 species were aligned using prank (version v.140603) (Maiolo et al., 2018) and these  
1452 codon-based alignments were filtered using GUIDANCE (version 2.0) (Sela et al., 2015).  
1453 The Ka, Ks and Ka/Ks were computed using Yang and Nielsen algorithm implemented in  
1454 Phylogenetic Analysis by Maximum Likelihood (PAML version 4.8) (Yang, 2007).

1455 Because some of the sequence features did not conform to a normal distribution  
1456 among detected proteins, we performed Monte Carlo sampling to determine the statistical  
1457 significance of any enrichments or depletions. This analysis was performed on proteins  
1458 that were aggregation-prone (with an aggregate abundance z-score >2, or roughly two  
1459 standard deviations away from population mean, as a cutoff) and showed an age-  
1460 associated increase in aggregation (paired t-test p-value <0.05 and OvY\_logFC (log2  
1461 transformed fold change of AGG or PROP from old over young animals) z-score above  
1462 0.75). One-tailed statistical tests were performed for each tissue. Proteins identified in the  
1463 tissue (either in the AGG or TL fraction) were sampled 10,000 times (with replacement)  
1464 drawing exactly the same number of proteins as the query set to generate sample



1465 distributions. For the analysis on sequence properties for the aggregate fraction, the  
1466 sampling of each protein was weighted by their relative abundance inferred from tissue  
1467 lysate abundance in the young samples (sampling weight for a query protein was  
1468 calculated as the ratio of total peptide spectrum matches of query protein to total peptide  
1469 spectrum matches in tissue lysate sample) under the assumption that the null population  
1470 can be modeled in a purely stochastic way dependent only on relative protein abundance.  
1471 For analysis of sequence properties for the tissue lysate fraction and for aggregation  
1472 propensity, samples of each protein were assigned equal weights (based on the  
1473 assumption that there is no inherent abundance-dependent bias in sequence properties  
1474 of most proteins). If the protein count information in the tissue lysate was not available,  
1475 by definition, there was zero chance of sampling in the Monte Carlo simulation.

1476       To infer if there was significant enrichment for properties of interest (except for  
1477 PLACC score and Disordered Fraction), the p-value for each query protein set (i.e.  
1478 aggregation prone proteins or age-associated aggregates) was obtained by calculating  
1479 the fraction of samples that had a sample mean greater or smaller than query protein set.  
1480 For normalized PLAAC score (“NLLR”), we used a minimum cutoff of 0 to classify protein  
1481 as harboring a putative prion-like domain (~7.0% of the killifish proteome and ~6.8% of  
1482 the detected killifish proteome met this cutoff respectively). Likewise, we used a threshold  
1483 of 0.3 for Disordered Fraction (based on DISOPRED3 disorder) to determine whether a  
1484 query protein is a putative intrinsically disordered protein (~35.1% of the entire killifish  
1485 proteome and ~27.1% of the detected killifish proteome exceeded this cutoff). The p-  
1486 values for enrichment of putative prions and intrinsically disordered proteins were

1487 obtained by calculating the fraction of samples that had higher prion-like or disordered  
1488 fractions than the bona fide query protein set.

1489 In Figure 3B, only those enrichments with a p-values below 0.05 were visualized  
1490 as a non-gray square. The colors in the heatmap indicate the z-score of average feature  
1491 value from the query set compared to randomly sampled test population mean, reflecting  
1492 the extent of the enrichment of the indicated property.

1493

1494 **Exogenous Expression of Age-associated Aggregation-prone Proteins in *S.***  
1495 ***cerevisiae***

1496 Proteins with statistically significant (paired t-test p-value < 0.05) increase in aggregation  
1497 propensity and/or aggregate abundance in old samples were cloned with custom DNA  
1498 oligonucleotides (Table S19C) from killifish cDNA prepared from total RNA pooled from  
1499 liver, brain, and muscle tissues. Briefly, liver, brain, and muscle tissues from male African  
1500 turquoise killifish *N. furzeri* were individually homogenized in RLT buffer (RNeasy Kit, #  
1501 74104 QIAGEN) using 0.5 mm Silica disruption beads (RPI-9834) and a tissue  
1502 homogenizer (FastPrep-24, 116004500 - MP Biomedicals). Total RNA was isolated from  
1503 the lysed tissues according to the RNeasy Kit protocol. cDNA was prepared from the total  
1504 RNA from pooled liver, brain, and muscle tissues with high-capacity cDNA RT kit (Applied  
1505 Biosystems, 4368814) using random primers, and according to the manufacturers'  
1506 protocol. cDNA was amplified using custom DNA oligonucleotides (from IDT, Table S19C)  
1507 and Phusion DNA Polymerase (Cat# F530L, Thermo Fisher Scientific), then cloned into  
1508 a gateway entry vector (pDONR221, Cat# 12536017, Invitrogen). The resulting  
1509 constructs were sequence verified against the annotated killifish genome (Table S1). The

1510 sequence-verified killifish ORFs were then cloned into a yeast gateway vector to allow  
1511 GAL-inducible expression of the ORF with a C-terminal EGFP tag in yeast (pAG416GAL-  
1512 ccdB-EGFP in Lindquist Advanced Gateway Vector Collection (Alberti et al., 2007)). The  
1513 yeast expression plasmid (low-copy, CEN) for each protein was transformed into the  
1514 standard laboratory strain BY4741. The strains bearing the plasmids were inoculated  
1515 overnight in defined medium containing 2% raffinose as a carbon source (0.77 g of CSM-  
1516 URA, 6.7 g of yeast nitrogen base without amino acid, and 20 g raffinose in 1 L media),  
1517 then washed, diluted and switched to the same medium containing 2% galactose as a  
1518 carbon source (0.77 g of CSM-URA, 6.7 g of yeast nitrogen base without amino acid, and  
1519 20 g galactose in 1 L media) to induce protein expression. The overnight culture generally  
1520 reached an OD<sub>600</sub> of 0.9-1 and was diluted to an OD<sub>600</sub> of ~0.1 prior to induction for 6-8  
1521 h, during which the OD<sub>600</sub> of the cultures reached mid-exponential phase (OD<sub>600</sub> ~0.4-0.6).  
1522 Microscopy images were all taken during mid-exponential phase using a Leica inverted  
1523 fluorescence microscope with a Hamamatsu Orca 4.0 camera. Exposure times were  
1524 100 ms in the DIC channel and 50-500 ms in the fluorescent channel depending upon the  
1525 signal strength of each GFP fusion protein (GFP excitation: 450–490 nm; emission: 500–  
1526 550 nm; software: LASX DMI6000B; refraction index: 1.518; aperture: 1.4; exposure time:  
1527 50, 250, and 500ms).

1528

### 1529 **Support Vector Machine Classifier for Protein Aggregation State in Yeast**

1530 The support vector machine classifier was implemented in Python 2.7.15 using the  
1531 sklearn module to identify the combination of parameters that most robustly separate the  
1532 punctate and diffuse proteins in the yeast over-expression assay. We included our mass

1533 spectrometry data as well as the computed biophysical properties as features (the same  
1534 features visualized in heatmaps in Figure 3B) to maximize the possible search space.  
1535 Because the total number of experimentally tested proteins are small (47) compared to  
1536 the number of possible features, we built a simple classifier that relies on fewer features  
1537 to avoid overfitting. After transforming the features using standard score calculator  
1538 (StandardScaler function, equivalent to z-score calculation), we iteratively tested two  
1539 pairs of features at a time using a linear kernel function while fixing the regularization  
1540 parameter C to 1. We performed cross-validation by splitting the dataset (20% of the data  
1541 was reserved as test set), fitting a model, and computing the accuracy score 50  
1542 consecutive times. The score for each iteration for each pair is provided in Table S10 as  
1543 well as the average score and the standard deviation. The OvY\_prop\_logFC (log2-  
1544 transformed fold change of aggregation propensity in old over young animals) and charge  
1545 patterning metric delta scored the best after cross-validation. The charge patterning  
1546 metric delta in particular emerged as a key feature among the best performing two-feature  
1547 classifiers we tested. The regularization parameter C for the two-feature linear support  
1548 vector machine classifier went through further finetuning (vary C from 0.01 to 10) and the  
1549 best hyperplane (with the highest accuracy score) that separates the two classes (diffuse  
1550 and punctate proteins) among all proteins is plotted in Figure 4D.

1551

### 1552 **Quantification of Cell Cycle Stages to Infer Tissue Proliferation Index**

1553 Three adult (2.5 months old) male transgenic killifish (*Nothobranchius furzeri*, GRZ strain)  
1554 were used, carrying the cell-cycle dual FUCCI reporter (Dolfi et al., 2019) that allows for  
1555 simple visualization of cell cycle using FACS. Fish were sedated in 200mg/L of Tricain

1556 (Sigma-Aldrich, A5040), and then euthanized in 500mg/L of Tricain in system water.  
1557 Dissections were carried out under a stereo binocular (Leica S9E) at room temperature.  
1558 Tissues (brain, gut, heart, liver, muscle, skin, and testis) were dissected from each fish  
1559 and kept on ice in full medium (L15, 1% penicillin-streptomycin, 50 µg/µl gentamicin, 15%  
1560 FBS). When all dissections were complete, organs were washed once with L15, and  
1561 media was replaced with replaced with digestion media (400 µl 0.25% trypsin) at 28°C for  
1562 2 hours. After 2h, additional mechanical dissociation was applied by pipetting up and  
1563 down with a 1ml tip for 15 minutes, followed by addition of 800µl of full media to stop  
1564 enzymatic digestion. Dissociated cells were passed through a 100µm cell strainer prior to  
1565 FACS analysis. For FACS analysis, cells from each tissue separately were stained with  
1566 DAPI (0.1 µ g/ml), incubated for 15 minutes, and analyzed for GFP, RFP, and DAPI  
1567 intensity using a CellStream™ analyzer FACS (Merck Millipore). Data analysis was  
1568 performed with the integrates CellStream™ Acquisition and Analysis Software.

1569

### 1570 **Disease Association Analysis**

1571 The disease association analysis was limited to proteins that were known to be  
1572 associated with human Mendelian diseases (based on Online Mendelian Inheritance in  
1573 Man, OMIM database downloaded on March 26, 2019). We focused our analysis on  
1574 proteins with significant age-associated increase in aggregate abundance or aggregation  
1575 propensity. A select group of proteins was highlighted and the abundance of these  
1576 proteins in TL and AGG of young and old samples were visualized.

1577

### 1578 **Figure Generation**

1579 **Principal Component Analysis (PCA)**

1580 Principal Component Analysis (PCA) was performed in Python (version 2.7.15) using  
1581 sklearn.decomposition.PCA function on the standardized log2-transformed normalized  
1582 abundance for each protein in tissue lysate (TL) or protein aggregate (AGG) fractions  
1583 (use sklearn.preprocessing.StandardScaler function for standardization) across different  
1584 conditions (young, old, and old *TERT*<sup>Δ8/Δ8</sup> mutants).

1585

1586 **Seven-way Venn Diagram on Overlap Among Identified Proteins**

1587 This 7-way venn diagram was generated in R (version 3.5.1) using venn function in R  
1588 package venn (version 1.7) on proteins detected in all seven tissues in tissue lysate  
1589 (TL) and aggregate (AGG) fraction.

1590

1591 **Triangular Heatmap on Shared and Tissue-specific Changes Across Tissues**

1592 Tissue pair-wise comparison on shared and tissue-specific proteins identified in each  
1593 category (proteins identified in TL or AGG, proteins with significant age-associated  
1594 increase in TL/AGG/PROP where TL = tissue lysate abundance, AGG = aggregate  
1595 abundance, PROP = aggregation propensity) were visualized in a heatmap. The number  
1596 in each square represents the total number of shared proteins identified in the two tissues  
1597 specified by the row label and column label.

1598

1599 **Heatmaps on Differential Changes in Tissue Lysate, Aggregate, and Aggregation**

1600 **Propensity**

1601 For each comparison (e.g. old vs young, old *TERT*<sup>Δ8/Δ8</sup> vs young, and old *TERT*<sup>Δ8/Δ8</sup> vs  
1602 old), we used all the proteins (in TL, AGG, or PROP) that were significantly upregulated  
1603 or down-regulated (p-value < 0.05) in at least one tissue. Proteins were sorted into two  
1604 categories: 1) tissue-specific (proteins that had a significant up- or down-regulation in TL,  
1605 AGG, or PROP in only a single tissue) at the top, or 2) shared (proteins that had a  
1606 significantly up- or down-regulation in TL, AGG, or PROP in at least two tissues) at the  
1607 bottom. The log2-transformed fold change results for the significant terms were colored  
1608 in the heatmap with custom color bar (Figure 2A and S2C).

1609

### 1610 **Functional Enrichment Analysis**

1611 We identified enriched functional terms corresponding to Gene Ontology (GO), Diseases  
1612 Ontology (DO), KEGG, KEGG-Modules and two MSigDb collections (Cellular Component  
1613 and Hallmark Pathways) using Gene Set Enrichment Analysis (GSEA) implemented in R  
1614 package clusterProfiler (version 3.10.1) (Yu et al., 2012). A separate enrichment analysis  
1615 was performed on tissue lysate (TL) protein abundance, aggregate (AGG) protein  
1616 abundance, and aggregation propensity (PROP) for each comparison (e.g. old vs young,  
1617 old *TERT*<sup>Δ8/Δ8</sup> vs young and old *TERT*<sup>Δ8/Δ8</sup> vs old) for each tissue, and then combined and  
1618 plotted based on shared functional terms. The protein lists were ranked and sorted in  
1619 descending order based on multiplication of log2-transformed fold change and  $-\log_{10}(\text{p-}$   
1620  $\text{value})$ . Note that due to random seeding effect in GSEA, the exact p-value and rank of  
1621 the enriched terms may differ modestly for each run. This random seeding did not affect  
1622 the enrichment analyses qualitatively.

1623

## 1624 **Heatmap on Functional Enrichment Analysis**

1625 Based on the functional enrichment analysis, we selected a short list of KEGG terms and  
1626 visualized them as seen in Figure 2D. The top 3 significantly ( $p$ -value  $< 0.05$ ) enriched  
1627 Kyoto Encyclopedia of Genes and Genome (KEGG) terms with the highest normalized  
1628 enrichment scores (NES) in every tissue were shown for TL, AGG, and PROP. Tissues-  
1629 specific terms were placed on top whereas shared terms were placed at the bottom. The  
1630 full lists of enrichment terms are available in Table S6. The color was scaled according to  
1631 the rank statistic as computed by  $-\log_{10}(p\text{-value}) * \log_2(\text{fold change})$ .

1632

## 1633 **Analysis of Subcellular Localization**

1634 The cellular localization of killifish proteins was assumed to be similar to their human  
1635 homologs. The assignment of killifish protein cellular compartment is available in Table  
1636 S7A. Human protein localization information was retrieved from the Gene Ontology  
1637 Consortium curated GO terms (downloaded on May 9, 2019). The GO annotations  
1638 (go.obo) were first parsed into a table (go\_obo\_table.csv) where the GO term ID, name,  
1639 namespace, definition, and parent GO term information were retained. Next, the human  
1640 GO table (goa\_human.gaf), which contains human protein IDs in UniProtKB and their  
1641 associated GO terms IDs from various databases including GO and Reactome, was  
1642 merged with GO annotation table (go.obo) so each human protein and all its  
1643 corresponding GO terms information including name, namespace, and definition are  
1644 available in one table. Because we use human Ensembl ID as unique identifier to map  
1645 killifish proteins with their human orthologs (Table S2D), we retrieved the one-to-one map  
1646 of Ensembl IDs to Uniprot IDs for each human protein from BIOMART and incorporated



1647 this to the human GO table (goa\_human\_ensembl.csv). We then assigned the cellular  
1648 compartment of killifish proteins based on that of their human homologs (results in  
1649 killifish\_human\_go.csv, available in GitHub repository associated with this manuscript).  
1650 Because the GO terms compile information from multiple databases, there some  
1651 redundancy among them. Therefore, to streamline the analysis, we primarily used  
1652 the “cellular component” entries from Uniprot and Reactome as the other databases were  
1653 less comprehensive and corresponded well with these two where there was overlap.  
1654 Furthermore, we manually curated the cellular localization terms by using the more  
1655 general classification (73 unique terms). For example, endoplasmic reticulum membrane  
1656 and endoplasmic reticulum quality control compartment were combined into ‘endoplasmic  
1657 reticulum’. The exact inclusion term and their classifications are available in  
1658 reactome\_CM\_cleanup.csv for entries from Reactome and in uniprot\_CM\_cleanup.csv  
1659 for entries from Uniprot. The final putative cellular compartment assignment of killifish  
1660 proteins is available in Table S7A. The intermediate output is available in the GitHub  
1661 repository (<https://github.com/ywrchen/killifish-aging-aggregates>) for this paper.

1662 We first calculated the fraction of the observed proteome that is present in each  
1663 subcellular location. If a protein was localized to multiple compartments, one count was  
1664 assigned to each of them. To generate a comprehensive map of the subcellular  
1665 localization of proteins that experienced age-associated changes in the TL and AGG  
1666 fractions, we computed the fraction of proteins that reside in different cellular  
1667 compartment for every issue. Results from cellular compartments that showed large  
1668 tissue-specific differences were visualized in the donut plot in Figure 2E and Figure S2G.  
1669 The quantification and visualization of cellular localization was performed in Python 2.7.15.

1670 In these donut plots, the reported percentage value (%) in the center is the average  
1671 fraction of proteins that reside in the query compartment across tissues. If none of the  
1672 proteins reside in a compartment for a given tissue, this tissue was not counted towards  
1673 the calculation of average fraction and was omitted in the donut plot. The width of each  
1674 slice for a tissue reflects the magnitude of the fraction (i.e. a tissue where more proteins  
1675 come from a query compartment yields a larger slice of the donut).

1676

### 1677 **Charge Distribution Analysis and Visualization**

1678 The protein sequence feature analysis is described in “Biophysical and Sequences  
1679 Features of Age-associated Aggregation-Prone Proteins” section. The “NCPR” (net  
1680 charge per residue based on neighboring 5 amino acids, NCPR\_blobLen5 in CIDER  
1681 output) and hydrophathy per residue (“hydrophathy\_blobLen5” based on the neighboring 5  
1682 amino acids) were obtained from localCIDER. Net positive charge and net negative  
1683 charge residues were differentially colored along the protein sequence. A residue was  
1684 considered hydrophobic if its hydrophathy score exceeded 0.5 and was assigned a yellow  
1685 bar for visualization. The disorder score profile was obtained from DISOPRED 3.

1686

### 1687 **References – STAR METHODS**

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2008
- 2009
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- 2012 **SUPPLEMENTAL INFORMATION**
- 2013 Supplemental Information includes seven figures and 19 tables.
- 2014

2015 **FIGURE LEGENDS**

2016 **Figure 1. Quantitative proteomics of tissue lysate and aggregate fractions in**  
2017 **young, old, and old telomerase mutant killifish.**

2018 (A) Experimental workflow of tissue lysate extraction and isolation of high molecular  
2019 weight protein aggregate fraction for tandem mass tag (TMT)-based quantitative mass  
2020 spectrometry analysis. Killifish tissues were homogenized to isolate tissue lysates (TL)  
2021 and a high molecular weight fraction enriched with protein aggregates (AGG). The TL or  
2022 AGG fraction from each tissue was trypsin-digested, and the resulting peptides were  
2023 labeled with 10plex-TMT isobaric tags, then subjected to high pH reverse phase  
2024 fractionation, and analyzed on Thermo Orbitrap Fusion mass spectrometer.

2025 (B) Experimental design. Seven tissues (brain, gut, heart, liver, muscle, skin and testis)  
2026 from 3 young (3.5 months), 3 old (7 months), and 3 old (7 months)  $TERT^{\Delta 8/\Delta 8}$  male killifish  
2027 were collected (except for testis in old  $TERT^{\Delta 8/\Delta 8}$  killifish). Each tissue from an individual  
2028 fish was homogenized to isolate the TL and AGG fractions (see Figure 1A). (C) Silver  
2029 stain of tissue lysate and high molecular weight aggregate fractions from young, old, and  
2030 old  $TERT^{\Delta 8/\Delta 8}$  killifish brain and liver. Total tissue lysate (TL) and high molecular weight  
2031 aggregate fraction (AGG) were resuspended in 5% SDS-sample buffer (without boiling),  
2032 resolved by SDS-PAGE, and the gels were stained with silver stain. The brain image was  
2033 also used in brain paper.

2034 (D) Reproducibility of aggregate abundance between biological replicates. Correlation  
2035 between aggregate abundance (log2 transformed normalized peptide spectra counts) in  
2036 AGG sample from Young fish #1 (x-axis) and Young fish #2 (y-axis) for each tissue, as  
2037 quantified by TMT mass spectrometry analysis. Pearson's correlation coefficient  $r$  is

2038 reported. Correlations between AGG samples from young fish #1 with young fish #3,  
2039 young fish #2 with young #3, and similarly between 3 biological replicates for old fish and  
2040 old *TERT* <sup>$\Delta 8/\Delta 8$</sup>  fish are in Figure S1F. Similarly, correlations between TL samples from 3  
2041 biological replicates are in Figure S1F. Pearson's correlation coefficients for all pairs of  
2042 biological replicates are in Table S2B. Unit for y-axis a.u. stands for arbitrary units.

2043 (E) Principal component analysis (PCA) of protein abundance (log<sub>2</sub> transformed  
2044 normalized peptide spectra counts) in tissue lysate (TL) and high molecular weight  
2045 aggregate fractions (AGG) in each tissue. Each symbol represents an individual fish:  
2046 young (light blue squares), old (dark blue circles), old *TERT* <sup>$\Delta 8/\Delta 8$</sup>  (grey triangles). The PCA  
2047 for brain was also reported in the accompanying paper (Harel, Chen, et al.).

2048

2049 **Figure 2. Tissue-specific changes in tissue lysate, aggregates, and aggregation**  
2050 **propensity with age.**

2051 (A) Heatmap on proteins that are significantly upregulated (yellow upward arrow, log<sub>2</sub>-  
2052 transformed fold change in protein abundance (log<sub>2</sub>FC) > 0, two-sided Student's t-test p-  
2053 value < 0.05) with age (old over young) in tissue lysate (TL), aggregate (AGG), and  
2054 aggregation propensity (PROP) across all tissues. Aggregation propensity is defined as  
2055 the ratio of protein abundance in AGG over TL. The log<sub>2</sub>FC represents the average  
2056 among 3 fish. Tissue-specific proteins (i.e. proteins with significant age-associated  
2057 changes in only a single tissue) are at the top, and shared proteins (i.e. proteins with age-  
2058 associated significant changes in at least two tissues) are at the bottom. The heatmaps  
2059 are scaled based on total number of proteins with such significant positive differential

2060 changes (shown in bracket for TL/AGG/PROP). The identities of proteins significantly  
2061 upregulated with age are listed in Table S5A-C.

2062 (B) Percentage of shared and tissue-specific changes among the entire dataset that  
2063 showed a significant increase (log<sub>2</sub>-transformed protein abundance fold change (log<sub>2</sub>FC) >  
2064 0, two-sided Student's t-test p-value < 0.05) in tissue lysate (TL) protein abundance, high  
2065 molecular weight aggregate fraction (AGG) protein abundance, or aggregation propensity  
2066 (PROP) in old compared to young fish. Shared and tissue-specific proteins were defined  
2067 as in Figure 2A. P-values are from a Chi-squared test of independence on tissue-specific  
2068 versus shared proteins across all tissues for TL and AGG, TL and PROP, and AGG and  
2069 PROP. All data are available in Table S5D.

2070 (C) Examples of proteins with a tissue-specific increase in aggregate (AGG) in old fish  
2071 compared to young fish despite similar tissue lysate (TL) abundance in different tissues.  
2072 The box shows the quartiles of the data while the whiskers extend to show the rest of the  
2073 distribution on protein abundance (y-axis) in young (Y) or old (O) samples. Each dot  
2074 represents the protein abundance of an individual fish sample. Unit for y-axis a.u. stands  
2075 for arbitrary units. P-values from Student's t-tests are reported for all aggregates; n.s.  
2076 indicates p>0.05.

2077 (D) Heatmap of significant functional and pathway enrichments identified among  
2078 upregulated proteins in aging killifish using Gene Set Enrichment Analysis (GSEA). The  
2079 proteins were ranked and sorted in descending order based on multiplication of log<sub>2</sub>-  
2080 transformed fold change and  $-\log_{10}(\text{p-value})$  between old versus young killifish (yellow  
2081 upward arrow). Due to space constraints, only the top 3 (ranked by the highest normalized  
2082 enrichment scores (NES)) significantly (p-value < 0.05) enriched Kyoto Encyclopedia of

2083 Genes and Genome (KEGG) terms in every tissue were shown for TL, AGG, and PROP.  
2084 Tissues-specific terms were placed on top, whereas shared terms were placed at the  
2085 bottom. The full lists of enrichment terms are available in Table S6. The color was scaled  
2086 according to the rank statistic computed as the product of multiplying  $-\log_{10}(\text{p-value})$  by  
2087 NES.

2088 (E) Subcellular localization and complex association of proteins with significant  
2089 accumulation of aggregate (AGG) in old tissues compared to young tissues (yellow  
2090 upward arrow). Two examples (cytosol as a compartment with little tissue-specific  
2091 differences and proteasome as a compartment exhibiting tissue-specific differences)  
2092 were illustrated on the left. The arc lengths in the doughnut plot for each tissue are  
2093 proportional to the respective fractions of aggregates that increase with age and reside in  
2094 the compartment across tissues. The average value of such fraction across all tissues is  
2095 reported in the center for each cellular compartment. Only tissues that contain proteins  
2096 with a significant age-dependent increase in aggregates residing in the cellular  
2097 compartments were visualized and counted towards the average calculation. On the right,  
2098 doughnut plots are represented in proximity to the subcellular compartment of interest.  
2099 Subcellular localization and complex association were inferred from the homologous  
2100 human proteins retrieved from UniProt. Proteins that were annotated to exist in multiple  
2101 compartments were double-counted. The fractions of upregulated aggregates residing in  
2102 all compartments in each tissue are available in Table S7.

2103

2104 **Figure 3. Features of proteins that are aggregation-prone in an age-dependent**  
2105 **manner across tissues.**

2106 (A) A schematic representation of the analysis workflow to characterize features of the  
2107 proteins detected in tissue lysate (TL) and aggregate fractions (AGG) as well as those  
2108 with age-associated changes. We included protein abundance data from this proteomic  
2109 study as well as features calculated using various computational tools. We next  
2110 conducted pair-wise correlation analysis on these features, eliminated a subset of  
2111 features that were highly correlated with others, and focused on 37 key features, including  
2112 many previously associated with protein aggregation, such as intrinsic protein disorder,  
2113 charge distribution, aromatic residue enrichment, and others across the entire killifish  
2114 proteome. We conducted Monte Carlo simulations (sample 10,000 times with  
2115 replacement) to identify sequence feature enrichment and assign statistical significance.

2116 (B) Biophysical features of proteins that contributed the most (expression z-score  $\geq 2$ ) to  
2117 aggregate burden in young animals and proteins with significant (Student t-test p-value  $<$   
2118 0.05) age-associated increase (yellow upward arrow) in aggregate (AGG) and  
2119 aggregation propensity (PROP). The features we investigated include “FoldIndex max  
2120 disorder” – the maximum stretch of disorder predicted by FoldIndex (Prilusky et al., 2005),  
2121 “DISOPRED max disorder” – the maximum stretch of disorder predicted by DISOPRED  
2122 (Jones and Cozzetto, 2015), “Fraction chain expansion” – the fraction of residues that  
2123 contribute to chain expansion (E/D/R/K/P) (Holehouse et al., 2017), “Fraction disorder  
2124 promoting” – fraction of residues that is predicted to be ‘disorder promoting’ in TOP-IDP-  
2125 scale (Campen et al., 2008), “DISOPRED disorder fraction” – the fraction of total residues  
2126 with a DISOPRED score above 0.5, “FoldIndex disorder fraction” – the fraction of total  
2127 disorder residues predicted by FoldIndex, “PAPA prion propensity” – the predicted prion  
2128 propensity by PAPA (Toombs et al., 2012), “Normalized PLAAC score” – the normalized



2129 prion score NLLR predicted by PLAAC (Lancaster et al., 2014), “Michelitsch-Weissman  
2130 score” – prion score predicted by methods developed by the Weissman lab (Michelitsch  
2131 and Weissman, 2000), fraction of Q and N residues, protein isoelectric point pI, fraction  
2132 of negatively charged residues, fraction of positively charged residues, fraction of charged  
2133 residues, protein charge patterning parameters ‘delta’, ‘kappa’, and ‘Omega’ (Das and  
2134 Pappu, 2013), mean net charge, protein hydrophathy, fraction of neutral, aromatic, and  
2135 aliphatic residues, non-synonymous evolutionary rates Ka, synonymous evolutionary  
2136 rates Ks, and their ratios Ka/Ks. A one-tailed statistical test was performed for each tissue  
2137 where aggregates from the tissue were sampled 10,000 times (with replacement),  
2138 drawing exactly the same number of proteins as the query set from a given tissue. Terms  
2139 were visualized only when the average feature value from the query set of proteins were  
2140 significantly (one-tail test at 0.05 cutoff) different from the Monte Carlo simulation derived  
2141 population distribution, whereas the nonsignificant ones were in gray. The color in the  
2142 heatmap reflected the z-score of the average feature value from the query set compared  
2143 to the Monte Carlo simulation-derived test population means. See STAR Methods for  
2144 details on the implementation and analysis of the Monte Carlo simulation. A few tissue-  
2145 specific features of proteins with increased aggregate or aggregation propensity are  
2146 highlighted with the dotted box in the heatmap. Example protein sequence feature profiles  
2147 are available in Figure 3C. See Table S8A-D for results.

2148 (C) Biophysical properties of example proteins with significantly increased aggregate  
2149 (AGG) or aggregation propensity (PROP) with age. The prion-like region (predicted by  
2150 PLAAC (Lancaster et al., 2014)), net charge per residue (localCIDER with a sliding  
2151 window of 5 residues (Das and Pappu, 2013)), and hydrophathy based on Kyte-Doolite

2152 scale (localCIDER with a sliding window of 5 residues) are illustrated for NONO, RANBP1,  
2153 and SDSL. Residues predicted to have a positive net local charge (NCPR>0) are shown  
2154 as red bars, whereas negative net local charges are shown as blue bars (middle).  
2155 Residues with local hydrophathy scores larger than 0.5 are shown as yellow bars (bottom).  
2156 Tissue-specific features (Figure 3B) are highlighted with a dotted box. The fraction of  
2157 residues that are positively charged, negatively charged, and hydrophobic are listed  
2158 underneath each protein.

2159

2160 **Figure 4. Validation of protein aggregation and identification of contributors to**  
2161 **protein aggregation *in vivo*.**

2162 (A) Schematic representation of the *S. cerevisiae* aggregation assay (1) and criteria used  
2163 to score intrinsic aggregation behavior based on fractions of cells with aggregated eGFP  
2164 morphology (2). Killifish proteins of interest (open reading frame, ORF) fused with eGFP  
2165 were expressed exogenously in yeast under a GAL1 promoter that is inducible upon  
2166 switching the sugar source of the yeast growth media from raffinose to galactose. The  
2167 percentage of cells with aggregates (fluorescent puncta) was counted. A protein is  
2168 considered diffuse if less than or equal to 10% of the cells expressing the eGFP-fusion  
2169 protein contains puncta. A protein is considered to be in punctate form if more than 10%  
2170 of the cells expressing the eGFP-fusion protein contains puncta.

2171 (B) Quantification of the percentage of cells with aggregates assessed upon  
2172 overexpression in *S. cerevisiae* as described in Figure 4A. Proteins with a significant age-  
2173 associated increase in aggregate and/or aggregation propensity (Student's t-test p-value  
2174 <0.05, log<sub>2</sub>(fold change) in AGG or PROP >0) in old versus young samples were selected,

2175 and their tissue origins (all tissue-specific) are differentiated by the colors of the dots.  
2176 Proteins were ranked based on the fraction of cells with puncta from 0 to 100%. The  
2177 dashed line represented the 10% cutoff that was used to call diffuse ( $\leq 10\%$ ) versus  
2178 punctate ( $>10\%$ ) proteins. Two independent *in vivo* aggregation experiments were  
2179 performed at 30°C and an average of ~120 EGFP-positive cells were quantified for each  
2180 protein in a given experiment. The quantification results are available in Table S9.

2181 (C) Example microscopy images of the proteins of interest (with a significant age-  
2182 associated increase in aggregate and/or aggregation propensity with age) upon  
2183 overexpression in *S. cerevisiae* as outlined in A and quantified in B. Two proteins, one  
2184 diffuse and one punctate, based on the *in vivo* assay, were chosen from each tissue. The  
2185 images chosen were representative of two independent experiments.

2186 (D) Examples of peptide sequences with varying degrees of charged residue mixing and  
2187 the corresponding delta scores (computed according to (Das and Pappu, 2013)).

2188 (E) A support vector machine classifier on *in vivo* aggregation status of age-associated  
2189 killifish aggregates (increased aggregation propensity in old over young fish) assessed  
2190 by yeast overexpression assay outlined in Figure 4A. Age-associated aggregation  
2191 propensity change and charge asymmetry deviation within a sequence (delta computed  
2192 in localCIDER) for each protein are shown in x and y axis respectively and their *in vivo*  
2193 aggregation status can be distinguished by color. Tissues where the protein exhibited  
2194 increased aggregation propensity changes are distinguished by the different marker  
2195 shapes. The solid line separates those that showed diffuse eGFP morphology upon  
2196 protein overexpression. Sequence feature profiles of two proteins (one classified as

2197 diffuse whereas the other as punctate) were generated as in Figure 3C. See STAR  
2198 Methods for details.

2199 (F) The distribution of delta values from all aggregates detected in our study and a model  
2200 that predicts proteins aggregation behavior *in vivo* based on charge patterning 'delta' and  
2201 changes in protein aggregation propensity during aging.

2202

2203 **Figure 5. Tissue-specific changes in protein quality control machinery in tissue**  
2204 **lysate and aggregate fractions during aging.**

2205 (A) Protein quality control machinery shown as protein-protein interaction networks and  
2206 their tissue lysate changes during aging in brain, liver and muscle. Proteins that are part  
2207 of protein quality control machinery (ribosome, proteasome, and chaperones) or involved  
2208 in ubiquitin proteolytic pathway (hsa04140 from KEGG database) and  
2209 autophagy/lysosomal degradation pathway (hhsa04120 from KEGG database) were  
2210 selectively analyzed. The interaction network of these proteins was inferred from the  
2211 interactions of human homologs retrieved from STRING database (Szklarczyk et al., 2019)  
2212 and visualized in Cytoscape software (high confidence setting was used where the  
2213 minimum required interaction score was 0.7 out of a normal scale of 0 to 1). The color for  
2214 each protein reflects the rank-statistics of its age-dependent tissue lysate change (defined  
2215 by the multiplication of negative log<sub>10</sub>-transformed Student's t-test derived p-value and  
2216 log<sub>2</sub>-transformed fold change in tissue lysate in old samples compared to the young  
2217 samples). The colored circles denote clusters of proteins from the same protein complex  
2218 or involved in specific protein degradation pathways.

2219 (B) Tissue lysate abundance changes of proteins involved in chaperone-mediated  
2220 autophagy (CMA) pathway and the changes of CMA-selective clients versus non-client in  
2221 aging brain. The triangle/ellipse color for each protein is indicative of its ranked statistics  
2222 ( $-\log_{10}$ -transformed p-value multiply by  $\log_2$ -transformed fold change of old over young).  
2223 Proteins in light gray label were not detected in the tissue lysate fraction in brain. CMA-  
2224 clients are proteins detected in killifish brain with peptide motif that meet the following  
2225 criteria (Kaushik and Cuervo, 2018): include a glutamine on one of the sides and contains  
2226 one or two of the positive residues K and R, one or two of the hydrophobic residues F, L,  
2227 I or V and one of the negatively charged E or D residues. The  $\log_2$ -transformed fold  
2228 change in tissue lysate and aggregate abundance of clients and non-clients in old versus  
2229 young killifish brain were separately plotted (each dot represents a single detected  
2230 protein). A boxplot is overlaid for each category and shows the quartiles of the dataset  
2231 while the whisker extends to show the rest of the distribution. Independent two-sided t-  
2232 tests were performed between clients and non-client for each sample type and the p-  
2233 values were reported.

2234 (C) Chaperone abundance changes in high molecular weight aggregate fraction between  
2235 old and young animals across all tissues. The circle color is indicative of the ranked  
2236 statistics ( $-\log_{10}$ -transformed p-value multiply by  $\log_2$ -transformed fold change of old over  
2237 young protein abundance) and the circle size is indicative of the  $-\log_{10}$ -transformed  
2238 Student's t-test p-value. Results are available in Table S11.

2239 (D) Aggregate abundance changes of TRiC and proteasome components and their clients  
2240 in the liver with age. The circle/ellipse color for each protein is indicative of its ranked  
2241 statistics ( $-\log_{10}$ -transformed p-value multiplied by  $\log_2$ -transformed fold change of old

2242 over young). Proteins in light gray labels were not detected in the aggregate fraction in  
2243 the liver.

2244 (E) Aggregate and aggregation propensity changes of TRiC clients actin and tubulin  
2245 during liver aging. The box shows the quartiles of the data while the whiskers extend to  
2246 show the rest of the distribution on protein abundance (y-axis) in young (Y) or old (O)  
2247 samples. Each dot represents the protein abundance of an individual fish sample. P-  
2248 values are from Student's t-test.

2249 (F) Model of a vicious cycle that drives protein aggregation during aging. Unfolded and  
2250 misfolded protein aggregates sequester protein quality control (PQC) machinery such as  
2251 chaperones and proteasome subunits into aggregate and effectively titrate away total  
2252 PQC components. Decreased availability of PQC compromises cellular proteostatic  
2253 capacity, which contributes to a higher aggregate burden and a further decline in  
2254 proteostasis.

2255

2256 **Figure 6. Analysis of changes in tissue lysate and high molecular weight**  
2257 **aggregate fraction of old wild-type and old *TERT*<sup>Δ8/Δ8</sup> mutant fish.**

2258 (A) Heatmap on proteins that are significantly (Student's t-test p-value < 0.05) upregulated  
2259 in tissue lysate (TL), aggregate (AGG), and aggregation propensity (PROP) across all  
2260 tissues in Old telomerase deficient (*TERT*<sup>Δ8/Δ8</sup>) killifish compared to its age-matched wild-  
2261 type control fish. Tissue-specific (proteins with significant telomerase deficient-associated  
2262 changes in only a single tissue) changes are placed at the top and shared (proteins with  
2263 significant changes in at least two tissues) are placed at the bottom. The log<sub>2</sub>FC  
2264 represented the average among 3 fish. The heatmaps were scaled based on the total

2265 number of proteins with significant positive differential changes (shown in brackets for  
2266 TL/AGG/PROP). The identities of proteins significantly upregulated with age are in Table  
2267 S13.

2268 (B) Percentage of shared and tissue-specific changes among the entire dataset that  
2269 showed a significant increase (log<sub>2</sub>-transformed protein abundance fold change log<sub>2</sub>FC >  
2270 0, two-sided Student's t-test p-value < 0.05) in tissue lysate (TL) protein abundance, high  
2271 molecular weight aggregate fraction (AGG) protein abundance, or aggregation propensity  
2272 (PROP) in Old *TERT*<sup>Δ8/Δ8</sup> mutants compared to age-matched wild-type fish. Shared and  
2273 tissue-specific proteins were defined as in Figure 6A. P-values are from a Chi-square test  
2274 of independence on tissue-specific versus shared proteins across all tissues for TL and  
2275 AGG, TL and PROP, and AGG and PROP were reported. Data are from Table S13D.

2276 (C) Cell cycle progression inferred from adult male transgenic killifish carrying the cell-  
2277 cycle dual FUCCI reporter (Dolfi et al., 2019). Three 2.5 months old fish were dissected,  
2278 and the bulk population of each tissue underwent FACS sorting to infer the relative  
2279 distribution of different cell cycle stages. The average results among the 3 biological  
2280 replicates for testis were shown as an example. Results are available in Table S16.

2281 (D) Percentage of proteins with differential changes (include both up-regulation and  
2282 down-regulation) in aggregation propensity (PROP) between age-matched old *TERT*<sup>Δ8/Δ8</sup>  
2283 and wild-type animals. The z-scores of changes in PROP between age-matched old  
2284 *TERT*<sup>Δ8/Δ8</sup> and wild-type were calculated for each protein (i.e., TvO\_prop\_logFC was the  
2285 log<sub>2</sub>-transformed fold change of old *TERT*<sup>Δ8/Δ8</sup> divided by age-matched wild-type) at each  
2286 tissue level. Those that were significant (p-value <0.05) were counted, and the  
2287 percentage of the proteome they represent is reflected in the radius of the sector for each

2288 tissue. The heatmap color is reflective of the ranked z-score of these significantly  
2289 differentially regulated proteins with a higher degree of remodeling denoted with darker  
2290 shades of blue.

2291 (E) Correlation between the fraction of cells in G1/G0 phase from bulk tissue population  
2292 and the extent of aggregate remodeling across tissues during segmental aging due to  
2293 telomerase deficiency. The fraction of cells in G1/G0 phase (x-axis) from each tissue is  
2294 estimated based on the FUCCI reporter described in Figure 6C. The extend of aggregate  
2295 remodeling (y-axis) is measured as the fraction of proteins detected in the aggregate  
2296 fraction with significant differential changes (include both up-regulation and down-  
2297 regulation) in aggregation propensity (PROP) between old *TERT<sup>Δ8/Δ8</sup>* vs. old wild-type  
2298 (WT). Results are available in Table S16.

2299 (F) Overlap among aggregates that are significantly up-regulated in old compared to  
2300 young (p-value <0.05, log2 (fold change) >0) and old *TERT<sup>Δ8/Δ8</sup>* mutants compared to  
2301 age-matched wild-type (p-value <0.05, log2 (fold change) >0). The overlapped proteins  
2302 were listed for each tissue.

2303 (G) Box plot of Lamin A protein level in skin samples obtained from Old *TERT<sup>Δ8/Δ8</sup>* mutant  
2304 and age-matched wild-type fish. The box shows the quartiles of the data while the  
2305 whiskers extend to show the rest of the distribution on protein abundance (y-axis) in old  
2306 (O) or old *TERT<sup>Δ8/Δ8</sup>* (T) samples. Each dot represents the AGG abundance from an  
2307 individual fish. P-values are from Student's t-test; n.s. indicates p>0.05.

2308 (H) Illustration of components of the telomerase complex (left) and bar plot representation  
2309 of normalized dyskerin (DKC1) level in the aggregate fraction in age-matched old



2310 *TERT*<sup>Δ8/Δ8</sup> and wild-type killifish (right). The height of the bar plot represents the average,  
2311 and the error bar represents the standard deviation. Results are available in Table S17.

2312

2313 **Figure 7. Disease-associated proteins with increased aggregate or aggregation**  
2314 **propensity during physiological aging.**

2315 (A) Cartoon illustration of the functions of proteins with an age-associated increase in  
2316 aggregate (AGG) and aggregation propensity (PROP) identified in heart and box plot  
2317 representation of their aggregate (AGG) and aggregation propensity (PROP) levels in  
2318 young and old animals. Disease-associated proteins and other key proteins involved in  
2319 mitochondrial unfolded protein response and apoptosis were highlighted here. The box  
2320 shows the quartiles of the data while the whiskers extend to show the rest of the  
2321 distribution on protein abundance (y-axis) in old (O) or old *TERT*<sup>Δ8/Δ8</sup> (OT) samples. Each  
2322 dot represents the AGG abundance or PROP value from an individual fish.

2323 (B) Cartoon illustration of disease-associated proteins important for striated muscles  
2324 function and box plot representation of their aggregate (AGG) and aggregation propensity  
2325 (PROP) levels in old and young killifish. The selected proteins are known to form  
2326 oligomeric species and showed an age-associated increase in aggregate and  
2327 aggregation propensity in two tissues, namely heart and muscle, where striated muscles  
2328 were isolated in killifish. The box shows the quartiles of the data while the whiskers extend  
2329 to show the rest of the distribution on protein abundance (y-axis) in old (O) or old  
2330 *TERT*<sup>Δ8/Δ8</sup> (OT) samples. Each dot represents the AGG abundance or PROP value from  
2331 an individual fish.

2332 (C) Example of proteins with an age-associated increase in aggregate (AGG) and  
2333 aggregation propensity (PROP) that are also linked to Mendelian diseases. Mutations in  
2334 these proteins are known to cause or increase the susceptibility to develop the respective  
2335 diseases. Protein and disease associations are obtained from Online Mendelian  
2336 Inheritance in Man (OMIM) database. Results are available in Table S17.

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2355 **SUPPLEMENTAL FIGURE LEGENDS**

2356 **Figure S1. – Related to Figure 1. Validation of high molecular weight aggregate**  
2357 **isolation protocol in *S. cerevisiae* and quality control of tissue lysate and**  
2358 **aggregate fractions in the African killifish.**

2359 (A) Experimental workflow to extract total lysate – whole cell lysate (WCL) for yeast and  
2360 tissue lysate (TL) for African killifish – and isolate high molecular weight protein aggregate  
2361 fraction (AGG). *S. cerevisiae* pellet was lysed to extract whole cell lysate (WCL). The  
2362 resulting yeast whole cell lysate was loaded onto a sucrose cushion and underwent  
2363 ultracentrifugation to pellet high molecular weight fraction enriched with protein  
2364 aggregates (AGG). Similarly, killifish tissues were homogenized to isolate tissue lysates  
2365 (TL) and aggregates (AGG) and were subjected to ultracentrifugation with a sucrose  
2366 cushion. The high molecular weight aggregate size was estimated to be  $1.03 \times 10^6 - 4.03$   
2367  $\times 10^8$  kDa in size and 132 – 968 nm in diameter (see STAR Methods for detailed  
2368 theoretical calculations).

2369 (B) Distribution of the standardized protein abundance (represented as z-score in the x-  
2370 axis) of processing bodies (left), stress granules (middle), and ribosomes (left)  
2371 constituents identified in aggregate (AGG in blue, isolated from laboratory yeast strain  
2372 BY4741 following the procedure described in A) and yeast total proteome (WCL in orange,  
2373 calculated based on the unified proteome quantification of *S. cerevisiae* (Ho et al., 2018)).  
2374 Two-sample two-sided Kolmogorov-Smirnov tests (KS-test) were performed to compare  
2375 the two distributions for each category.

2376 (C) Western blot analysis of aggregates isolated from *S. cerevisiae* strains harboring  
2377 known amyloid-forming prions ( $[RNQ^+][\psi^+]$  (left) and  $[PSI^+][RNQ1^+]$  (right) 74D-695

2378 strains). The isolated aggregate fractions (see A for isolation method) were resuspended  
2379 in SDS sample buffer, and then divided in half. One half was boiled while the other was  
2380 left un-boiled. Both were subsequently resolved on SDS-PAGE. SDS-resistant  
2381 aggregates remained in (or near) the well while SDS-sensitive aggregates were  
2382 denatured and migrated based on their respective molecular weights. Representative of  
2383 2 independent experiments.

2384 (D) Theoretically estimated densities ( $\text{g. cm}^{-3}$ ) and sedimentation coefficients (S) for the  
2385 high molecular weight aggregates isolated using our protocol in comparison to those for  
2386 nucleic acids (e.g., DNA, RNA), soluble proteins, protein complexes (e.g., ribosomes,  
2387 polysomes, ribonucleoprotein particles such as spliceosome), organelles (mitochondria),  
2388 and cellular compartment (nuclei). See STAR Methods for details of the calculation of  
2389 density and sedimentation parameters for aggregates and comparison with theoretical  
2390 sizes of other macromolecules or organelles in cells.

2391 (E) Mass-spectrometry coverage reported as the total number of proteins identified in  
2392 tissue lysate (TL) and high molecular weight aggregate fractions (AGG) across all  
2393 conditions (WT and *TERT* <sup>$\Delta 8/\Delta 8$</sup> ) and age groups (young and old) for seven tissues.

2394 (F) Reproducibility of biological replicates within each age group for tissue lysate (TL) and  
2395 aggregate fractions across tissues (AGG). Protein abundance (log<sub>2</sub> transformed  
2396 normalized peptide spectra counts) from respective biological replicates were plotted  
2397 against each other. The Pearson's correlation coefficient *r* is shown for each comparison  
2398 and is also available in Table S2B.

2399 (G) Overlap between all aggregates identified in our dataset and previous studies that  
2400 examined protein aggregation during aging in *C. elegans* (David et al., 2010; Walther et

2401 al., 2015) and aged African killifish and mouse brain (Kelmer Sacramento et al., 2020).  
2402 Left: overlap in aggregates identified in our dataset (*C. elegans* homologs identified in  
2403 young and old killifish samples from 7 tissues) and two *C. elegans* aging aggregate  
2404 profiling studies (David et al., 2010; Walther et al., 2015)); Middle: overlap in aggregates  
2405 identified in our dataset (mouse homologs and killifish proteins identified in old killifish  
2406 samples from 7 tissues) and the aging vertebrate (mice and killifish) brain (Kelmer  
2407 Sacramento et al., 2020). The identities of the shared total aggregate proteins are  
2408 available in Table S3.

2409 (H) Overlap in aggregates with an age-associated increase in abundance (log<sub>2</sub>-  
2410 transformed fold change of old over young sample log<sub>2</sub>FC > 0, two-sided Student's t-test  
2411 p-value < 0.05) among our killifish dataset and two *C. elegans* aggregate profiling studies  
2412 (David et al., 2010; Walther et al., 2015). Age-associated aggregates from David et al.  
2413 are proteins that consistently became 1.5-fold or more insoluble with age in all four  
2414 datasets (Table S1 from David et al., 2010). Age-associated aggregates from Walther et  
2415 al. are proteins identified from WT worms that showed increased aggregate abundance  
2416 on day 17 compared to day 6 (Table S1D from Walther et al., 2015). The identities of the  
2417 shared proteins and their age-associated changes in respective studies are available in  
2418 Table S3.

2419

2420 **Figure S2. — Related to Figure 2. Comparative analysis to probe the origin of**  
2421 **tissue specificity in age-associated changes in tissue lysate, aggregates, and**  
2422 **aggregation propensity.**

2423 (A) Tissue pair-wise comparison on shared and tissue-specific proteins identified in TL or  
2424 AGG. The number in each square represents the total number of shared proteins  
2425 identified in the two tissues specified by the row label and column label.

2426 (B) Venn diagram of the identified proteins in tissue lysate and high molecular weight  
2427 aggregate fractions across seven tissues. Note that the area size is not reflective of the  
2428 actual number of proteins.

2429 (C) Heatmap on proteins that are significantly down-regulated ( $\log_2$ -transformed fold  
2430 change in protein abundance  $\log_2FC < 0$ , two-sided Student's t-test  $p\text{-value} < 0.05$ ) with  
2431 age (old over young) in tissue lysate (TL), aggregate (AGG), and aggregation propensity  
2432 (PROP) across all tissues. Aggregation propensity is defined as the ratio of protein  
2433 abundance in TL over AGG. The  $\log_2FC$  represents the average among 3 fish. Tissue-  
2434 specific proteins (i.e., proteins with significant age-associated changes in only a single  
2435 tissue) are at the top, and shared proteins (i.e., proteins with age-associated significant  
2436 changes in at least two tissues) are at the bottom. The heatmaps are scaled based on  
2437 the total number of proteins with such significant positive differential changes (shown in  
2438 brackets for TL/AGG/PROP). The identities of proteins significantly down-regulated with  
2439 age are in Table S5A-C.

2440 (D) Percentage of shared and tissue-specific changes among the entire dataset that  
2441 showed a significant decrease ( $\log_2$ -transformed protein abundance fold change  $\log_2FC$   
2442  $< 0$ , two-sided Student's t-test  $p\text{-value} < 0.05$ ) in tissue lysate (TL) protein abundance,  
2443 high molecular weight aggregate fraction (AGG) protein abundance, or aggregation  
2444 propensity (PROP) in old compared to young fish. Shared and tissue-specific proteins  
2445 were defined as in Figure S2C. P-values are from a Chi-squared test of independence on

2446 tissue-specific versus shared proteins across all tissues for TL and AGG, TL and PROP,  
2447 and AGG and PROP. Data are from Table S5D.

2448 (E) Quantification of variability in relative protein abundance (left: histogram of standard  
2449 deviation among biological replicates in young killifish) across tissues and the extent of  
2450 tissue-specific protein expression (right: histogram of the number of tissues a protein was  
2451 detected in) among those with an age-associated increase in aggregate (top) or  
2452 aggregation propensity (bottom).

2453 (F) Example of a protein with tissue-specific (only in heart) increase in aggregation  
2454 propensity (PROP) during aging—driven by diverging changes in tissue lysate abundance  
2455 (Figure 2C)—despite significant age-associated increase in aggregate (AGG) abundance  
2456 in both tissues. P-values are from a Student's t-test; n.s. indicates  $p > 0.05$ .

2457 (G) Subcellular localization and complex association of proteins that are identified in  
2458 tissue lysate (TL), aggregate fraction (AGG), as well as proteins with a significant age-  
2459 associated increase in TL and aggregation propensity (PROP). The arc lengths in the  
2460 doughnut plot for each tissue are proportional to the respective fractions of aggregates  
2461 that increase with age and reside in the compartment across tissues. The average value  
2462 of such fractions is reported in the center for each cellular compartment. Only tissues that  
2463 contain proteins with a significant age-dependent increase in aggregates residing in the  
2464 cellular compartments were visualized and counted towards the average calculation.  
2465 Subcellular localization of killifish proteins was inferred from the homologous human  
2466 proteins retrieved from UniProt localization database. Proteins that were annotated to  
2467 exist in multiple compartments were double-counted. The fractions of upregulated  
2468 aggregates residing in all compartments in each tissue are available in Table S7.

2469

2470 **Figure S3. — Related to Figure 3. Features of proteins detected in tissue lysate**

2471 **(TL) and aggregate (AGG) and regression analysis on age-associated changes in**

2472 **aggregate (AGG) and aggregation propensity (PROP) with these features.**

2473 (A) Distribution of the log<sub>2</sub>-transformed protein abundances in tissue lysate (TL, left) and  
2474 aggregate (AGG, right) in each killifish sample (young, old, and old *TERT*<sup>Δ8/Δ8</sup>).

2475 (B) Distribution of the biophysical features of all proteins detected in the high molecular  
2476 weight aggregate fraction (AGG) of a tissue. Histograms of the products obtained from  
2477 multiplying the value of protein sequence feature by the normalized protein abundance  
2478 level (as weights) in tissue lysate (TL) are shown here.

2479 (C) The Spearman's correlation coefficients from regression analysis of age-associated  
2480 changes in aggregation (AGG) or aggregation propensity (PROP) against each query  
2481 feature (all feature variables were continuous). The size of each circle is reflective of the  
2482 p-value, and color is indicative of the magnitude of the correlation coefficient. The results  
2483 are available in Table S8E-F.

2484

2485 **Figure S4. — Related to Figure 4. Age-associated changes in aggregate and**

2486 **aggregation propensity of proteins tested in yeast overexpression assay and**

2487 **assessment of *in vivo* aggregation behavior predictor.**

2488 (A) Box plot representation of the aggregate abundance and aggregation propensity  
2489 levels in young and old animals on selected proteins that were tested in *S. cerevisiae*  
2490 overexpression assay. The box shows the quartiles of the data while the whiskers extend



2491 to show the rest of the distribution on protein abundance (y-axis) in young (Y) or old (O)  
2492 samples. Each dot represents the AGG abundance or PROP level from an individual fish.  
2493 (B) Example microscopy images of the proteins of interest (with a significant age-  
2494 associated increase in aggregate and/or aggregation propensity in old versus young  
2495 animals) upon overexpression in *S. cerevisiae* as outlined in Figure 4C except that the  
2496 yeast was cultured at 26 °C. Two diffuse proteins were tested and shown on the right.  
2497 One punctate protein example was chosen and shown for each tissue on the left. The  
2498 images chosen were representative of two independent experiments.  
2499 (C) Scatter plot on GFP expression level and the fraction of GFP positive cells with puncta  
2500 tested in *S. cerevisiae* overexpression assay. Each dot represents result from a strain  
2501 overexpressing a killifish protein of interest. The GFP expression level is a normalized  
2502 value, approximated by subtracting background GFP intensity from inside GFP positive  
2503 cells followed by division of background intensity, based on GFP intensity measured by  
2504 fluorescent microscopy.  
2505 (D) Uversky plot (mean net charge versus mean hydropathy) on age-associated  
2506 aggregates tested in the *in vivo* aggregation assay. The dashed line represents the  
2507 boundary defined by  $\langle H \rangle = (\langle R \rangle + 1.151)/2.785$ , where  $\langle H \rangle$  is the mean hydropathy  
2508 and  $\langle R \rangle$  is the mean net charge of a protein sequence. Proteins to the left of the dotted  
2509 line are predicted to be ordered, whereas those to the right are predicted to be  
2510 unstructured and disordered.  
2511 (E) Performance evaluation of two-parameter linear support vector machine classifiers in  
2512 predicting proteins aggregation behavior *in vivo* based on our proteomics study and

2513 protein biophysical properties. All the trained models and their performance are available  
2514 in Table S10. See STAR Methods for details.

2515 (F) Support vector machine classifier based on the Michelitsch-Weissman score  
2516 (maximum number of glutamine (Q) and asparagine (N) residues within an 80 amino acid  
2517 windows of a protein) and charge patterning metric “delta” for proteins tested in yeast  
2518 autonomous aggregation assay. *In vivo* aggregation status was distinguished by color.  
2519 Tissues in which the protein exhibited increased aggregation propensity changes can be  
2520 distinguished by the different marker shapes. The dotted line separates those that  
2521 showed diffuse eGFP morphology upon protein overexpression in *S. cerevisiae*.

2522 (G) Histogram of charge patterning metric “delta” of aggregate detected in all seven  
2523 tissues.

2524

2525 **Figure S5. — Related to Figure 5. Additional examples of tissue-specific age-**  
2526 **associated changes in protein quality control machinery.**

2527 (A) Chaperone abundance changes in tissue lysate between old and young animals. The  
2528 circle color is indicative of the ranked statistics ( $-\log_{10}$ -transformed p-value multiplied by  
2529  $\log_2$ -transformed fold change of old over young protein abundance), and the circle size  
2530 is indicative of the  $-\log_{10}$ -transformed p-value from Student's t-test. The chaperones were  
2531 grouped by their classes. Results are available in Table S11.

2532 (B) Tissue lysate (TL) and aggregation propensity (PROP) changes of proteasome  
2533 component with age. The circle color is indicative of the ranked statistics ( $-\log_{10}$ -  
2534 transformed Student's t-test p-value multiplied by  $\log_2$ -transformed fold change of old

2535 over young protein abundance), and the circle size is indicative of the  $-\log_{10}$ -transformed  
2536 Student's t-test p-value. Results are available in Table S11.

2537 (C) Aggregate abundance changes of CMA-selective clients versus non-client in aging  
2538 killifish. CMA-clients are proteins detected in killifish brain with peptide motif that meet the  
2539 following criteria (Kaushik and Cuervo, 2018): include glutamine on one of the sides and  
2540 contains one or two of the positive residues K and R, one or two of the hydrophobic  
2541 residues F, L, I or V and one of the negatively charged E or D residues. Fold change in  
2542 aggregate abundance of clients and non-clients in old versus young killifish brain were  
2543 separately plotted (each dot represents a single detected protein). A boxplot is overlaid  
2544 to show the quartiles of the dataset while the whisker extends to show the rest of the  
2545 distribution. Independent two-sided t-tests were performed between clients and non-client  
2546 for each tissue, and the p-values were reported.

2547 (D) Aggregation propensity changes in chaperones with age. The circle color is indicative  
2548 of the ranked statistics ( $-\log_{10}$ -transformed Student's t-test p-value multiplied by  $\log_2$ -  
2549 transformed fold change of old over young), and the circle size is indicative of the  $-\log_{10}$ -  
2550 transformed Student's t-test p-value. Results are available in Table S11.

2551 (E) Principal component analysis on protein abundance of proteins detected in all seven  
2552 tissues in tissue lysate and aggregate fractions. Each symbol represents a sample from  
2553 an individual fish. The shape of each marker indicates young (squares) and old (circles)  
2554 fish, and the color indicates the tissue origin.

2555

2556 **Figure S6. — Related to Figure 6. Disease-associated changes in old *TERT* <sup>$\Delta 8/\Delta 8$</sup>**   
2557 **mutant compared to age-matched wild-type animals.**

2558 (A) Heatmap of significant functional and pathway enrichments identified among  
2559 upregulated proteins in old *TERT*<sup>Δ8/Δ8</sup> versus age-matched wild-type killifish using Gene  
2560 Set Enrichment Analysis (GSEA). The proteins were ranked and sorted in descending  
2561 order based on multiplication of log<sub>2</sub>-transformed fold change and  $-\log_{10}(\text{p-value})$   
2562 (yellow upward arrow). Due to space constraints, only the top 3 (ranked by the highest  
2563 normalized enrichment scores (NES)) significantly ( $\text{p-value} < 0.05$ ) enriched Kyoto  
2564 Encyclopedia of Genes and Genome (KEGG) terms in every tissue are shown for TL,  
2565 AGG, and PROP. Tissues-specific terms are placed on top, whereas shared terms are  
2566 placed at the bottom. The full lists of enrichment terms are available in Table S14. The  
2567 color is scaled according to the rank statistic computed as the product of multiplying -  
2568  $\log_{10}(\text{p-value})$  by NES.

2569 (B) Biophysical features of proteins with significant (Student t-test  $\text{p-value} < 0.05$ )  
2570 increase in aggregate (AGG) and aggregation propensity (PROP) in old *TERT*<sup>Δ8/Δ8</sup> versus  
2571 age-matched wild-type killifish. Terms were visualized only when the average feature  
2572 value from the query set of proteins were significantly (one-tail test at 0.05 cutoff) different  
2573 from the Monte Carlo simulation derived population distribution, whereas the  
2574 nonsignificant ones were in gray. The color in the heatmap reflected the z-score of  
2575 average feature value from the query set compared to Monte Carlo simulation derived  
2576 test population means. See STAR Methods for details on the implementation and analysis  
2577 of the Monte Carlo simulation.

2578 (C) Example of FACS gating based on GFP and RFP intensity applied to three young  
2579 (12-week-old wild-type killifish stably integrated with FUCCI reporter) testis samples.  
2580 Quantification of different cell cycle stages in each tissue is available in Table S14.

2581 (D) Quantification of different cell cycle stages assessed by FUCCI reporter cell line  
2582 described in Figure 6C. The results are average from 3 biological replicates. All results  
2583 are available in Table S14.

2584 (E) Percentage of proteins with differential changes (include both up-regulation and down-  
2585 regulation) in tissue lysate (TL) and aggregate (AGG) between age-matched old  
2586 *TERT*<sup>Δ8/Δ8</sup> and wild-type animals. The z-scores of changes in TL or AGG between age-  
2587 matched old *TERT*<sup>Δ8/Δ8</sup> and wild-type were calculated for each protein (i.e.,  
2588 TvO\_prop\_logFC was the log2-transformed fold change of old *TERT*<sup>Δ8/Δ8</sup> divided by age-  
2589 matched wild-type) at each tissue level. Those that were significant (p-value <0.05) were  
2590 counted, and the percentage of proteome they represent is reflected in the radius of the  
2591 sector for each tissue. The heatmap color is reflective of the ranked z-score of these  
2592 significantly differentially regulated proteins with a higher degree of remodeling denoted  
2593 with darker shades of blue.

2594 (F) Examples of age-associated aggregates with further enhanced aggregate burden  
2595 upon telomerase deficiency (proteins with increased aggregate burden between old and  
2596 young animals, as well as age-matched old *TERT*<sup>Δ8/Δ8</sup> and old wild-type). The box shows  
2597 the quartiles of the data while the whiskers extend to show the rest of the distribution on  
2598 protein abundance (y-axis) in old (O) or old *TERT*<sup>Δ8/Δ8</sup> (OT) samples. Each dot represents  
2599 the TL or AGG abundance from an individual fish.

2600

2601 **Figure S7. — Related to Figure 7. Other age-associated aggregates implicated in**  
2602 **diseases including those not previously linked to protein misfolding.**

2603 (A) Network diagram of G6PD catalyzed reactions and box plot representation of its  
2604 aggregate and aggregation propensity level in young and old killifish liver. G6PD is not  
2605 known to aggregate previously. The box shows the quartiles of the data while the whiskers  
2606 extend to show the rest of the distribution on protein abundance (y-axis) in old (O) or old  
2607 *TERT<sup>Δ8/Δ8</sup>* (OT) samples. Each dot represents the AGG abundance or PROP value from  
2608 an individual fish.

2609 (B) Box plot on tissue lysate changes in a few mitochondrially localized proteins and box  
2610 plot of aggregate and aggregation propensity changes of the putative killifish RIG-I in  
2611 young and old killifish heart. The box shows the quartiles of the data while the whiskers  
2612 extend to show the rest of the distribution on protein abundance (y-axis) in young (Y) and  
2613 old (O) samples. Each dot represents the TL abundance or AGG abundance or PROP  
2614 value from an individual fish.

2615 (C) Scatter plot between non-synonymous mutation rate ( $K_a$ , y-axis) and TL abundance  
2616 (top row, x-axis) or AGG abundance (bottom row, x-axis) level in young killifish tissues.

2617 (D) Scatter plot between non-synonymous mutation rate ( $K_a$ , y-axis) and TL abundance  
2618 (top row, x-axis), fold change in aggregate abundance between old and young fish  
2619 (middle, x-axis), and fold change in aggregation propensity between old and young fish  
2620 (bottom row, x-axis) level among proteins with significant up-regulation ( $p$ -value  $< 0.5$ , fold  
2621 change  $> 0$ ) in aggregation propensity during aging.

2622

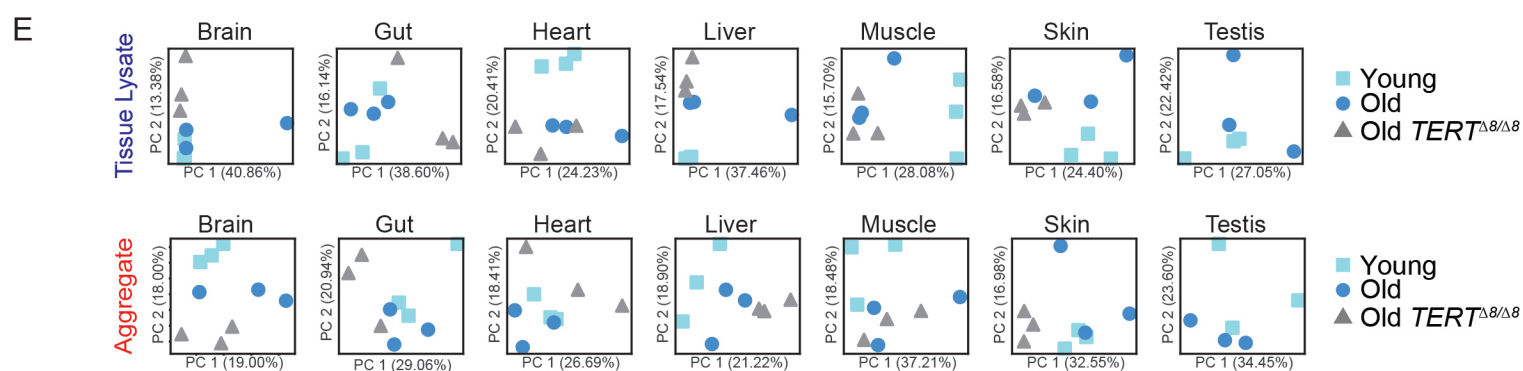
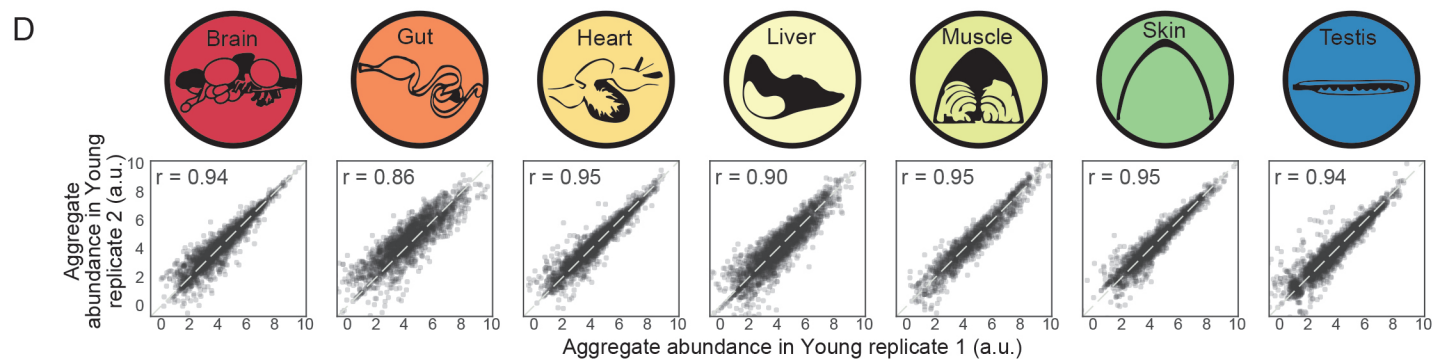
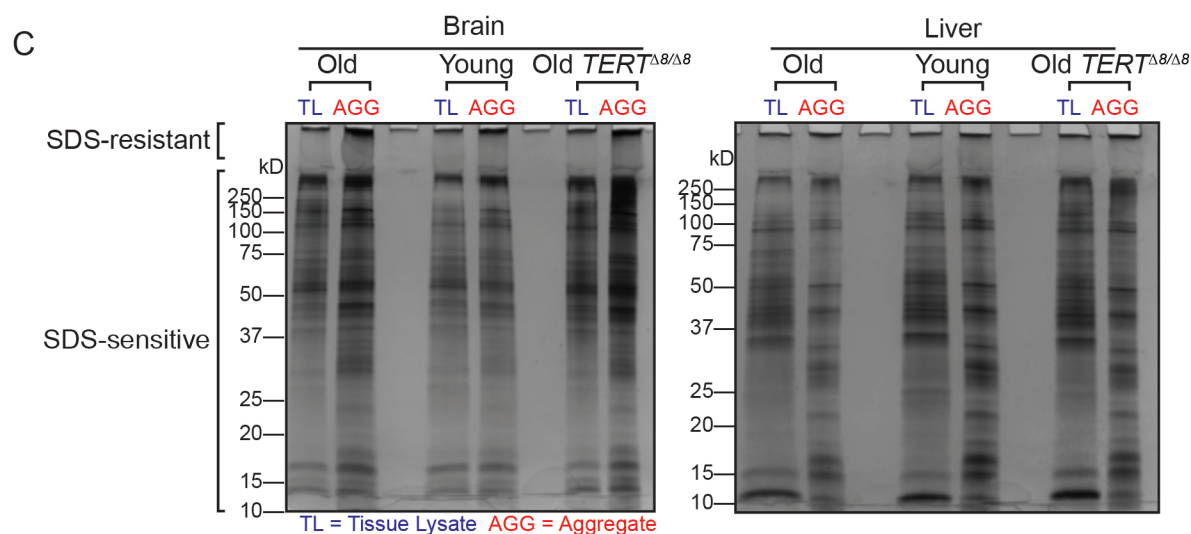
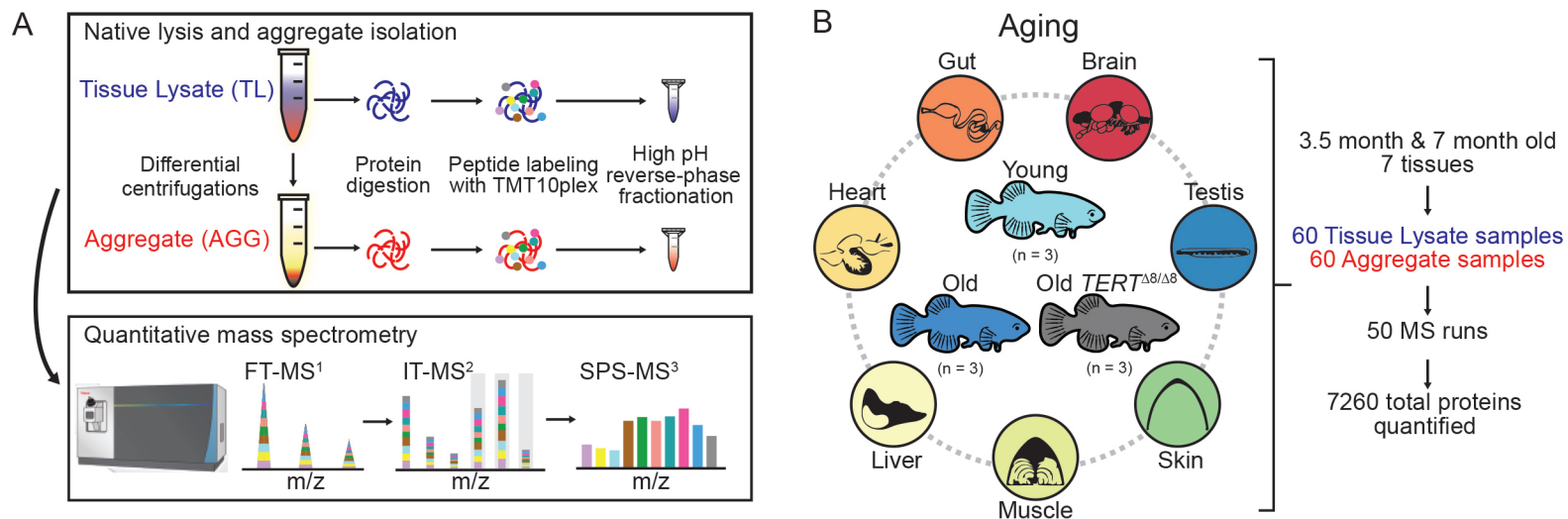
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2624 **References for Figure legends and Supplemental Figure legends**

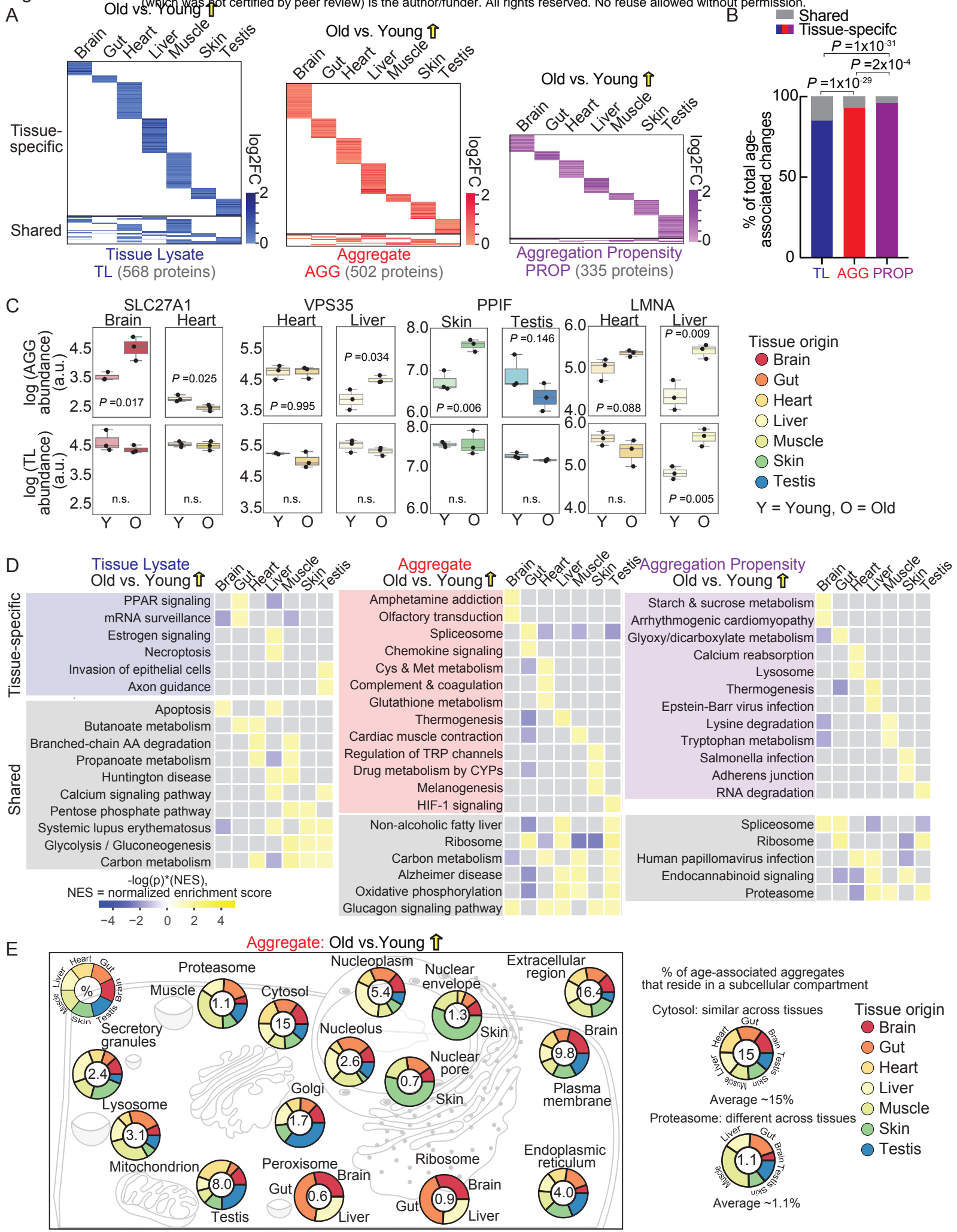
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2660

Figure 1



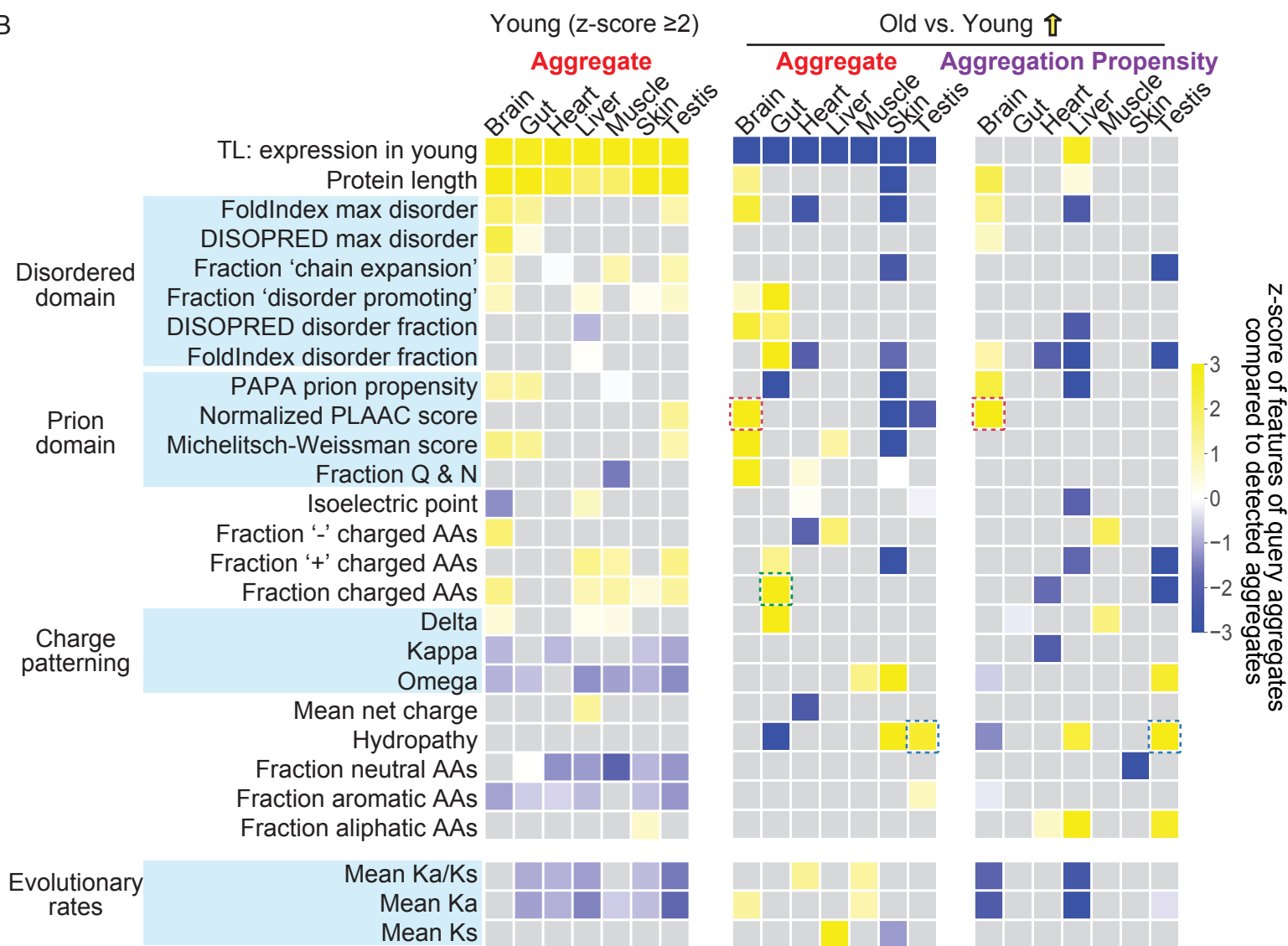




A



B



C

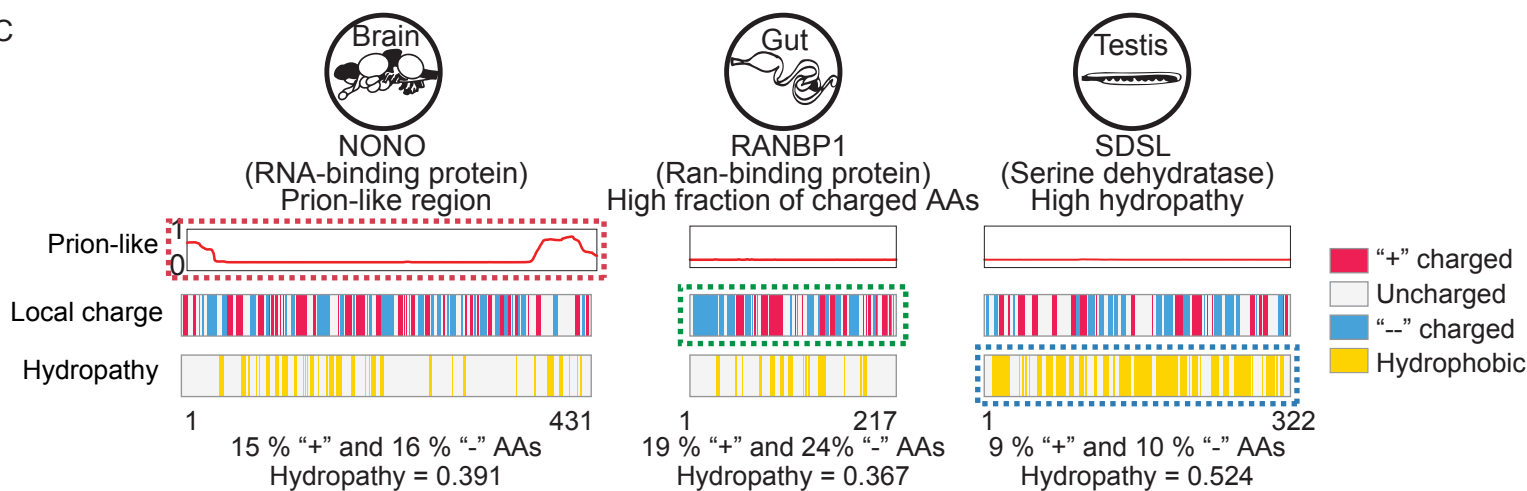
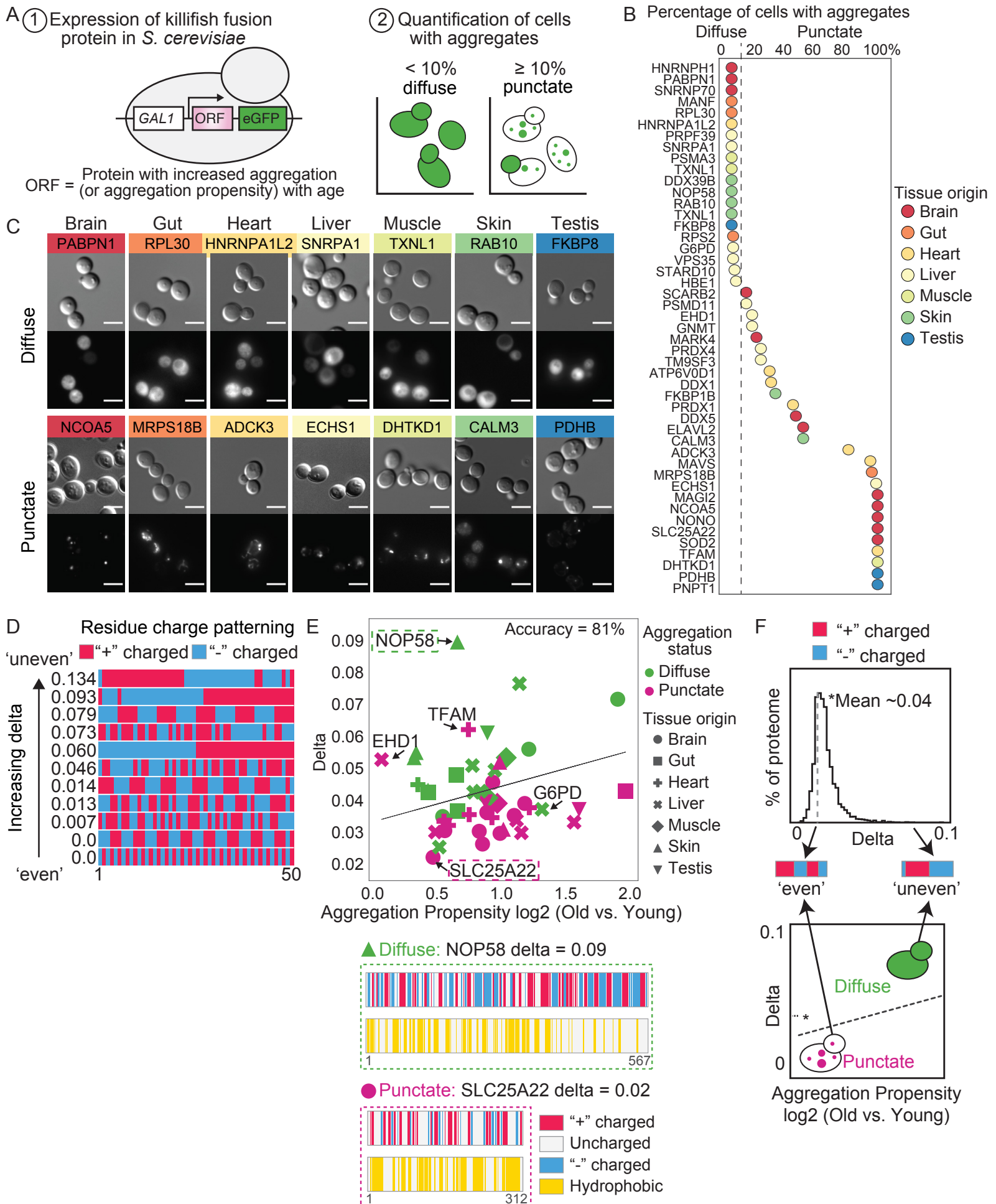
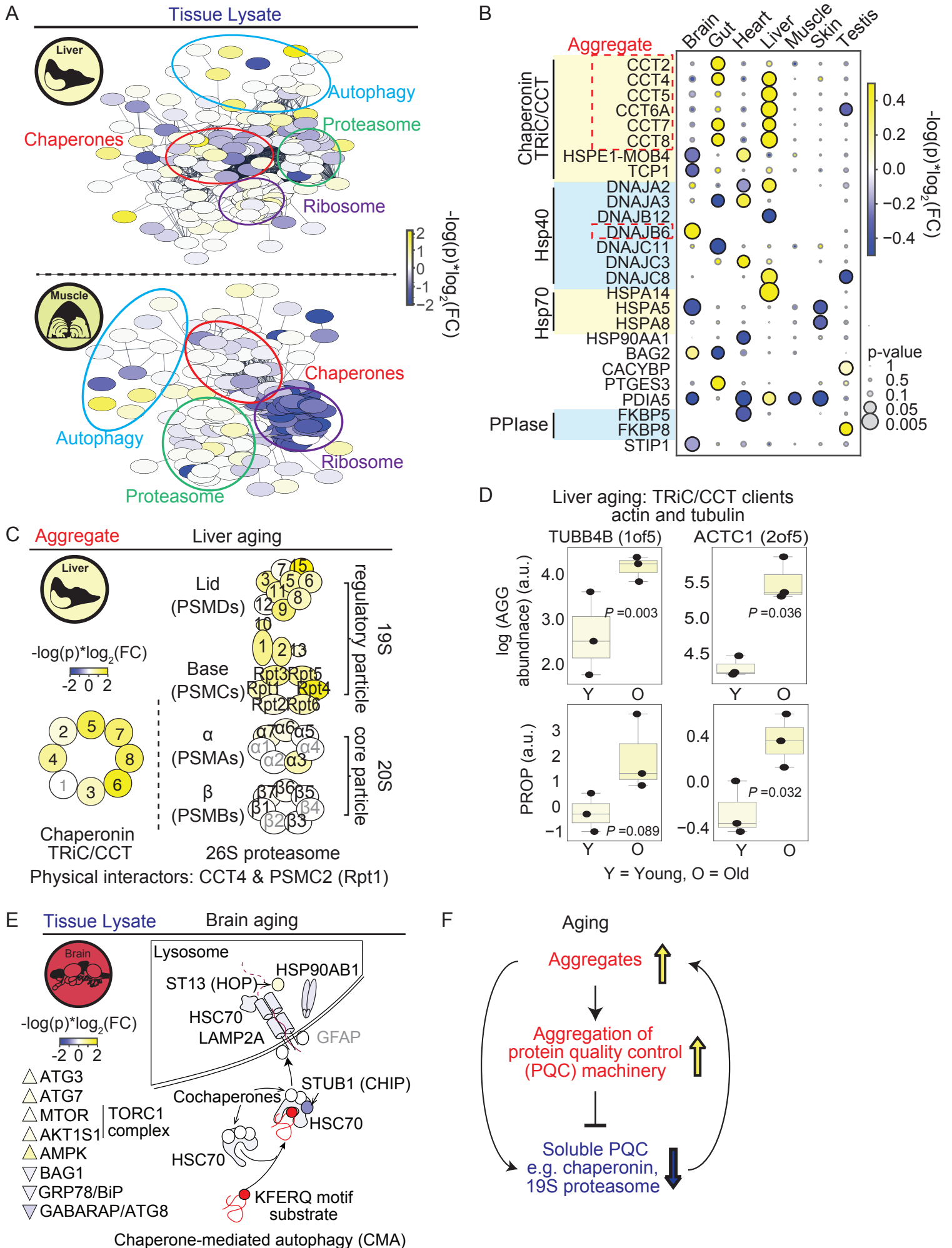
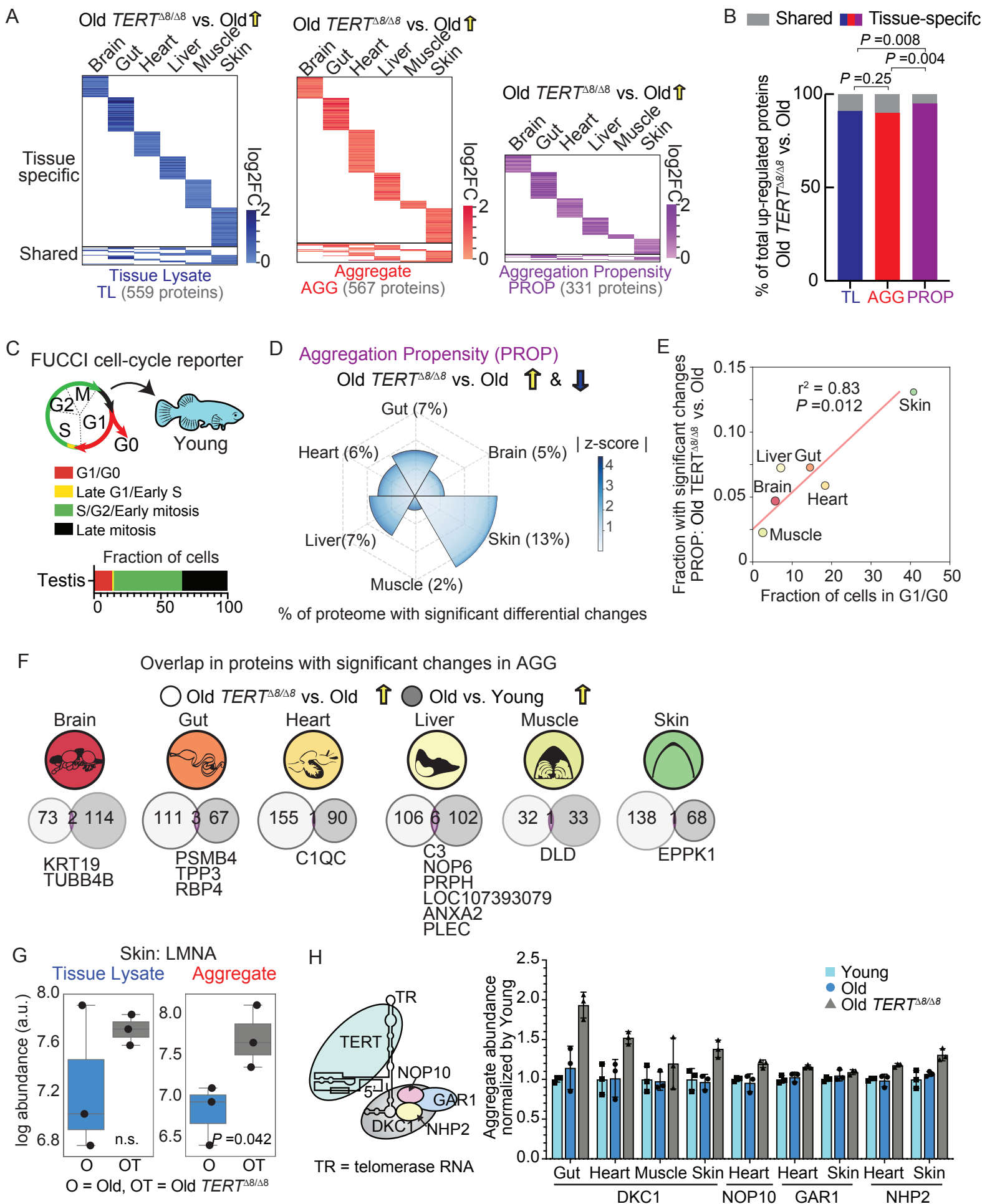


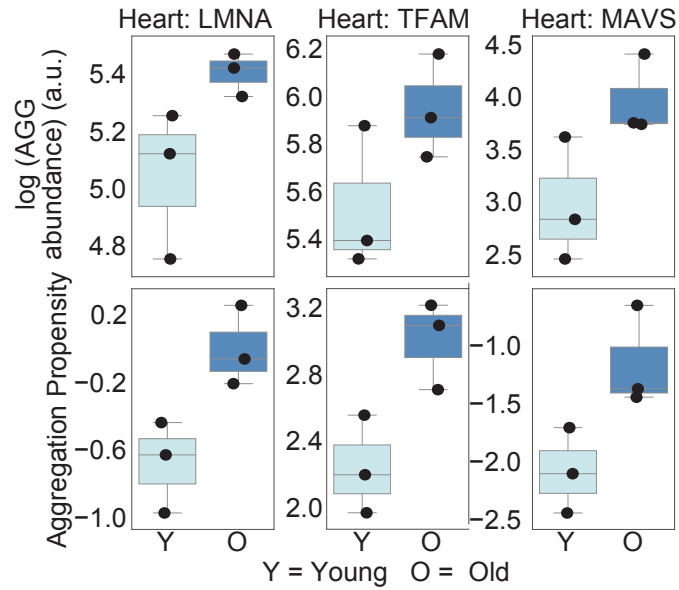
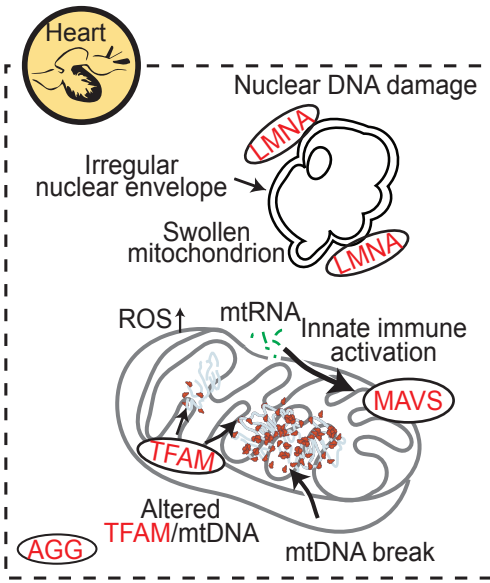
Figure 4



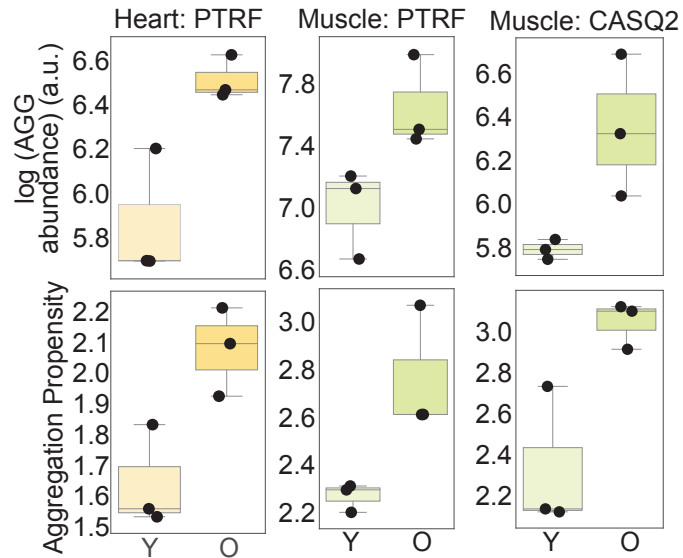
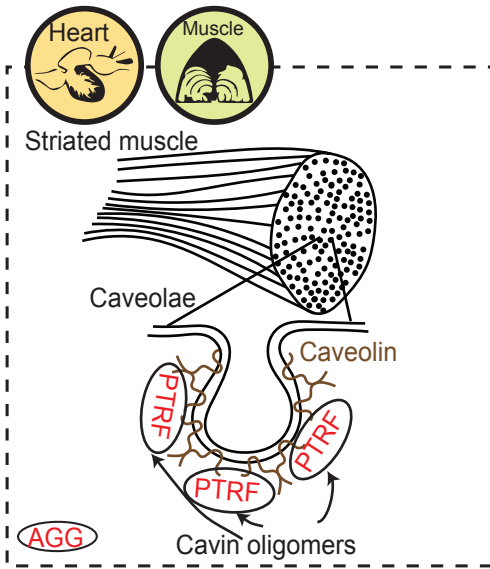




A



B



C

Tissue	Protein	Diseases	Classification
Brain	SCARB2	Progressive myoclonic epilepsies	Neurological disorder
	TRIO	Mental retardation	Neurological disorder
Gut	KNG1	High molecular weight kininogen deficiency	Coagulation defect
	SLC26A3	Congenital chloride diarrhea	Metabolic dysfunction
Heart	CFL2	Nemaline myopathy-7 (cofilin-2)	Protein misfolding
	GSN	Finnish type gelsolin amyloidosis	Protein misfolding
	PTRF	Muscular dystrophy with generalized lipodystrophy	Protein misfolding, metabolic dysfunction
	LMNA	Progeria; cardiomyopathy	Protein misfolding
Liver	C3	C3 deficiency	Immunodeficiency
	CAV1	Congenital generalized lipodystrophy	Metabolic dysfunction
	KRT8, KRT18	Cirrhosis	Protein misfolding, metabolic dysfunction
Muscle	CASQ2	Catecholaminergic polymorphic ventricular tachycardia	Protein misfolding
	DHTKD1	Alpha-aminoadipic aciduria; Charcot-Marie-Tooth	Metabolic dysfunction
	SNCA	Dementia; sporadic inclusion-body myositis	Protein misfolding
Skin	COA7	Mitochondrial complex IV deficiency	Metabolic & mitochondrial dysfunction
	CST3	Cystatin C amyloidosis	Protein misfolding
Testis	PDHX	Lacticacidemia	Metabolic dysfunction
	PNPT1	Combined oxidative phosphorylation deficiency 1	Metabolic dysfunction

○ AGG and/or PROP hits

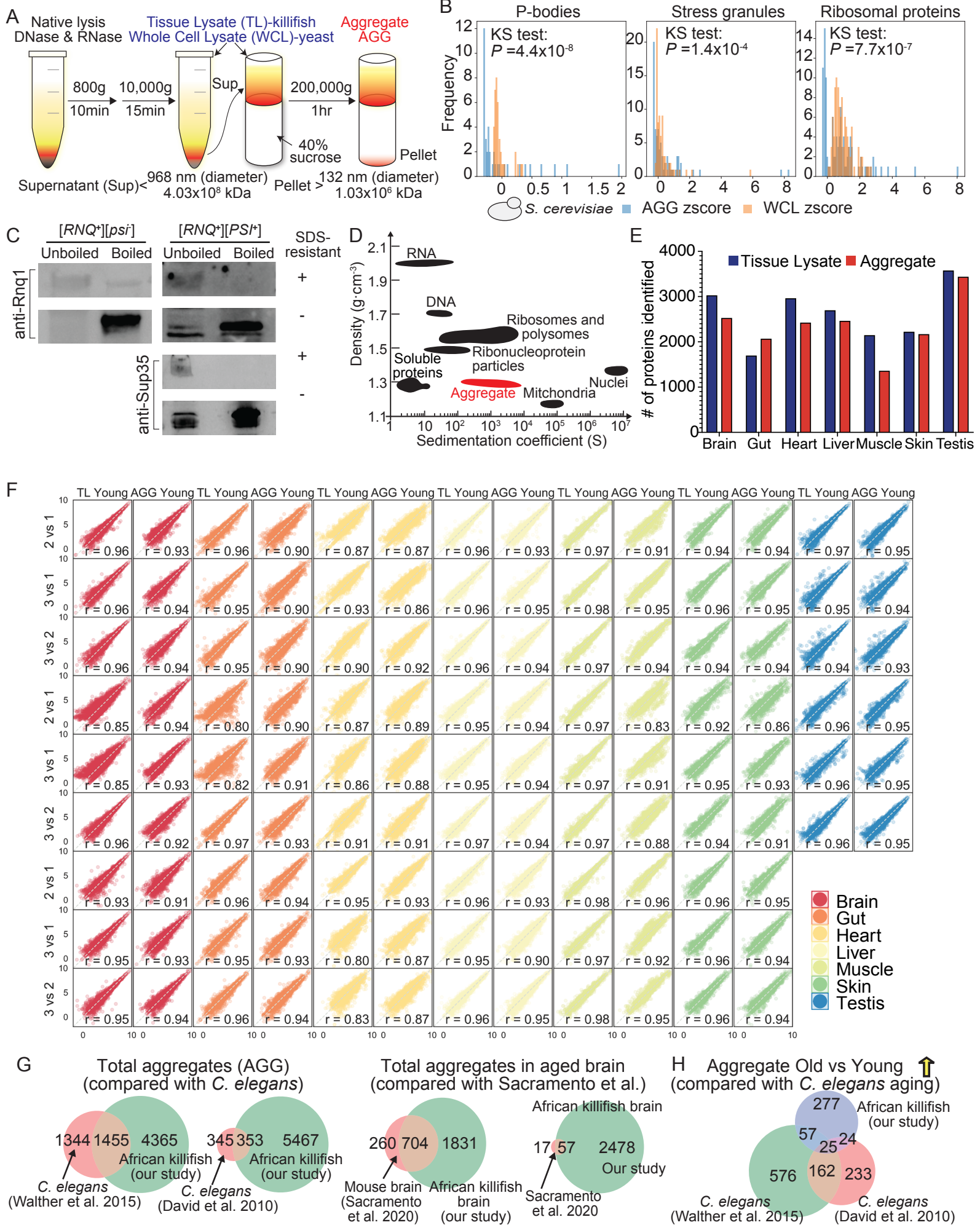
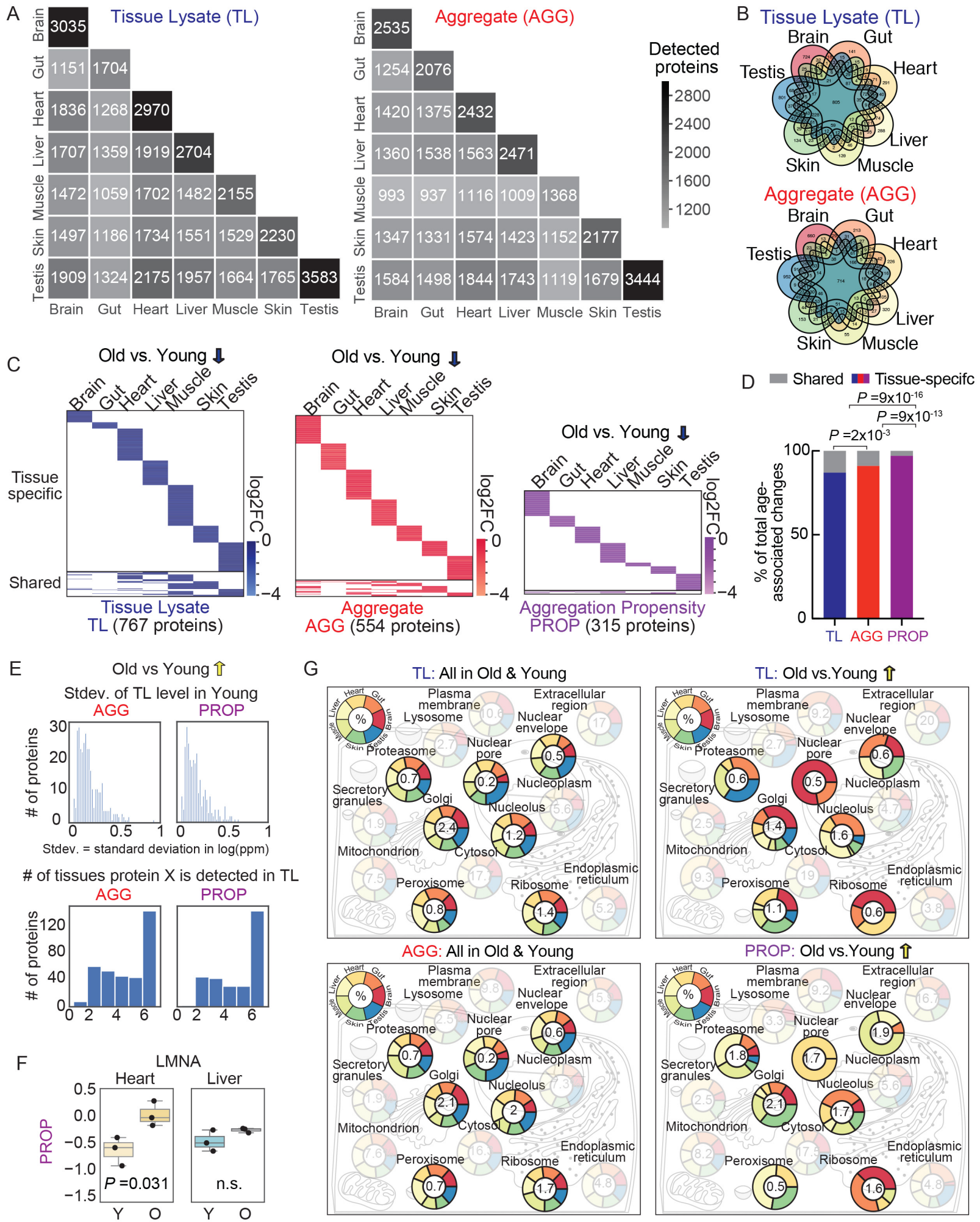


Figure S2





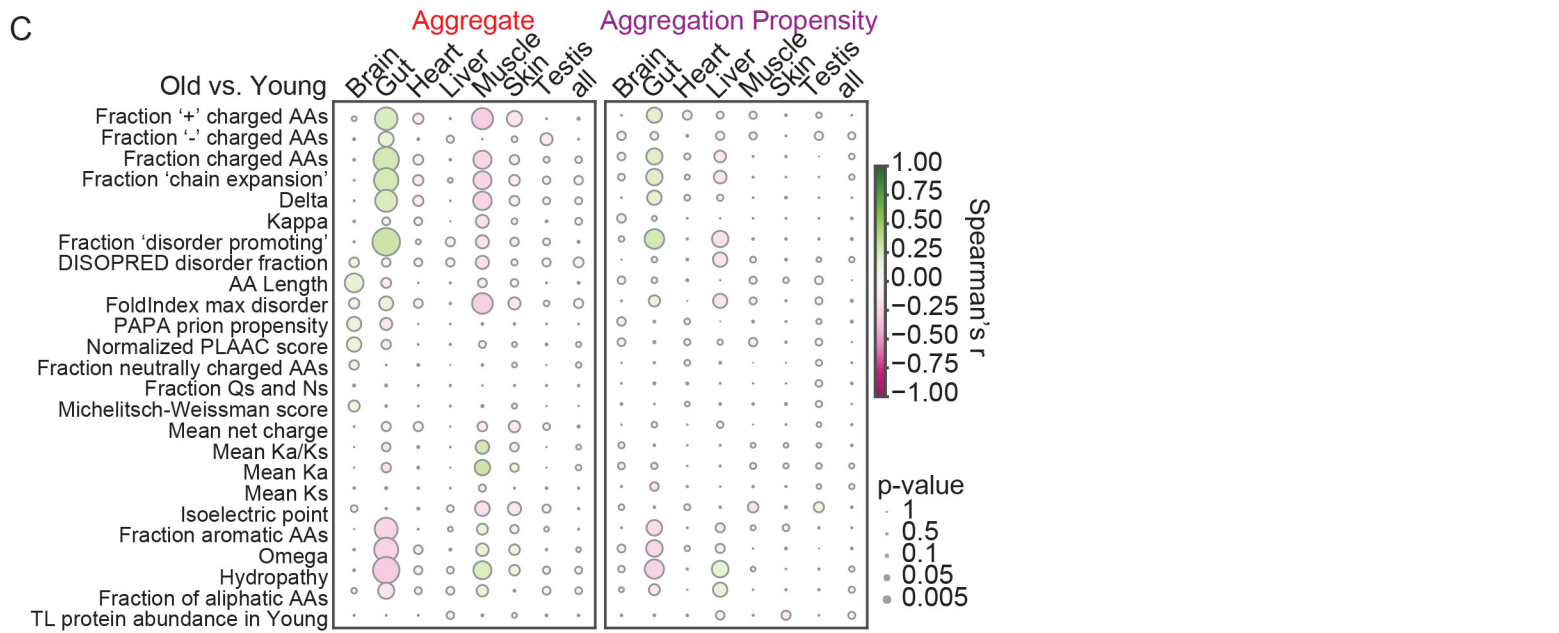
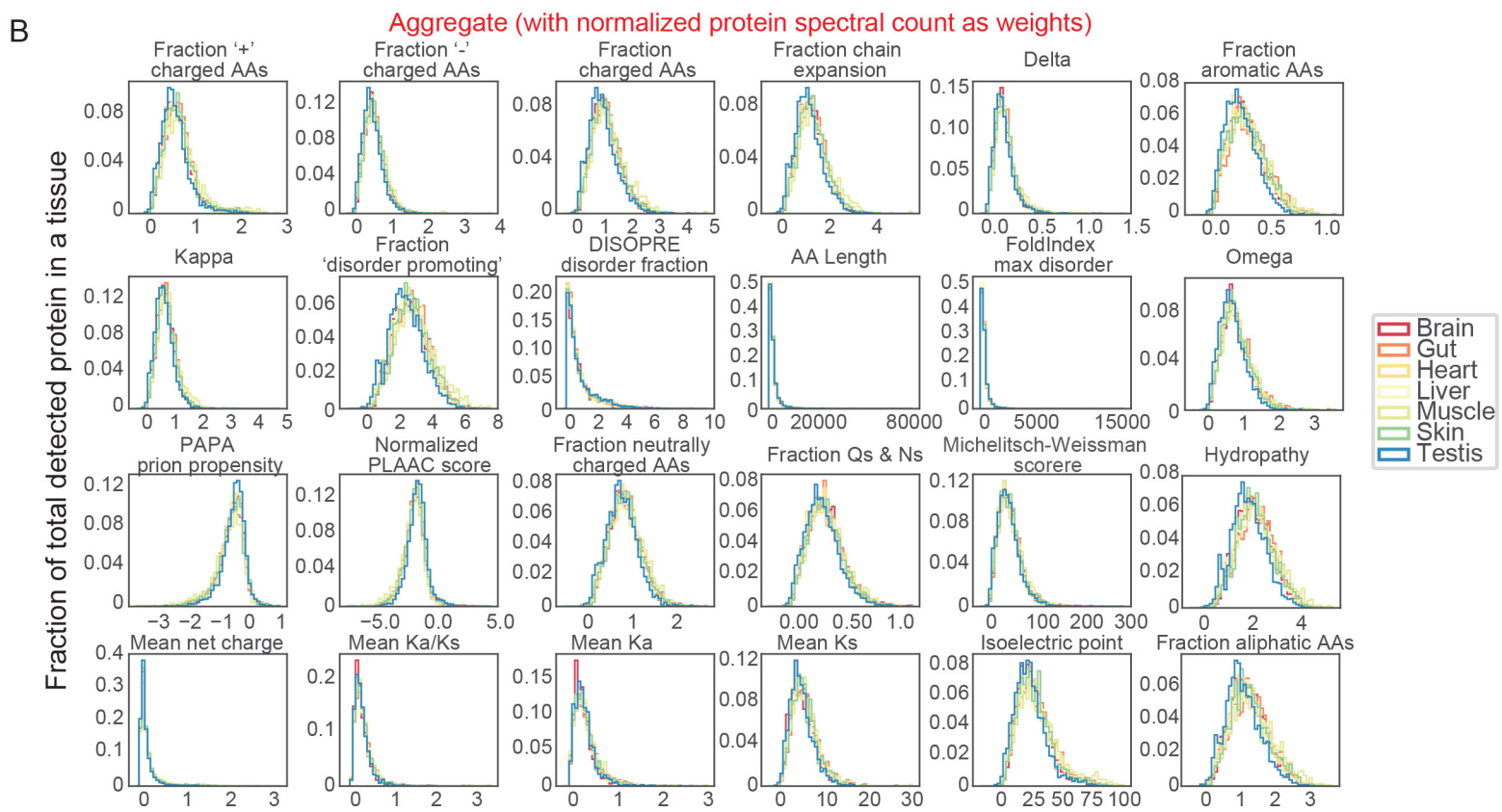
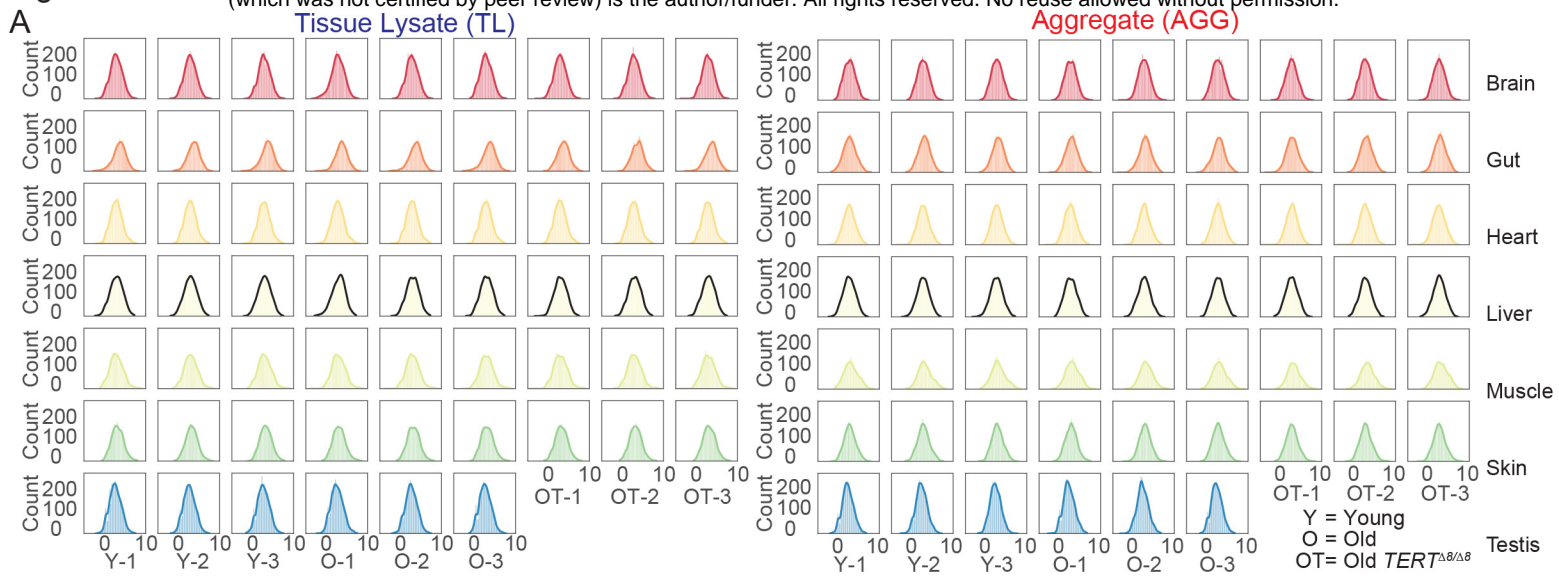


Figure S4

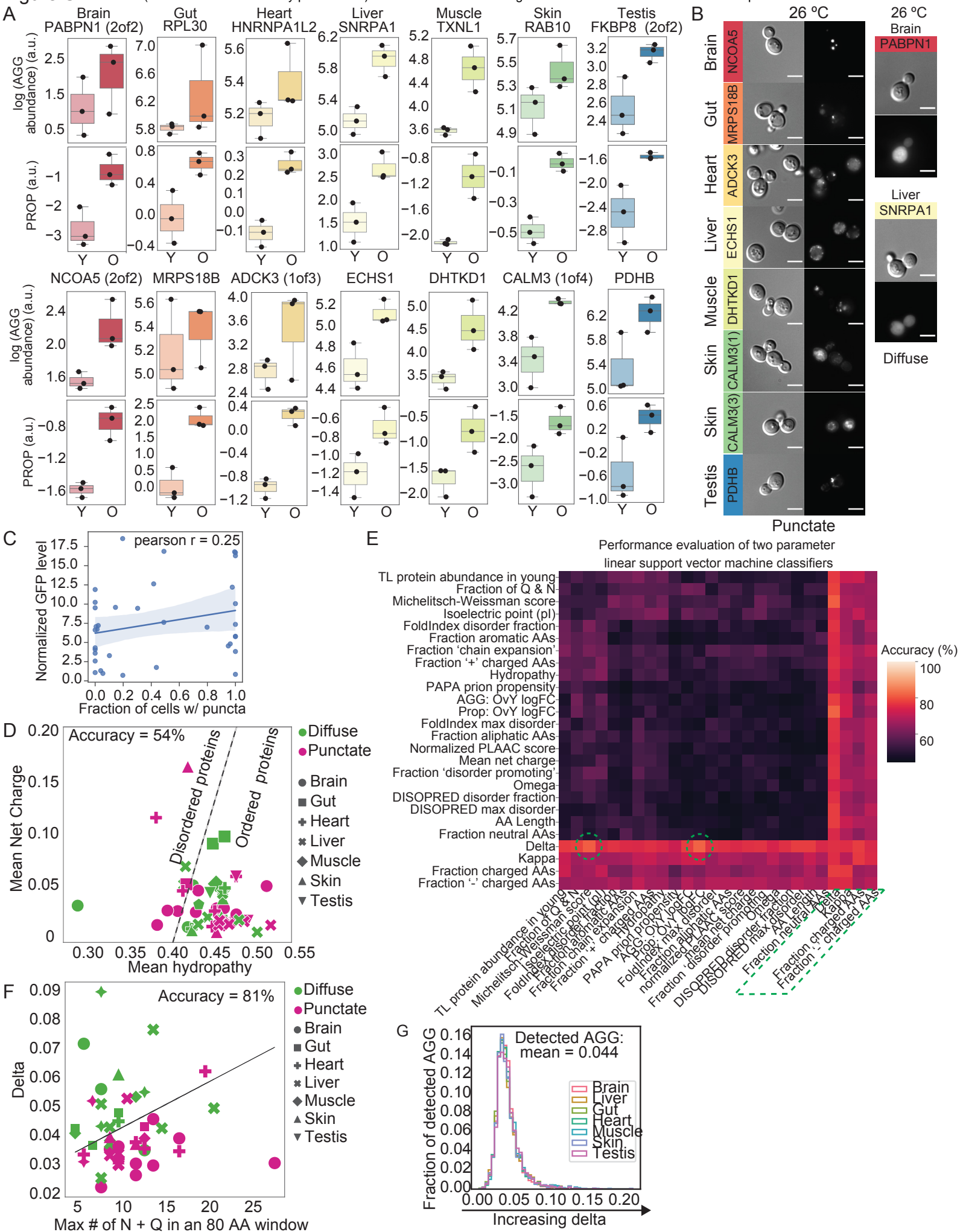


Figure S5

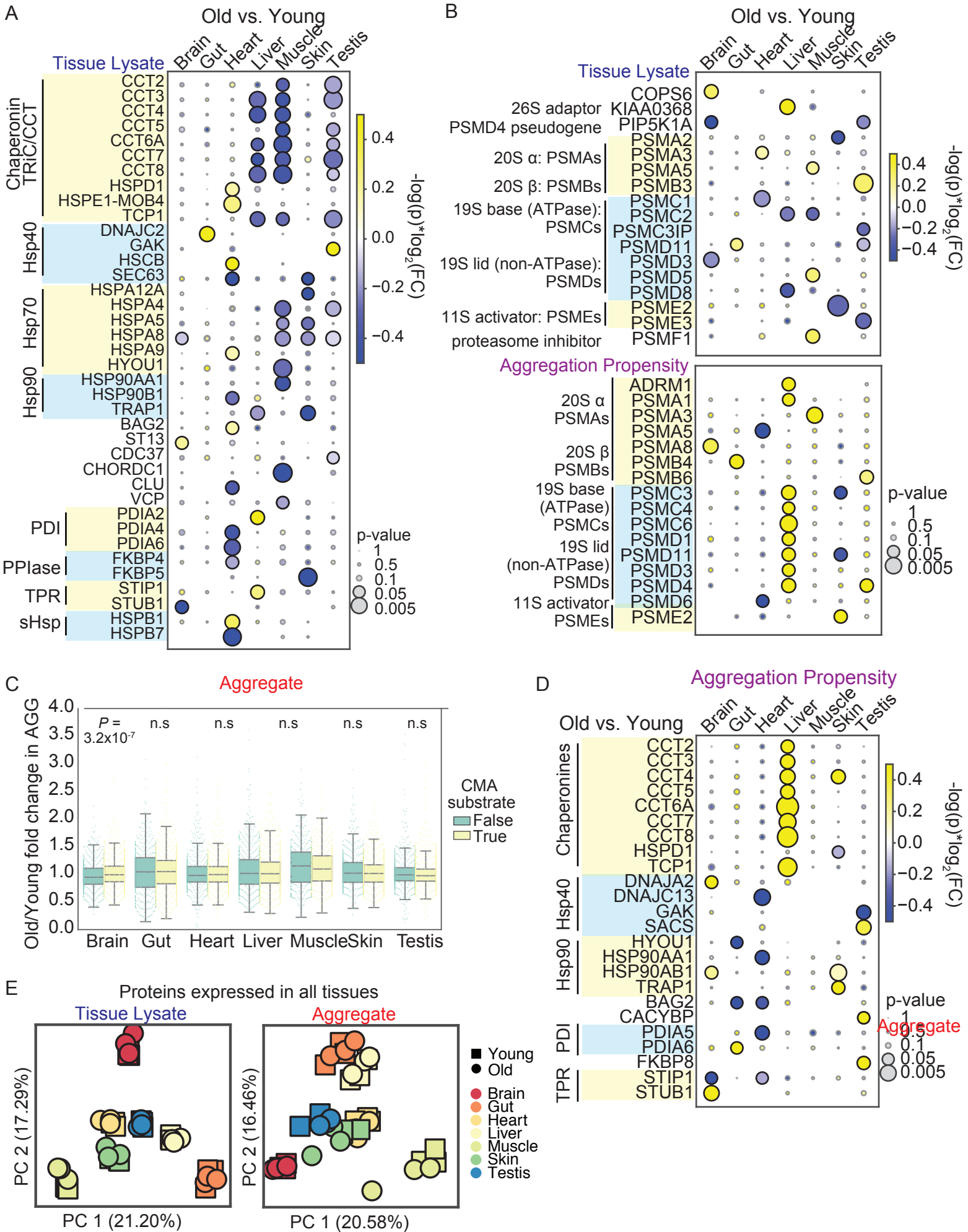


Figure S6

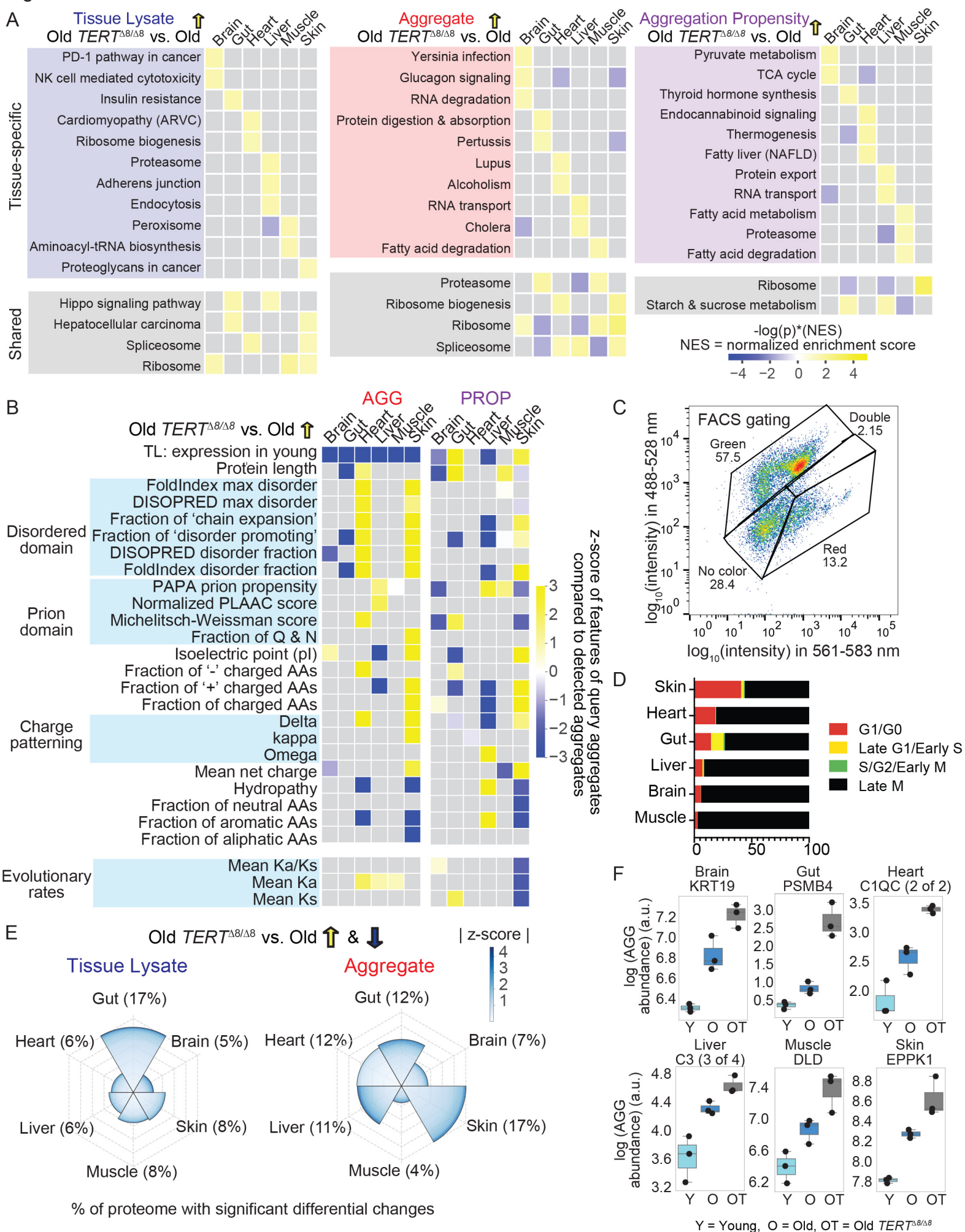


Figure S7

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